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ABSTRACT

This annotated bibliography deals with the psychological needs of refugee children. It is divided by topic into works related to: (1) trauma and refugee children (31 sources); (2) child development and psychosocial needs (23 sources); (3) training, refugee participation, and community development (47 sources); (4) education (13 sources); (5) armed conflict (26 sources); (6) grief and bereavement (9 sources); (7) unaccompanied children in refugee emergencies (17 sources); (8) cross-cultural considerations (14 sources); (9) resettlement (22 sources); (10) research, bibliographies, and literature reviews (15 sources); and (11) periodicals (9 periodicals). Annotations provide publication information and a description of the source's contents. Although some of the works are in languages other than English, notably Spanish, the annotations are all in English. (SLD)

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Selected and Annotated Bibliography on the Psychological Needs of Refugee Children

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Selected and Annotated Bibliography on the Psychological Needs of Refugee Children

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Geneva, December 1994

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1

TRAUMA AND REFUGEE CHILDREN

Trauma is integral to the refugee experience. Refugee children experience persecution, uprooting and loss. Many are subjected to armed conflict, separation from family members or even torture. Living in a state of uncertainty, children and families endure a tremendous amount of stress. Children who spend their childhood years as refugees in an artificial camp environment, with no access to cultural and social supports from the community will grow up to become very different adults than their parents and relatives. Our understanding of the effects of such trauma and stress is presently in its infancy. It will be some time before the effectiveness of programmes for prevention and intervention can be clearly demonstrated. In the meantime, the immediate impact of trauma continues to challenge our ability to protect and support children within an emergency.

- *Asi Buscamos Rehacernos: Represion, Exilio, Trabajo Psico-Social*
  COLAT, Celadec
  c/o Dr Jorge Barudy
  rue d'Oultremont 82
  B-1040 Brussels, Belgium.
  1979 Lang/ SPA

Index: exile/ Latin American/ children/ trauma/ psychosocial problems/ interventions/ community action

The following issues are addressed: the impact of repression on the Latin American living in exile; adapting to life in exile; the moral problems of the political prisoner; the psychology of mass movements; the psychosocial reality of the children of Latin American exiles; the problems of women in exile; marital problems; and youth and exile. A paper proposes a community action for the integral development of the child in exile, including weekly workshops that incorporate group activities with families, vacation camps, and group meetings with mental health workers.

- *Assisting in Emergencies: A Resource Handbook for UNICEF Field Staff*
  Ockwell, R.
  UNICEF
  866 UN Plaza
  New York, NY 10017, USA
  1986 26 p. Lang/ ENG/ FRE Bibl. Stats.

Index: children/ emergencies/ worldwide/ UNICEF policy/ assistance/ evaluation/ guidelines/ UNICEF procedures/ UNICEF field staff

Prepared as a practical tool, this handbook is designed to help UNICEF field staff cooperate with governments, local administrations, and other organizations in identifying and meeting in the most appropriate manner the needs of children in emergencies. A rudimentary understanding of UNICEF procedures and forms is assumed in the text. The handbook is designed for easy reference and is a practical resource for those who collaborate with UNICEF and the UN system in general.

- *Caught in the Cross Currents*
  Smyke, P.
  NGO Committee on UNICEF
  UNICEF House
  3 UN Plaza
  New York, NY 10017, USA
  1989 62 p. Lang/ ENG
  ISBN/ 0-943965-06-3

Index: child refugees/ street children/ disabled children/ child labor/ health care/ education/ war/ NGO and UN activities 1979-1989/ review/ analysis/ recommendations

Commissioned by the NGO Committee on UNICEF, the study reported in this document was drawn from interviews with over 70 people working for NGOs, UN agencies, and institutions and professions serving children. Reviewing and analyzing NGO and UN activities affecting children over the decade following the International Year of the Child (1979-1989), the report describes trends in eight spheres of activities

where NGOs and intergovernmental agencies were collaborating in their work for children. It examines the participation of children in those activities and recommends priorities for the future.

- *The Child In Our Times: Studies in the Development of Resiliency*
  Dugan, T., Coles, R. (Eds.)
  Brunner/ Mazel, Inc.
  19 Union Square
  New York, NY 10003, USA
  1989 224 p. Lang/ ENG Bibl. Stats.
  ISBN/ 0-87630-528

Index: infants/ children/ adolescents/ extreme circumstances/ resiliency

A collection of studies that focus on children and the concept of resiliency. While removed from the field of refugees and emergencies, it is a fine collection of work that employs practical and useful research to help define the concept and shared qualities of what we recognize as resilience in children.

- *Childhood Traumas: An Outline and Overview*
  Terr, L.
  American Psychiatry 148:1
  1990 10 p. Lang/ ENG Bibl.

Index: childhood trauma/ types/ characteristics

This paper describes four long-lasting characteristics of childhood trauma: visualized or otherwise repeated memories of the traumatic event; repetitive behaviours; trauma-specific fears; and changed attitudes about people, life, and the future. It identifies two basic types of childhood trauma and defines characteristics of them.

- *Children in Conflict*
  Fraser, M.
  Pelican Books
  Penguin Books, Ltd.
  Harmondsworth, Middlesex, England
  1974 298 p. Lang/ ENG
  ISBN/ 0-14-021828-9

Index: children/ families/ community violence/ stress/ trauma-related behaviour/ field workers

This book examines the effects of ongoing community violence on children. It identifies the behaviours of children influenced by the direct and indirect stress of living conditions in a community characterized by centuries of armed civil violence, in which children as well as parents are combatants.

A theoretical and practical framework for working with children and families under acute stress is presented. Three phases of children's response to acute stress are described, each with identifiable symptoms and different treatment needs.

The book promotes the role of schools in providing safe, predictable, and structured environments for children who experience trauma. The descriptions of trauma-related behaviour as well as suggestions for working with children and families in acute stress will be of particular interest to those in the field.

- ***Children's Reactions to War-Related Stress: Affective Symptoms and Behaviour Problems***
  Chimienti, G., Nasr, J., Khalifeh, I.
  Institute for Women's Studies in the Arab World
  Social Psychiatry and Psychiatric Epidemiology
  Springer-Verlag International
  1989 pgs. 282-287 Lang/ ENG Vol. 24, No. 6

Index: Lebanese children age 3-9/ war/ psychosocial problems/ questionnaire/ individual therapy/ interventions in schools

Responses to questionnaires from the mothers of Lebanese children ages 3-9 years form the basis of a study of the effects of children's war experiences on their psychosocial behaviour. The study found that immediate exposure to the stress of war increased the risk of children exhibiting psychological problems. The study relates these stressful events to the onset of psychological problems, and explores the consequences to the society of its children being repeatedly exposed to aggression.

It concludes that mental health intervention in Lebanon and similar situations should both treat individual children who are exhibiting psychological problems, and institute school activities that counter the destructive models to which the children are exposed.

- ***Communicating With Children: Helping Children In Distress***
  Richman, N.
  Save the Children
  Mary Datchelor House
  17 Grove Lane
  London SE5 8RD, England
  1993 106 pages Lang/ ENG
  ISBN/ 1-870322-49-5

Index: children/ disabled children/ Mozambique/ war/ death/ separation/ psychological needs/ communication/ multicultural issues/ training

A developmental manual published by Save the Children, this book is based on the experience of a Mozambique Ministry of Education programme to help children who have been affected by war. Written for those who are developing services, as well as training others to work with children who have experienced trauma, the book has a straightforward format, practical exercises, and an appendix on "Running a Communication Training Workshop."

- ***Families in Refugee Camps***
  Williams, H.
  Human Organization, Vol. 49, No. 2
  Society for Applied Anthropology
  1990 9 p. Lang/ ENG Bibl. Stats.

Index: refugee families/ camps/ family unit disintegration/ role change/ vulnerability of women and children/ violence/ effects

Recognizing cultural beliefs and camp characteristics as mediating variables, this paper examines how families react in a refugee camp setting. It views the camp as one part of the total refugee experience and identifies a need for a theoretical framework for the analysis of the entire process rather than distinct stages in the refugee experience. Generalized trends in family dynamics within the context of becoming a refugee and alterations in family structure beginning in the pre-migration period are discussed. It describes how external factors, such as camp administration policies, affect families and cause a major power shift from internal to external control over future life decisions.

The paper examines family unit disintegration, role change and vulnerability of women and children, and the effects of exposure to violence as well as rapid changes in their families and communities on the growth and development of refugee children.

- ***Guatemalan Children Today***
  Guatemala Human Rights Commission
  CDHG (Publ.)
  Pitagoras 842
  Colonia Narvarte
  Mexico D.F. 03020, Mexico.
  1986/9 61 p. Lang/ ENG

Index: children/ refugee children/ indigenous children/ armed conflict/ trauma/ physical damage/ psychological damage/ ethnocide

The study aims to establish how human rights violations, resulting from decades of internal armed conflict, have physically and psychologically affected Guatemalan children. It examines the socio-economic situation of children in Guatemala, children and the internal armed conflict, the situation of refugee children, the psychological damage to children who are direct and/or indirect victims of repression, and ethnocide.

The Commission concludes that the conflict has caused serious damage that will likely have repercussions for generations to come, that children from rural areas have been most affected by the war, and that damage to children is both physical and psychological.

- ***The Impact of Traumatic Events on the Psychological Well Being of Mozambican Refugee Women and Children***
  McCallin, M., Fozzard, S.
  International Catholic Child Bureau
  63 rue de Lausanne
  CH-1202, Geneva, Switzerland
  1990 50 p. Lang/ ENG

Index: preschool age child refugees/ adolescent refugees/ women refugees/ Mozambican refugees in Zambia/ rural camp/ psychological problems/ education/ needs assessment/ community health workers

The report is based on the results of a consultancy and two studies conducted in Ukwimi Refugee Settlement, Zambia. The first part of the report is the observations and conclusions of a consultancy to assist in the implementation of a preschool focused project. A Mother/ Child Study and an Adolescent

Study are presented in the second part. These assessed the impact of traumatic events on women and children and the feasibility of implementing a community-based programme to address their psychosocial needs.

The questionnaires and tables are of particular interest in identifying applicable kinds of traumatic events as well as stress-related behaviours and symptoms in refugee children. It looks at those affected by their mothers' stress due to both current life events and personal traumatic experiences. The extent to which children are affected by the mother's stress is discussed.

Recognizing the psychosocial needs of refugees as a community issue as well as an individual one, the report concludes by recommending a community-based model to address these needs.

- *Interventions to Reduce Mental Health Problems in Refugee Children and Adolescents*
  Rutter, M.
  World Health Organization
  WHO, Distribution and Sales Service
  1211 Geneva 27, Switzerland.
  1985 9p. Lang/ ENG

Index: child refugees/ adolescents/ mental health problems/ interventions/ framework

This outline defines the risk factors and variables likely to have psychosocial implications for refugee children and adolescents. Identifying the crucial role of psychosocial interventions, it provides a framework for planning, implementing, monitoring, evaluating, and assessing effective mental health interventions by modifying or extending existing services. Concerned with families as much as individuals, the framework takes into consideration developing skills within the refugee community and enhancing, rather then detracting from, people's ability to take responsibility and cope successfully with their life situation.

- *Living in Detention*
  McCallin, M.
  International Catholic Child Bureau
  63 rue de Lausanne
  CH-1202 Geneva, Switzerland
  1992 26 p. Lang/ ENG Stats.

Index: child refugees/ unaccompanied refugee minors/ Vietnamese/ Hong Kong Detention Centres/ consequences/ psychological/ psychosocial/ interviews/ recommmendations for camp /recommendations for resettlement or repatriation

This is a report of a review of the psychological well-being of Vietnamese children in Hong Kong detention centres. The goals of the review were:

- to determine the psychological and psychosocial consequences of parental separation, the process of migration, and long-term detention;

- to identify the psychosocial risk factors which confront children in detention.

Information for the review was gathered by in-depth interviews with 56 attached and unaccompanied minors between the ages of 9 and 18 years, and a questionnaire survey conducted with a representative sample of 603 children between the ages of 10 and 18 years in six detention centres. Recommendations are made for interventions to address the children's immediate needs whilst still in detention, and for strategies to facilitate their social reintegration following repatriation or resettlement. The recommendations outline a holistic, community-based approach to addressing the needs of these children. Included in the report are the questions used as a guide for the interviews, and the four questionnaires used in the survey. The implications of the findings of the review are applicable to children in similar situations in other countries.

- ***Making Reality of Children's Rights***
  Radda Barnen
  Box 2739
  S-10254, Stockholm, Sweden
  1989 175 p. Lang/ ENG Bibl. Stats.
  ISBN/ 91-971149-2-8

Index: children/ disabled/ refugees/ victims of sexual exploitation/ protection/ 1989 International Conference on the Rights of the Child/ principles/ governmental call to action

Organized by Radda Barnen, the 1989 International Conference on the Rights of the Child convened with the purpose of developing an action plan for the implementation of the UN Convention on the Rights of the Child. This report documents the keynote speeches, and conference commission recommendations on advocacy and education, rights of disabled children, rights of refugee children, and protection against sexual exploitation. The Conference concluded by adopting the Stockholm Statement on the Rights of the Child. The Statement, provided in the report, not only underscored the fundamental principles relating to the rights of the child, it called on governments, UN bodies, NGOs, and professionals to take specified steps to make reality the norms laid down in the Convention.

- ***Persecution and Behavior - A Study of Refugee Children From Chile***
  Hjern, A., Angel, B., Jojer, B.
  Hallunda BLM
  Box 104
  S-14501 Norsborg, Sweden
  24 p. Lang/ ENG

Index: child refugees/ Chilean/ resettled in Sweden/ trauma/ psychosocial problems/ need for intervention

In a Swedish study of 50 newly resettled refugee children from Chile, the children's experience of trauma in Chile and their behaviour in Sweden is described. In the authors' study of the effects of persecution on the children's behaviour, they found that the children who had directly experienced persecution, including physical assault for political reasons, exhibited behaviour problems, including sleep difficulty and dependency.

The paper emphasizes the importance of concerned professionals approaching newly resettled refugees, since otherwise the children's problems will likely be revealed only within the family.

- *Post-Traumatic Stress Disorder: A Clinician's Guide*
  Peterson, K., Prout, M., Schwarz, R.
  The Plenum Series on Stress and Coping,
  Series Editor: Meichenbaum, D.
  Plenum Press of Plenum Publishing Corporation
  233 Spring Street
  New York, NY 10013, USA
  1991 260 p. Lang/ ENG Bibl.
  ISBN/ 0-306-43542-X

Index: adults/ post-traumatic stress disorder/ history/ symptoms/ treatment/ mental health professionals

This book is a clinical view of addressing the impact and aftermath of severe trauma. It begins with a history of PTSD work and then describes primary and secondary symptoms. This is followed by a section that outlines the course of the disorder in certain populations. Part two reviews a number of theoretical perspectives in terms of trauma. Part three covers assessment, and the remainder of the book focuses on various forms of therapy as treatment for PTSD. There is a surprisingly small section on children, given what we know of children and PTSD at this point. It is still a useful book in terms of an overall view of PTSD and adult populations from a clinical perspective.

- *Post-Traumatic Stress Disorder in Children*
  Eth, S. (Ed.); Pynoos, R. (Ed.)
  American Psychiatric Press, Inc.,
  The Progress In Society Series
  1400 K Street, NW
  Washington DC 20005, USA
  1985 186 p. Lang/ ENG Bibl.
  ISBN/ 0 88048 067 X

Index: post-traumatic stress disorder/ children/ infants/ grief/ violence/ war/ disease/ sexual abuse/ child abuse/ treatment

At the time this book was written, only a few researchers and clinicians were aware of Post Traumatic Stress Disorder in children. PTSD was presented as an adult response and very little information was available on how children coped with trauma, how they differed from adults, and how PTSD impacted development. This collection of chapters is noteworthy in its examination of varying traumatic situations from the child's perspective. The concluding chapter on childhood interactions of trauma and grief examines a crucial component concerning bereavement in children. While there are currently a number of studies related to childhood PTSD, this is a comprehensive look at the early recognition and treatment considerations for children in this area of study.

- *Protection of Children: Amman Symposium*
  The Independent Commission on International Humanitarian Issues, Radda Barnen
  Radda Barnen International,
  47 rue de Lausanne
  CH-1202 Geneva, Switzerland
  1986 91 p. Lang/ ENG

Index: street children/ children in armed conflict/ displaced children/ protection/ Draft Convention on the Rights of the Child/ remedial action/ preventive strategies

This booklet is a compilation of the working documents and recommendations of the 1984 International Symposium on the Protection of Children. Its purpose was to mobilize public opinion and support toward developing a consensus on the needs for remedial action and preventive strategies to protect children at the local, national, and interstate levels.

The Symposium focused on four issues relevant to child protection: street children and youth, children in armed conflict, interstate displacement of children, and the Draft Convention on the Rights of the Child. The background papers and recommendations of the respective working groups present a foundation on which to address the four issues based on practical strategies and cooperative efforts between existing systems.

Viewing the Convention on the Rights of the Child as a landmark in setting standards for the protection of children, the group's recommendations were developed with the perspective of ensuring its optimal content, speedy adoption and effective implementation.

- ***Psicopatologia de la Tortura el Exilio***
  COLAT Group
  Editorial Fundamentos
  Madrid 4, Spain
  1981 191 p. Lang/ SPA
  ISBN/ 84-245-0347-3

Index: children/ exile/ Latin American/ Europe/ psychosocial problems/ interventions/ language differences

This collection of papers on the psychopathology of torture and exile includes the following topics specific to children: psychosocial intervention for the children of Latin American exiles in Europe, and language differences and the psychosocial problems of exiled children.

- ***Psicoterapia***
  Lira, E., Weinstein, E., Dominguez, R., Kovalskys, J., Maggi, A., Morales, E., Pollarolo, F.
  Siglo Veintiuno Editores, SA
  Cerro del Agua 248
  Mexico City, Mexico
  1984 192 p. Lang/ SPA
  ISBN/ 968-23-0914-X

Index: adults/ children/ political violence/ Chile/ psychological problems/ therapy/ mental health professionals

This book describes the experience of a group of psychotherapists working with victims of political violence in Chile in the 1970s. The therapists/ authors examine the problems created by each of these situations and the objectives of therapy in each. They stress the possibilities and importance of assisting this group, especially the children.

- ***The Psychosocial Consequences of Violent Displacement: The Experience of Central American Refugee Women in Washington, D.C.***
  McCallin, M.
  International Catholic Child Bureau
  63 rue de Lausanne
  CH-1202 Geneva, Switzerland
  1991 32 p. Lang/ ENG

Index: preschool child refugees/ women refugees/ Central American refugees resettled in the U.S./ trauma/ psychosocial development

This is a report of a study to determine the effects of traumatic experiences on the psychological well-being of Central American refugee women living in a Washington, D.C. neighbourhood. It describes the extent to which these influence the socio-emotional development of their children. 111 Central American women who were attending a community clinic participated in the study. The women were interviewed and completed questionnaires that produced information on experience of traumatic events, current life stressors, social support, psychiatric outcome, and their children's behaviours. The age of the target child in the study was between two and four years old. Babies and toddlers have, to some extent, been considered sheltered from the effects of war and violence. This report considers their vulnerability to the influence of negative life events on the emotional well-being of the mothers. It points to the stress this places on the development of an effective mother/child relationship.

- ***Refugees-The Trauma of Exile: The Humanitarian Role of the Red Cross and Red Crescent***
  Miserez, D. (Ed.)
  League of Red Cross and Red Crescent Societies
  Martinus Nijhoff Publishers
  Kluwer Academic Publishers Group (distributors outside the U.S. and Canada)
  P.O. Box 322
  3300 AH Dordrecht, The Netherlands
  1988 340 p. Lang/ ENG
  ISBN/ 0-7923-0112-9

Index: refugees/ children/ vulnerable groups/ resettlement/ Europe/ war/ trauma/ psychological consequences

This book was based on a League of Red Cross and Red Crescent Societies workshop at Vitznau, Switzerland in October 1987. It reflects experience gained by National Red Cross Societies and other agencies in the field of exile. The following issues are discussed:

- Disruption, Uprooting, and Flight;
- On Reaching the Safe Haven;
- Adaptation and Integration;
- Support of the Refugee/Asylum Seeker;
- Three Vulnerable Groups Among the Refugees: Children, Women, the Elderly;
- Sensitization and Training of Agency Personnel;
- Host Communities.

- *Responses to a Behavioral Questionnaire of a Group of Belfast Children. A Society Under Stress: Children and Young People in Northern Ireland*
  Fee, F.
  Harbison, J., Harbison, J. (Ed.)
  Open Books
  1980 12 p. Lang/ ENG Stats.

Index: primary school children/ Belfast/ community violence/ study/ baseline data

This paper is based on a 1975 survey of reading achievement, and a study of children attending schools in the region of the Belfast Education and Library Board in their last year of primary school. The schools are in the two educational systems which are a product of the cultural and religious differences in Belfast.

The paper acknowledges but doesn't discuss the effects on children of the religious and cultural differences in the schools and community of the ongoing civil violence. In conclusion, it recommends the findings of the survey be regarded as baseline data for further studies.

- *The Therapeutic Value of Solidarity and Hope*
  Barudy, J.
  rue d'Oultremont 82
  B-1040 Brussels, Belgium.
  24 p. Lang/ ENG

Index: child refugees/ Latin American/ camps in Central America/ resettled in Belgium/ psychological disturbances/ analytical model/ community involvement/ mental health programmes

Drawn from experience in Central American refugee camps and within the Latin American refugee community in Belgium, this article describes a systematic, integrated analytical model for understanding refugee children's psychological disturbances and the vital role of refugee community-based involvement in mental health programmes for children. The analytic model views refugee children and their symptoms of psychological disturbance from the life course of the child and family. This includes in the pre-refugee context and the consequences of situations of organized violence, disruption of the family system, and interferences at the level of basic needs on a child's development. The community therapeutic psychological assistance models briefly describe suggestions for psychotherapy with children, assistance with family reorganization, reconstruction of a social network and collective community projects involving children and families in helping themselves.

- *Too Scared To Cry: Psychic Trauma in Childhood*
  Terr, L.
  Harper and Row, Publishers Inc.
  10 East 53rd Street
  New York, NY 10022, USA
  1990 72 p. Lang/ ENG Bibl.
  ISBN/ 0 06 016335 6

Index: children/ trauma/ U.S./ psychological needs

This book examines the many ways that trauma can affect children. The author looks at a 1976 event where 26 school children were traumatized in a highly publicized kidnapping. Through the results of her follow-up with this group and other experiences of children under severe stress, she examines the effect of trauma on children. Her study explains how the children's normal way of understanding the world

(through play, fantasies and dreams) could not withstand the stress of accepting and integrating such a horrifying event into their lives. She concludes with suggestions for how such children can be helped and the importance for such information given the events of today's world. In this respect it is information that is useful for those working with a traumatized child population.

- *Trauma and Recovery*
  Herman, J.
  Harper Collins Publishers
  P. O. Box 588
  Dunmore
  PA 18512, USA.
  276 p. Lang/ ENG Bibl.
  ISBN/ 0-465-0876-5

Index: adults/ child abuse/ rape/ captivity/ domestic violence/ incest/ concentration camps/ political prisoners/ sexual abuse/ post-traumatic stress disorder/ treatment

This book addresses the topic of trauma in general terms. It is a synthesis of the past several years of growing interest in the area of mental health and the effects of trauma. It proposes that those who experience or witness severe trauma have been restricted rather than helped in their recovery. It challenges the regular diagnostic categories and explains why these do not fit those who have experienced traumatic events. While the book is written for adults, there is much of value in the discussion of trauma and its impact on individuals, families and communities.

- *Treating PTSD*
  Foy, D. (Ed.)
  The Guilford Press
  72 Spring Street
  New York, NY 10012, USA
  Treatment Manuals For Practitioners
  1992 172 p. Lang/ ENG Bibl.
  ISBN/ 0 89862 220 4

Index: post-traumatic stress disorder/ trauma/ treatment/ children/ adults/ mental health professionals

Written with treatment instead of theory in mind, this book outlines the basis and framework for working with individuals who are diagnosed as suffering from symptoms of Post Traumatic Stress Disorder. Along with an easy to understand introduction and description of the disorder, it includes sections on multi-event trauma experiences of war veterans, combat related disorders, the treatment of battered women, and adult and child survivors of sexual assault. It is relevant to examine the many occurrences of PTSD in learning to recognize the basic principles that can be applied across these different types of trauma.

- ***Treating Traumatized Children***
  James, B.
  D.C. Heath and Co. (Pub.)
  Lexington Books (Dis.)
  Order Department
  100 Front Street, Box 500
  Riverside
  NJ 08075, USA.
  1989 270 p. Lang/ ENG Bibl.
  ISBN/ 0-669-20994-5

Index: children/ U.S./ trauma/ physical and sexual abuse/ witnessing violence/ post traumatic stress disorder/ treatment/ mental health professionals

This book is considered a handbook for experienced mental health therapists and provides specific guidance and tools for treating children traumatized by physical and sexual abuse, disaster, divorce, or witnessing violent events. The author is a specialist in evaluating and treating traumatized children, and a trainer of those working with traumatized children. The book is based on the premise that children are not likely to recover and heal from trauma unless they have "worked through" the trauma. It begins by pointing out how children require special applications that differ from adults. The following chapters describe critical aspects of the treatment of children following trauma. This is a book written for those working clinically with children in the U.S, but it provides clear explanations about the key issues for children in the treatment and recovery from trauma. Many, if not all, are applicable to other settings.

- ***The Treatment and Prevention of Long-Term Effects and Intergenerational Transmission of Victimization: A Lesson From Holocaust Survivors and Their Children***
  Danieli, Y.
  *In: **Trauma and Its Wake**, Figley, C. (Ed.)*
  Brunner/ Mazel
  19 Union Square West
  New York
  NY 10003, USA.
  1985 19 p. Lang/ ENG

Index: Holocaust survivors/ children/ styles of adaptation/ therapeutic model/ trauma/ treatment

This paper emphasizes the need to guard against expecting all victim-survivors to behave in a uniform manner, and to match therapeutic interventions to particular forms of reaction. Based on clinical and semi-clinical work with Holocaust survivors, and children of survivors, it summarizes four major categories of survivor families and their styles of adaptation: victim, fighter, numb, and "those who made it." The paper identifies the individual survivor's war/trauma history as crucial to understanding their offspring, who seem to unconsciously repeat their parents' Holocaust experiences in their own lives. It presents a therapeutic model of victimization trauma and treatment based on the principle of integration of the trauma in such a way that it becomes a meaningful part of, rather than a cause of fixity in, the survivors' and their children's identity, heirarchy of values, and orientation of living.

- *Treatment of Torture: Reading and References*
  Atkinson, F.
  Ferne E. Atkinson, MSW
  635 MacLaren Street
  Ottawa K1R 5L1, Canada
  1991 326 p. Lang/ ENG Bibl. Stats.

Index: refugees/ children/ adolescents/ torture/ assessment/ treatment/ family/ therapy/ cross-cultural considerations

A collection of articles and references, this publication was developed with the intention of focusing attention on the special needs of refugees who have been tortured and their families. Its purpose was to stimulate clinical and research efforts to address various aspects in the treatment of torture victims. There are five sections, each with a preliminary overview and commentary:

an introduction on torture and trauma;
assessment and treatment;
the family and therapy;
adolescents;
children.

Several articles identify and examine the symptoms of PSTD in children and methods of treatment.

- *Witness to Violence: The Child Interview*
  Pynoos, R., Eth, S.
  Journal of the American Academy of Child Psychiatry
  1986 14 p. Lang/ ENG Bibl. Vol. 25 (3)

Index: children/ U.S./ witnessing violence/ trauma/ interviewing/ psychological needs

The paper presents what the authors consider to be a widely applicable technique for interviewing children who have recently witnessed an act of extreme violence. The interview had been used with over 200 children within the U.S. at the time of publication. It was used in a variety of settings and the traumatic events included the witnessing of homicide, suicide, rape, aggravated assault, accidental death, kidnapping, school and community violence. The interview consists of three stages within a 90 minute initial interview. It is designed to assist the child, the child's family and the larger social network in functioning more effectively following traumatic experiences.

2

CHILD DEVELOPMENT AND PSYCHOSOCIAL NEEDS

Attention to developmental needs is a basic requirement for child survival. These needs must be met if children are to mature into adults able to adapt and cope with everyday life. Although their importance is consistently recognized in guidelines for emergency response and refugee assistance, developmental needs are all too often ignored.

It is often hard for adults to grasp the idea that to deprive a child of a "childhood" and the necessary environment in which normal development can occur is as serious as depriving a child of food and shelter. Children, particularly infants and toddlers, suffering from severe malnutrition have serious physical problems to overcome, but this cannot be done without the necessary psychological and social experiences as well. The mental and physical health and well-being of children are inextricably linked to important developmental stages. Health and development together create a necessary balance from infancy to adulthood.

● *Before the Best Interests of the Child*
Goldstein, J., Freud, A., Solnit, A.
The Free Press
Macmillan Publishing Co., Inc.
866 Third Ave.
New York, NY 10022, USA
1970 288 p. Lang/ ENG
ISBN/ 0-02-912201

Index: children/ legal protection/ parental exploitation/ official exploitation/ analyzing and evaluating official decisions

Concerned with protecting the development and emotional well-being of children, this book examines the issue of legal protection of children from parental and official exploitation. It recognizes that a child's healthy development rests not on the biological connection alone, but depends on the adult caretaker's reciprocal affection in day-to-day care and attention to the child's needs. Describing the need to scrutinize from the vantage point of the child, the book proposes and applies a method of analyzing and evaluating official decisions and statutes regarding interventions and placements.

● *Child Development*
Fahlberg, V.
British Agencies for Adoption and Fostering
11 Southwark Street
London SE1 1RQ, England
1982 99 p. Lang/ ENG Bibl.
ISBN/ 0-903534-40-1

Index: children in foster care/ U.S./ normal development from infancy through adolescence/ separation/ fears/ child care workers

This workbook is one in a series of three developed from a training project for children in foster care in the U.S. The concepts and practices are applicable anywhere child care workers are providing services to children who have been or will be moved out of their birth family.

It examines the normal stages of child development, and describes the developmental process and the changes in perceptions, abilities, and behaviour children experience in each stage. Special development issues for children in placement, and suggestions of ways to minimize the trauma of separation from primary caretakers are noted for each stage. Practical exercises in distinguishing between normal behaviour and behavioural patterns indicative of unmet developmental needs are interspersed in the text. It concludes with highlighting and suggesting ways of addressing four developmental issues particularly relevant to children in placement: fears and worries, temper tantrums, conscience development, and sexual issues.

● *The Convention on the Rights of the Child as an Instrument to Address the Psychosocial Needs of Refugee Children*
McCallin, M.
International Journal of Refugee Law
1991 pp. 83-99 Vol. 3, No. 1
ISSN/ 0953-8186

Index: child refugees/ psycho-social needs/ UN Convention on the Rights of the Child

This paper discusses the Convention on the Rights of the Child as a way of addressing the psychosocial needs of refugee children. The author states that to effectively implement the Convention, advocacy will be needed "to protect and enforce the rights of the refugee child to grow and develop in an environment which fulfills the child's psychosocial and physical needs." She believes that when the psychosocial needs of this group are addressed within the context of the refugees' experience, it goes a long way toward developing intervention strategies for the whole community.

- ***Cultural Aspects of Psycho-Social Development: An Examination of West African Childrearing Practices***
  Timyan, J.
  UNICEF Abidjan, Cote d'Ivoire
  1988 57 p. Lang/ ENG Bibl.

Index: children/ West Africa/ child-rearing practices/ child assistance programmes

This report was prepared for a regional UNICEF workshop, "Toward a Strategy for Enhancing Early Childhood Development in the West and Central Africa Region," held in Abidjan, Cote d'Ivoire. It recommends that the identification of children at risk take into account existing childrearing practices, the society's expressed goals in raising children, and its beliefs about the nature and potential of children. Traditional childrearing practices, and their alteration in response to the rapid changes in West Africa are described and discussed.

- ***Early Childhood Development***
  United Nations Children's Fund
  3 UN Plaza, New York NY 10017, USA
  1988 200 p. Lang/ ENG Bibl. UNICEF Programme Guidelines, vol. 5

Index: infants/ preschool children/ UNICEF policies/ field staff/ child development/ infant mortality/ cross-cultural development/ programme assessment

A set of guidelines describing UNICEF policies and programmes of cooperation for early childhood development. The primary purpose is to help programme officers and other UNICEF field staff, and the officials with whom they are working to assess the suitability and feasibility of various programmes. The guidelines stress attention to the psycho-social development of infants and children up to the age of six years.

- ***The Impaired Mind***
  Psychiatry for Afghans
  Shaheen Town, University Road
  P.O. Box No. 641 G.P.O.
  Peshawar, Pakistan
  49 p. Lang/ ENG/ GER

Index: refugees/ child refugees/ Afghan/ camps in Pakistan/ mental health problems/ treatment

This is a report on the work of the Psychiatry for Afghans. It examines the issue of torture, the physical and psychological problems it causes, and proposes treatment. It also looks at disorders caused by drug abuse, post-concussion syndrome, and physiological problems among refugee children. These last include

physical stress, education problems, reactions to trauma, psychosocial stress, separation from family members, and to anxiety disorders of parents. The paper includes case studies.

Also published by Psychiatry for Afghans:"**Psychological Consequences of War in Afghan Children.**"

- ***Importancia de la Educacion Fisica en el Nino de Edad Prescolar***
  Gonzalez, A.
  Pre-School Advisor
  Refugee Centers
  Department of Pre-School Education
  Ministry of Education
  Costa Rica
  1989/ 5 9 p. Lang/ SPA

Index: preschool children/ Costa Rica/ physical education/ physical benefits/ social benefits

This document is one of a series developed by the Costa Rican Ministry of Public Education, UNHCR, and DIGEPARE. The author discusses the importance of physical education in preschool children from the points of view of the development of strength, motor coordination, rhythm, and the child's social skills. She proposes a series of activities directed mainly at the development of the large muscle groups.

- ***Informe Semestral Descriptive (Enero a Junio de 1989)***
  Informe Financiero del Segundo Trimestre (Abril, Mayo, Junio)
  Centro Educativo Salvadoreno
  Av. Barberena 926
  Barrio La Vega, AP No. 04-15
  San Salvador, El Salvador
  1989 12 p. Lang/ SPA

Index: children/ parents/ El Salvador/ physical health/ psychological health/ skills training and development/ vocational training

This is the semi-annual report of the project Let's Save the Salvadorean Child. It reports on problems and progress specific to the areas of physical and psychological health of children and youth, skills training and development, orientation and participation in the School for Parents (which promotes the human development of the parents and children), and in vocational training for children and parents.

- ***The Invulnerable Child***
  Anthony, E., Cohler, B. (Eds.)
  The Guilford Psychiatry Series
  Guilford Publications Inc.
  72 Spring Street
  New York
  NY 10012, USA.
  1987 432 p. Lang/ ENG Stats. Bibl.
  ISBN/ 0-89862-227-1

Index: children/ vulnerability/ mental health/ resilience/ competence/ mental illness

The book is a collection of papers on resilience and competence in children, commenting on our tendencies to focus on the slightest occurrence of disease and "to ignore the survivors and thrivers who seem to pass unnoticed amidst the holocaust of disadvantage and the tragedies of those who succumbed." The editors point out the relative newness of the field and comment that it is only in the last 15 years that the concept of "invulnerability" has received a clinical focus along with vulnerability. This collection is an attempt to bring together what was known at that time but scattered throughout the literature.

- ***Knowing Children: Participant Observation with Minors***
  Fine, G., Sandstrom, K.
  Qualitative Research Methods, Vol.15
  Sage Publications
  2111 West Hillcrest Dr., Newbury Park CA 91320, USA
  1988 88 p. Lang/ ENG Bibl.
  ISBN/ 0-8039-3365-7

Index: children/ preschool/ pre-adolescent/ adolescent/ research/ participant observations with minors/ participant observation-case studies

The authors demonstrate that the world of children is as complicated, guarded, and subtle as that created by adults. In so doing, they reveal how difficult it is for fieldworkers to penetrate this world. Sections of the book examine participant observation with preschoolers, children, preadolescents, and adolescents. For each age group, issues discussed are the role of the researcher, trust, ethical issues, knowing the culture, and children and observers.

- ***Making a Reality of Children's Rights: The First Step***
  Jareg, E., Jareg, P.
  Redd Barna
  P. O. Box 620, Etterstad
  N-0602 Oslo, Norway
  Lang/ ENG

Index: children/ disabled children/ children in especially difficult circumstances/ growth and development/ child activities

The concept of this book is "Community Diagnosis related to Child Development through a Community Dialogue." The book includes information on child growth and development; children needing special attention, including children in especially difficult circumstances and children with disabilities; how to plan for child activities; and factors affecting child development.

- ***Not Making Matters Worse: Recognizing and Enhancing Strengths of Displaced Children and Their Families***
  Felsman, K., Salole, G.
  Save the Children Federation, USA,
  103 Rotten Row, Harare, Zimbabwe
  1992 36 p. Lang/ ENG
  ISBN/ 0-7974-1079-1

Index: refugees/ child refugees/ unaccompanied refugee minors/ Zimbabwe/ Mozambique/ Malawi/ South Africa/ repatriation planning/ displacement/ psychosocial consequences/ field ethics/ agency cooperation/ general action plan/ country specific action plans

A summary report of a workshop and follow-up symposium jointly organized by the Save the Children Federation (U.S.) and the Office of the Commissioner for Refugees in the Ministry of Labour, Manpower Planning and Social Welfare (Zimbabwe). Coordinated pre-repatriation planning in the refugee context of southern Africa became a focal point of discussion at both the workshop and the symposium. Other key issues examined were culturally appropriate interventions, psychosocial consequences of displacement for children, reunification and fostering of unaccompanied children, ethics in the field, and cooperation amongst international agencies, NGOs, and governments. A strong consensus emerged that the psychosocial needs of displaced children are intrinsic to basic needs and that the issue of displaced children is inexorably bound with repatriation. The report concludes with a general action plan and country specific action plans for Zimbabwe, Mozambique, Malawi, and South Africa. The action plans provide recommendations in regard to preparation for repatriation.

- *The Political Life of Children*
  Coles, R.
  Houghton Mifflin Company
  2 Park Street
  Boston
  MA 02108, USA
  1986 341 p. Lang/ ENG
  ISBN/ 0-395-43152-2

Index: children/ worldwide/ child refugees/ resettled in U.S./ political beliefs/ modifiers

The subtitle of the book details its contents: How children all over the world discover their political loyalties through language, nationalism, race, religion, exile, martyrdom, class, or revolution. The author examines such issues as political authority and the young, psychoanalysis and the political thought of children, religion and nationalism in Northern Ireland, ideology and nationalism in Nicaragua, race and nationalism in South Africa, and exile and nationalism in the children of Southeast Asia.

- *Protocols for the Development and Field Testing of Techniques for Monitoring Physical Growth and Psychosocial Development*
  World Health Organization
  Division of Family Health and Division of Mental Health
  WHO, Distribution and Sales Service,
  1211 Geneva 27, Switzerland
  80 p. Lang/ ENG

Index: children age 0-6/ physical growth/ psychosocial development/ development of techniques/ field testing of techniques/ protocols

The objectives of this report are:

- to devise a process leading to the establishment of locally relevant screening tests based on the growth and psychosocial development of children from 0-6 years;

- to devise a home-based screening record to use with the tests;

- to develop a framework within which a country can examine the environmental factors which lead to optimal growth and those which put children at risk;

- to use data from the screening tests to establish norms for each population or sub-population studied.

- ***The Psychosocial Problems of Refugees***
  Baker, R. (Ed.)
  The British Refugee Council and European Consultation on Refugees and Exiles
  Bondway House
  3-9 Bondway
  London SW8 1SJ, England
  1983 141 p. Lang/ ENG
  ISBN/ 0-946787-00-X

Index: refugees/ resettlement/ violence/ psychological problems/ ethnomedicine/ long-term problems/ training

This publication resulted from the first conference on the Psychosocial Problems of Refugees to take place in the United Kingdom. It presents a valuable look at past refugee situations from this perspective, and provides a rarely published account of earlier recorded thoughts and concerns regarding refugee emergencies. While some materials are understandably dated, it remains an important document for those seeking insight into the long term difficulties faced by refugee families.

- ***The Psychological Well-Being of Refugee Children: Research, Practice and Policy Issues***
  McCallin, M. (Ed.)
  International Catholic Child Bureau
  63 rue de Lausanne
  CH-1202 Geneva, Switzerland
  1991 352 p. Lang/ ENG Stats. Bibl.

Index: child refugees/ refugee camps/ resettlement/ trauma/ psychosocial needs/ mental health needs/ intervention/ international community response

This collection of papers resulted from a Seminar on the Psychological Well-Being of Refugee Children held in Geneva in September 1991. The presentations represent current thinking and practice in the field of refugee mental health issues for children. Programming for children's developmental needs beyond basic nutrition is still overlooked and widely unsupported by the international community. The seminar focused on ways to incorporate such planning into the policy level of refugee preparedness and service delivery. It is a unique collection of information from individuals and organizations who have devoted their attention to this specific child-focused area of refugee health for a number of years. Presentations and discussions are presented in three sections: the Context of Intervention; Strategies of Intervention; and the Response of the International Community. It concludes with recommendations based on the fundamental principle that the psycho-social needs of refugee children must be addressed during all phases of a refugee situation, from early warning and emergency responses through durable solutions.

- ***Refugee Mental Health Needs Assessment: A Key Informant Study***
  Commonwealth of Massachusetts
  Department of Mental Health
  Refugee Assistance Program
  1989/3 85 p. Lang/ ENG

Index: refugees/ Haitian/ Cambodian/ Vietnamese/ resettled in U.S./ mental health problems/ barriers to service provision/ service providers

This study utilised a key informant questionnaire to develop an overview of demographic information, cultural background and beliefs, and barriers to access of existing services for Haitian, Cambodian, and Vietnamese residents in the state of Massachusetts (U.S.). Key informants were chosen from ethnic and non-ethnic staff working with resettlement social service and mental health agencies providing services to these three groups. Results indicate that the stress of resettlement, added to the refugees' trauma histories, often results in serious mental health problems; refugees face many barriers to using western mental health services.

There are recommendations for enhanced delivery of mental health services, and support for the need to develop models of mental health services which include bicultural staff and attention to those factors which inhibit access to services.

- ***Refugee Women and Children in Somalia: Their Social and Psychological Needs***
  Hancock, K.
  UNICEF
  3 UN Plaza
  New York, NY 10017, USA
  1988/ 3 178 p. Lang/ ENG

Index: child refugees/ refugee women/ camps/ Somalia/ questionnaire/ case studies/ service provider interviews/ recommendations

The purpose of this study was to assess the psychosocial needs of refugee women and children residing in camps in Somalia, to promote awareness of how situations and conditions affect these refugees and how they respond. One thousand one-hundred sixty-seven questionnaires were completed and 86 case studies were gathered. Service providers were also interviewed. Recommendations specific to children deal with areas such as day care facilities, behavioural problems, groups for adolescents, play facilities, skills training programmes, and stress.

- ***Report from Workshop to Exchange Experiences of Psychosocial and Psychotherapeutic Work with Displaced Populations in Central America***
  Thomas, N.
  Radda Barnen Office for Central America, UNICEF, Mexico
  Radda Barnen
  Box 27320
  S-102 54 Stockholm, Sweden
  1985 80 p. Lang/ ENG

Index: displaced persons/ refugees/ children/ El Salvador/ Guatemala/ Central America/ psychosocial problems/ interventions

This workshop, sponsored by Radda Barnen in Mexico in 1985, focused on the psychological and social dimensions of the problems facing the large population of displaced persons from Guatemala and El Salvador, particularly children. The report covers the origin of the armed conflicts in El Salvador and Guatemala, their impact on the population, and the living conditions of displaced persons and refugees. It summarizes oral presentations at the workshop, including the psychological problems children face in refuge, alternative care for the malnourished child, and the search for a model of community intervention with children. It also makes a series of recommendations based on the information presented at the workshop and a study of other relevant experiences.

- ***Report of the Social Work Consultant on the Families for Children in Mogadishu***
  Tolfree, D.
  Save the Children Fund
  P.O. Box 1376, Mogadishu, Somalia
  1987 36 p. Lang/ ENG

Index: child refugees/ disabled children/ camps/ Somalia/ needs

This report arose from serious concern about the way in which the Families for Children in Mogadishu was being planned and managed. The F.F.C. was a 10-acre campus with sleeping accommodation for children, classrooms, physical therapy facilities for disabled children, vocational training rooms, a clinic, and a kitchen and dining room.

The author visited three refugee camps in Somalia to familiarize himself with the camps from which the F.F.C. children came, to consider the child care problems within the camps, and to look at the problems of unaccompanied children. The report details his findings and recommendations, specifically that there are virtually no unaccompanied children in the camps, that disabled children and adults in the camps should have their special assistance needs addressed, and that the overall quality of life in the camps needs to be improved.

- ***The Spiritual Life of Children***
  Coles, R.
  Houghton Mifflin Co.
  2 Park Street
  Boston
  MA 02108, USA
  1990 358 p. Lang/ ENG
  ISBN/ 0-395-55999-5

Index: children age 6-13/ spiritual beliefs/ multicultural issues/ support

This is the third in a series of three books compiled by direct interviews to explore the beliefs and thoughts of children on such issues as politics, morals and spiritual matters. The author describes the viewpoint of children as they identify and reflect on spiritual themes from diverse religious, familial and cultural beliefs. The material is taken from countless interviews of children worldwide ranging in age from six to thirteen. The result is a thought-provoking view of children and their ability to recognize and integrate spirituality into their lives. Many children formulate these beliefs in the midst of hardship, stress,

severe deprivation or personal threats to their safety and that of their families. It is this aspect of support offered by such spirituality that will interest the refugee worker and perhaps add a new dimension to the usual picture of children in refugee settings. In the face of loss, separation and displacement, what role can spiritual beliefs play in offering support to a child, regardless of religion, culture or circumstances.

- ***Vulnerable But Invincible: A Longitudinal Study of Resilient Children and Youth***
  Werner, E., Smith, R.
  Adams - Bannister - Cox
  460 Riverside Drive
  New York,
  NY 10027, USA
  1989 228 p. Lang/ ENG Stats.
  ISBN/ 0-937431-03-6

Index: children/ socially handicapped children/ Hawaii/ resilience/ longitudinal study

This is destined to become a classic study on children as it is one of the first longitudinal studies ever undertaken to identify the concept of resiliency in children. A team of pediatricians, psychologists, and public health workers followed a group of children born in 1955 on the island of Kauai in the Hawaiian chain for more than two decades.

Within the original population of 698 children, 204 were identified as having developed serious behavioural or learning problems within the first two decades of their life. The children studied were from a variety of cultural backgrounds but were all considered to be "at risk" in some fashion. Some were exposed to major biological difficulties that inhibited development, others lived in chronic poverty or in a disorganized family environment that prevented normal integration. Often several of these factors interacted to create cumulative stress for the children.

They identify those children referred to as also vulnerable, but who were seen to remain "invincible" and developed into competent and autonomous young adults who "worked well, played well, loved and expected well." The report focused on the search for the roots of their resilience and for the sources of their strength.

- ***What Children Can Tell Us About Living in Danger***
  Garbarino, J., Stott, F., Faculty of the Erickson Institute
  Jossey-Bass
  350 Sansome Street
  San Francisco
  CA 94104, USA
  1989 373 p. Lang/ ENG Bibl.
  ISBN/ 1-55542-163-6

Index: children/ reliability of information from children/ how to evaluate

Written by the faculty and research staff of the Erikson Institute for Advanced Study in Child Development, this book discusses how to evaluate the reliability of information given by children. Adults need to know the possibilities and limitations, or strengths and weakness, of children as sources of information. While not addressing refugee issues, it introduces the questions raised when adults must interview and try to recover information from children of various ages. This is often a crucial stage for

future family tracing and reunification of child refugees and, if done adequately, can also aid children in their own understanding of what has happened to them. The book is based on three questions:

1) what does child development tell us about adult/child communications?
2) to what extent can actual measures for gathering information from children be verified?
3) does this knowledge about child/adult communication work in other settings?

It offers guidelines for being sensitive to children in medical, legal and other stressful settings. It examines factors that must be taken into account in order to build a framework to obtain reliable information from children in an appropriate manner.

3

TRAINING, REFUGEE PARTICIPATION AND COMMUNITY DEVELOPMENT

The old model of relegating refugees to the role of passive recipients at the end of the aid pipeline has to be replaced. Refugees, in order to have survived, must be capable, resourceful people. Too often refugee participation is limited to those who can speak the language of the foreign staff. What is needed is not merely better consultations with refugees in the planning of relief and rehabilitation programmes, but their acceptance as full partners (and the ones with the most at stake) in the planning, implementation and evaluation of refugee programmes. This approach would greatly facilitate the "normalization" of refugee situations for the children. To see parents, relatives, and other adults within their communities involved in active leadership and decision-making concerning their lives is the type of role modelling and realistic setting that should be afforded refugee children.

Children as participants in planning may not always be appropriate, depending on the child's age and emotional maturity. However, in immediate or long-term planning regarding children, particularly unaccompanied children, an advocate for the child should be involved at all times in discussions of care arrangements, family reunion efforts and discussions of future placement for the child. No matter what the age, children's opinions should be heard and considered in any decisions that are made concerning them. While a different decision from the one expressed by the child may be made, refugee children, as all children, need to feel they are participating in decisions concerning them and are not simply pawns in a process. This obviously becomes more critical the older and more mature the child becomes.

For a number of years, services to refugee populations have attempted to take into account the need to incorporate ways in which families and communities can regain some measure of autonomy and self sufficiency in the midst of loss and displacement. To this end, many programmes are designed with the principles of development in mind, such as agriculture, self-employment, skills training, literacy and the means to care for their own families.

While we don't typically think in terms of "children and development," it is certainly apparent that improvements within family systems and a community restored to its original abilities would be of great benefit to the children living within that population. For older children and those without families, the concept of community development and long-term planning for autonomy becomes even more critical.

- ***Adolescent Survivors of Genocide: A Community Based Group Intervention***
  Carole, L.
  Paper presented to the 6th Annual Meeting of the International Society for Traumatic Stress Studies
  435 N. Michigan Avenue, Suite 1717
  Chicago
  ILL. 60611-4067, USA.
  1990 18 p. Lang/ ENG

Index: adolescents/ unaccompanied Khmer adolescent refugees/ resettlement/ trauma/ community-based intervention

Describing a programme to support stress-vulnerable youth and family members in the post-trauma phase, this article details a community-based intervention focused on youth helping youth and their community. The programme is composed of a week-long summer retreat/conference and year round support activities with participants between the ages of 12 to 22 years old. Identifying their need to know their peers and to explore identity, trauma, and bicultural issues in a supportive group setting, unaccompanied Khmer refugee adolescents initiated the concept of the retreat. This programme demonstrates refugee adolescents and adults planning, leading and participating in a programme to help each other to order their traumatic and resettlement experiences as well as rebuild their community.

- ***Attachment and Separation***
  Fahlberg, V.
  British Agencies for Adoption and Fostering
  11 Southwark Street
  London SE1 1RQ, England
  1981 60 p. Lang/ ENG Bibl.
  ISBN/ 0-903534-37-1

Index: infants/ preschool children/ primary school children/ adolescents/ foster care in the U.S./ attachment/ separation/ trainers/ child care service practitioners

This workbook is one in a series of three developed from a training project for children in foster care in the U.S. The workbooks were formulated and validated over a three-year period by 33 agencies involved in the training project. For this publication, descriptions of some procedures and facilities have been adapted to what is available in Britain. The concepts and practices are applicable anywhere child care workers are providing services to children who have been or will be moved out of their birth family.

It is based on the premise that the bonds children develop with the people who care for them in their early years are critical to their psychological, emotional, and physical development. It describes the way bonding develops in healthy parent-child relationships. The role of a child care system in serving children and families with attachment and/or separation concerns is identified.

Checklists are provided which are categorized by age to help child care practitioners assess attachment in children and parents. Influences on a child's reaction to separation from parents and the relationship between fear and attachment are described. Techniques to help minimize the trauma of a child's move from one family to another and practical exercises are interspersed in the text. The symptoms of lack of attachment in children are identified and ways to heighten attachment are recommended.

- ***Children In Emergencies***
  Radda Barnen International
  147 rue de Lausanne
  CH-1202 Geneva, Switzerland
  1986 78 p. Lang/ ENG

Index: children/ armed conflict/ natural disasters/ legal protection/ mental health needs/ psychosocial needs

The 1986 NGO Forum "Action For Children: Unfinished Business" brought together child experts, field workers, and representatives of NGOs, UNICEF, ICRC and governments to address issues related to the (then) newly formulated UNICEF Policy paper on "Children in Especially Difficult Circumstances". Four working groups discussed such questions as children in armed conflict and/or natural disasters, the extent of protection offered in current legal instruments and in the text of the Convention on the Rights of the Child. There are brief presentations on the psychosocial effects of war on children, interventions for mental health of children in armed conflicts, and the idea of a "zone of peace" in areas of armed conflict and war. It is interesting to review now as the conclusions and recommendations formed the basis for UNICEF's continued focus on Children in Especially Difficult Circumstances.

- ***Children's Rights Through Community Caring: A Collection of Resource Materials for Staff Training***
  Jareg, E., Salole, G., Nowrojee, S.
  Fuglesang, A., Chandler, E. (Eds.)
  Redd Barna,
  P.O. Box 6200
  Etterstad
  0602 Oslo 6, Norway
  1992 190 p. Lang/ ENG

Index: children's rights/ Africa/ training/ child development/ guidelines for protection and care of children/ child-centred community development

Developed for Redd Barna's staff in Africa, this book is a collection of ideas and resources for training and staff development on the issue of children's rights. Based on the UN Convention on the Rights of the Child, it offers a practical approach to the task of realizing the rights of children. The book is divided into four sections, each with suggestions for group discussions.

- ***Community Survey of Beni Amir in Gadem Gifrit Refugee Camp, South Tokar, Sudan***
  Jameson, J.
  Community Aid Abroad
  156 George Street
  Fitzroy 306, Australia
  1988 52 p. Lang/ ENG Stats.

Index: Eritrean refugees/ displaced Sudanese/ rural camps/ rehabilitation phase/ survey/ vulnerable groups

A report of a 1988 CAA sponsored community survey of the Gadem Gifrit, Sudan, refugee and displaced national settlement, this publication documents the purpose, methodology, results, conclusions, and recommendations of that investigation. Gadem Gifrit, a Beni Amir community of Eritrean refugees and displaced Sudanese nationals, was characterized by a situation that progressed from the emergency to the rehabilitation phase, a substantial loss of livelihood, and as mostly being dependent on food aid

distribution. The target group interviewed for the survey was based on a ten percent random cluster sample of the estimated settlement population of 14,400.

The report includes the interview questionnaire and questions used in the group discussions. Both are resources that can serve as references for the collection of database information. The Refugee Camp Committee, community health workers, and the CAA expatriate and local teams were involved in the planning, training, interviewing, and communication of the results of the survey.

- ***Community Work/ Social Work Training in Refugee Camps***
  Blomquist, U., Mahlasela, J.
  Radda Barnen
  Box 27320
  S-102 54 Stockholm, Sweden
  1988 158 p. Lang/ ENG Bibl.

Index: child refugees/ women refugees/ Ethiopian refugees in Somalia/ rural camps/ training/ social workers/ community development workers/ self-help projects

A programme of training for front line social workers and community development workers was initiated by UNHCR and Radda Barnen in Somalia in the Horn of Africa in 1982. Those who took part in the training were refugees from Ethiopia who are now working to improve living conditions for the inhabitants of the camps. The social work methods represent a new concept in the field of social work amongst refugees. They illustrate how a relatively small amount of assistance is required to set up a system of refugee participation and stimulate the refugees' own powers and resources towards self-help and increased independence.

- ***Continuing the Education of Health Care Workers:***
  A Workshop Manual
  Abbatt, F.R., Mejia, A.
  World Health Organization Distribution and Sales,
  1211 Geneva 27, Switzerland
  1988 185 p. Lang/ ENG
  ISBN/ 92-4-154220-9

Index: health care workers/ developing a continuing education system/ workshop planning

This is a practical manual that defines as well as describes the process of planning and conducting a workshop to develop a system of continuing education which coordinates the activities of health services, educational and research institutions, professional associations and other relevant entities. It is based on a set of guiding principles for the development of a continuing education system for health care workers issued by WHO in provisional form with the intention of testing it for practical application to national needs and resources.

Promoting a coordinated programme adapted to the needs of health care workers and the communities they serve, the manual provides information about every aspect of developing a system of continuing education or strengthening an existing one. It includes a section on the preparation for and running of a workshop in which participants prepare an action plan to develop such a system. The manual is intended for decision-makers at all levels of the health care delivery system who are involved or interested in organizing continuing education workshops.

- ***Coping with Stress in Crisis Situations***
  Draft
  UNHCR Training Section
  P. O. Box 2500
  1211 Geneva 10, Switzerland
  1991/7 25 p. Lang/ ENG

Index: refugee field workers/ team leaders/ UNHCR/ crisis/ stress/ identification/ response/ training

Acknowledging that the accumulated stress of work in the field can affect personal morale and performance, this guide for UNHCR team leaders offers guidelines on how to help staff function before, during, and after a crisis situation. It identifies sources of stress and factors that affect it amongst staff, how to recognize and respond to stress symptoms, techniques for dealing with ongoing crisis stress, and strategies for defusing stress after critical incidents. The Annexe has examples of self-encouragement techniques.

- ***Counselling Manual***
  OASSSA
  Address not given, copies available from ICCB, Geneva.
  61 p. Lang/ ENG

Index: mental health professionals South Africa/ counselling guidelines

This manual is a guidebook for mental health professionals in South Africa. It looks at problems people have in South Africa, including the presence of police and violence in townships, detention, and unemployment; it offers guidelines for mental health professionals, beginning with finding a safe place to meet with clients; lists both common and uncommon stress responses and how to treat them; and includes a resource list of agencies in South Africa. The only issue specific to children deals with problems at school, but many of the others would apply to this group as well.

- ***Establishing a Social Work Program in a Refugee Camp: Some Lessons Learned From the Thailand Experience***
  Kennedy, A.
  Save the Children USA
  54 Wilton Road,
  Westport
  CT 06880, USA
  1982 25 p. Lang/ ENG Occasional Paper

Index: child refugees/ refugee families/ refugee camps in Thailand/ psychological problems/ family conflicts/ social work intervention

Outlines a framework for social work intervention in a refugee setting, based on the experiences of five expatriate social workers in refugee camps in Thailand. The major social problems facing refugees are briefly outlined, including children's problems, family conflicts and individual psychological problems.

● ***Experience in Mental Health: Community Care and Social Policy***
Jones, K.
Sage Publications Ltd.
28 Banner Street
London EC1Y 8QE, England
1988 165 p. Lang/ ENG Bibl.
ISBN/ 0-8039-8065-5

Index: community mental health services/ U.S./ England/ China/ Italy/ existing policies/ research questions/ practical problems/ new outline

Questioning why the search for a solution to the problems of running community mental health services has proved unsatisfactory worldwide, this book is based on research of existing policies and systems. It presents a broad comparison of detailed research into the policies and experiences of community mental health care in the U.S., England, Italy, and China. Structures which have been advocated and tried in other parts of the world are investigated. Testing policy against reality, research questions and practical problems are identified. It concludes with an outline of new forms of organization to administer and deliver mental health care which would provide a structure for locating responsibility at the national, local, and patient-care level, and ensure accessible service.

● ***The Field Directors' Handbook: An Oxfam Manual for Development Workers. Fourth Edition***
Pratt, B., Boyden, J. (Eds.)
Oxford University Press
Walton Street
Oxford OX2 6DP, England
1985 512 p. Lang/ ENG Bibl. Stats.
ISBN/ 0-19-920153-6

Index: development programmes/ development workers/ training guidelines/ community-based options

Based on field experience, the premise of this manual is that the most effective form of development is the development of people. With a practical emphasis and an easy reference format, it describes guidelines and small-scale, community-based options. The principles of and recommendations for development programmes for children are discussed in the parts on priority groups, health, and disaster guidelines.

● ***First Contact Mental Health Care***
World Health Organization
Distribution and Sales Service
1211 Geneva 27, Switzerland
1984 74 p. Lang/ ENG (summaries in FRE/ GER/ RUS) Bibl.

Index: adults/ Europe/ community-based mental health care/ first-contact mental health care/ primary health care/ health care workers

In 1983 the WHO Regional Office for Europe convened the Working Group on First-Contact Mental Health Care, which was asked to examine the nature and consequences of first-contact and to prepare a proposed plan of work for WHO in the European region to develop mental health care as an essential component of primary health care.

The report is a detailed examination of first-contact as one aspect of community intervention and defines the principles of first-contact mental health care, current mental health work in primary care settings, teamwork for mental health in primary care, training, research, and evaluation of services in primary care settings. It goes on to suggest ways in which existing care teams and specialists in mental health services can work together in the management of first-contact and subsequent interventions. It does not specifically address children's issues, but is a useful example of planning and developing community based mental health strategies.

- ***A Framework for People-Oriented Planning in Refugee Situations: Taking Account of Women, Men, and Children***
  Anderson, M., Brazeau, A., Overholt, C.
  UNHCR
  P. O. Box 2500
  1211 Geneva 2, Switzerland
  1992 13 p. Lang/ ENG

Index: refugees/ men/ women/ children/ UNHCR Policy on Women/ implementation/ training/ project planning/ refugee needs/ refugee resources

Designed to assist refugee workers in implementing the UNHCR Policy on Women, this training manual presents a programme and project planning tool for analyzing the socio-cultural and economic factors in a refugee society. The framework provides a structure for organizing information so that the relationships among factors significant to defining the needs and resources of various members of a refugee population are clear.

- ***The Georgetown Declaration on Health Care for Displaced Persons and Refugees***
  Georgetown University
  P.O. Box 2298
  Hoya Station
  Washington DC 20057, USA
  1988 26 p. Lang/ ENG

Index: refugees/ displaced persons/ health care/ evaluation/ problems/ recommendations

The consensus statement and keynote addresses from the 1988 International Symposium on Health Care for Displaced Persons and Refugees convened by Georgetown University. It outlines the following:

- technical points relating to the primary causes of death during the emergency relief phase and the priority interventions and programmes to address them;

- the coordination of emergency health care efforts among all involved including clarification of the roles and responsibilities of the host government and the refugee community;

- the implementation of effective training programmes for refugees, host country nationals, and expatriate staff;

- a statement in support of the UNHCR policy regarding refugees and AIDS;

- issues concerning internally displaced persons.

- ***Guide for National Red Cross and Red Crescent Societies***
  International Committee of the Red Cross
  17 ave. de la Paix
  CH-1211 Geneva, Switzerland
  50 p. Lang/ ENG

Index: guidelines/ Red Cross field workers

This is the guidebook for Red Cross field workers. It covers exchange of news, obtaining and processing information, tracing, and family reunification, as well as technical advice on forms, reference numbers, files, the card index, and administrative procedures. There are illustrations, and enclosures include an ICRC Travel Document and a sample Tracing request form.

- ***Guide Questions for Analyzing Participation in Refugee Assistance Programs***
  Williamson, John
  UNHCR
  P. O. Box 2500
  1211 Geneva 2, Switzerland.
  1988 13 p. Lang/ ENG

Index: refugee participation/ refugee assistance programmes/ tool for analysis

This paper is an effort to help increase refugee participation in refugee assistance programmes by providing a tool for analyzing such participation. The paper studies who participates in these programmes, how does participation take place, and what kinds of participation take place. The kinds of participation are examined regarding:

- needs assessment/ problem identification
- project design
- project implementation
- monitoring and evaluating the project.

- ***Guidelines For Training Community Health Workers In Nutrition***
  World Health Organization
  Distribution and Sales
  1211 Geneva 27, Switzerland
  1986 121 p. Lang/ ENG
  ISBN/ 92-4-154210 1

Index: infants/ young children/ mothers/ nutrition/ community health workers/ training

A practical tool for those in the field who train community workers in nutrition, this second edition incorporated suggestions from trainers using the first edition. The text is articulate with the main points in colour-highlighted blocks for easy reference. It includes growth monitoring for children, feeding infants and young children, breast feeding and nutritional care for mothers. The first part of the book focuses on teaching skills for trainers, basic nutritional knowledge, and how to determine the type of nutritional knowledge community health workers need. Nine training modules, each addressing a specific nutritional topic and describing particular tasks related to it are presented in the second part of the book. While nutritional information is critical to working with children in emergency settings, this selection was chosen more for its well-written training guidelines.

- ***Guidelines on the Protection of Refugee Women***
  UNHCR
  P. O. Box 2500
  1211 Geneva 2, Switzerland
  1991 67 p. Lang/ ENG

Index: women refugees/ protection/ UNHCR Policy on Refugee Women/ guidelines

The underlying principle of the UNHCR Policy on Refugee Women is to integrate the resources and needs of refugee women into all aspects of programming to ensure equitable protection and assistance. These Guidelines follow the general framework of the Policy. They were prepared to help the staff of UNHCR and its implementing partners to identify the specific protection issues, problems, and risk factors facing refugee women. The Guidelines define a method for assessing the protection situation of refugee women. Physical security and legal protection needs which might arise in different situations and specific interventions that may be appropriate are described. Various measures are recommended that can be taken, particularly within traditional assistance sectors, to improve both the protection of women and the prevention of abuses against them. Specific actions to be taken to ameliorate and report upon the occurrence of protection problems are outlined.

- ***Helping Children When They Must Move***
  Fahlberg, V.
  British Agencies for Adoption and Fostering
  11 Southwark Street
  London SE1 1RQ, England
  1981 101 p. Lang/ ENG
  ISBN/ 0-903535-38-X

Index: children/ U.S./ foster care/ training/ child care workers

This workbook is one in a series of three developed from a training project for children in foster care in the U.S. The workbooks were formulated and validated over a three-year period by 33 agencies involved in the project. For this publication, descriptions of some procedures and facilities have been adapted to what is available in Britain. The concepts and practices in this workbook are applicable anywhere child care workers are providing services to children who have been or will be moved out of their birth family. It is based on the premise that the bonds children develop to the people who care for them in their early years are critical to their psychological, emotional, and physical development. The workbook is concerned with ways in which child care workers can manage moves resulting in separation from parents with the minimum damage to the child. It emphasizes the importance of permitting children to have and express their feelings as well as the necessity of explaining what is happening to them. Techniques to minimize the trauma of such moves and practical exercises are interspersed in the text. Three useful tools for helping children understand and cope with being moved from one family to another are presented.

- ***Intensive Training of Bilingual Workers in Mental Health and Cross-Cultural Communication***
  Adkins, M., Ray, C.
  Spring Institute for International Studies
  138 Lawrence St., Suite 600
  Denver, CO 80204, USA
  1987 93 p. Lang/ ENG Bibl.

Index: bilingual refugees/ mental health crisis intervention/ training/ U.S./ demonstration project

A resource for trainers, this manual is based on a demonstration project of intensive mental health training for bilingual refugees working for various refugee serving agencies in the Denver, Colorado (U.S.) area. Sponsored by the Regional Office of Refugee Settlement, the project was part of a strategic plan to build in capacity, resources, and interaction between refugees, social service agencies, and mainstream mental health care systems.

The manual documents the concept, purpose, and process of this training programme in mental health crisis intervention. It describes the objectives, procedural considerations, and programme design. The ideas, methodologies, and topics in this manual can provide a basis for community-based mental health training programmes adapted to meet local needs and circumstances.

- ***The Introduction of a Mental Health Component into Primary Health Care***
  World Health Organization Distribution and Sales,
  1211 Geneva 27, Switzerland
  1990 59 p.
  ISBN/ 92-4-156136-X

Index: primary health care/ mental health/ policy/ community involvement/ training issues

WHO's Member States have agreed that primary health care is the key to achieving their goal of health care for all by the year 2000. Based on WHO's work with Member States' efforts to introduce mental health care into national health programmes, this book provides a framework within which to integrate a mental health component into primary health care systems.

With a holistic as well as realistic approach, the book outlines proposals to concentrate attention on mental health problems and to improve the delivery of mental health care through primary health care. It identifies ways in which responsibility for mental health can increase the effectiveness of primary health care services. The book defines and discusses points such as mental health issues in primary care, the scope of mental health in primary health care, the importance of a national mental health policy, community involvement, and the infrastructure needed to support decentralized and integrated mental health care services. Issues in training, data collection, budgetary implications, and other key components in establishing a new type of health care service are exemplified.

- ***Learning from the Field: A Guide from Experience***
  Whyte, W., Whyte, K.
  Sage Publications, Inc.
  2111 West Hillcrest Drive
  Newbury Park
  CA 91320, USA
  1984 295 p. Lang/ ENG Bibl.
  ISBN/ 0-8039-3318-5

Index: field programmes/ field workers/ theory/ practice

Outlines knowledge gained by the authors in the course of research work in many social settings over nearly 50 years. They discuss field projects from many different aspects, including: participant observer rationale and roles, planning the project and entering the field, field relations, observational methods,

interviewing strategy and tactics, recording, indexing, and evaluating interview data, using history in social research, types of applied social research, ethics in field research, analyzing data, and science and styles of social research. This book would be useful to any field worker planning or implementing field programmes.

- ***The Long Interview***
  McCracken, G.
  Qualitative Research Methods Series 13
  Sage Publications, Inc.
  2111 West Hillcrest Drive
  Newbury Park
  CA 91320, USA
  1988 88 p. Lang/ ENG Bibl.
  ISBN/ 0-8039-3353-3

Index: interviewing/ research/ methodology

The author suggests the long interview when cultural categories and assumptions are being investigated, and when total immersion in the area being investigated is not possible. In a thorough, user-friendly way, he shows that interviewing competence can be taught, and details the strengths and weaknesses of the method. Chapter headings include: "The Four-Step Method of Inquiry," "The Writing-Up Process," and "Managing Qualitative Research." The appendices cover preliminary questions for qualitative research projects, standard ethics protocol, and budget items and calculations to consider.

- ***Manual on Feeding Infants and Young Children***
  Cameron, M., Hofvander, Y.
  Oxford University Press
  Walton Street
  Oxford OX2 6DP, England
  1983 214 p. Lang/ ENG Bibl. Stats.
  ISBN/ 0-19-261403-7

Index: infants/ preschool children/ nutritional needs/ growth and development/ training programmes/ training primary health care workers

Sponsored by the UN Sub-Committee on Nutrition and published with aid from the Swedish International Development Authority to make the book available in developing countries, this manual focuses on the nutritional needs of children from birth to age five. Revisions in this edition are based on changes in nutrition policies, new information, and the results of field evaluations of the previous editions.

The manual provides information about child growth and development, simple methods of monitoring growth, and screening children "at risk" of malnutrition. Diagnosis, treatment, and prevention of common malnutrition-related diseases in infants and children are discussed. It describes the nutritive value of foods, breast feeding, care of food and utensils, weaning and weaning-related foods. Practical recipes adaptive to locally available ingredients are included. With an emphasis on nutrition education, this manual presents guidelines for planning, developing, and implementing community-based programmes to treat as well as prevent malnutrition in infants and children. This manual is a practical resource for those who are planning training programmes or are trainers of primary health care workers.

- ***The Paraprofessional: Selected Readings***
  Nash, K., Lifton, N., Smith, S. (Eds.)
  The Center for Paraprofessional Evaluation and Continuing Education
  Yale University, New Haven CT, USA
  Advocate Press, Inc.
  Paraprofessional Manpower Development Branch
  National Institute of Mental Health
  Park Lawn Bldg., Rm. 8C02
  Fishers Lane
  Rockville, MD 20852, USA
  1978 331 p. Lang/ ENG Bibl. Stats.

Index: mental health services/ health care services/ paraprofessionals/ professionals/ training methods/ supervising methods

A collection of papers written by professionals and paraprofessionals, this monograph recounts observations, research, and studies on paraprofessionalism in the mental health field. It examines the influence of paraprofessionals on the accessibility and delivery of mental health and health care services. Evaluation models used to assess the utilization, impact, and effectiveness of paraprofessionals are described. The monograph investigates the roles of professionals and paraprofessionals and outlines the kind of relationship between them that best delivers services to the community. It considers effective methods of training and supervising paraprofessionals. As a preventive approach to addressing health and social issues, the monograph illustrates successful ways of fostering collaboration between paraprofessionals and the community.

- ***Partners in Evaluation: Evaluating Development and Community Programmes with Participants***
  Feuerstein, M.T.
  Macmillan Publisher, Ltd.
  Teaching Aids at Low Cost (TALC)
  P.O. Box 49
  St. Albans
  Hertfordshire AL1 4AX, England
  1986 196 p. Lang/ ENG
  ISBN/ 0-333-42261-9

Index: development programmes/ community programmes/ evaluation with participants/ field handbook

Written for busy practitioners with little or no formal training in evaluation methodology, this book can be used as a practical field handbook or a textbook. Based on seven years research worldwide and field experiences in monitoring and evaluating programmes, it advocates community participation in the evaluation process.

The methods, principles, and examples are tailored to suit the real contexts of development programmes as well as the abilities and technical levels of the participants. All aspects of the participatory evaluation process are covered: understanding evaluation, planning and organizing resources, using existing knowledge and records, methods of collecting more information, reporting the results, and using the results of an evaluation.

- ***Promoting Refugee Participation in Assistance Projects***
  Clark, L. 31 p.

- ***Evaluating and Promoting Refugee Participation in Refugee Assistance Projects***
  Clark, L. 21 p.

- ***Refugee Participation Case Study: Guatemalans in Campeche and Quintana-Roo, Mexico***
  Ragen, P., Caballero-Barron, A. 21 p. Stats.

- ***Refugee Participation Case Study:***
  Meheba Settlement in Zambia
  Clark, L. 24 p. Stats.

- ***Refugee Participation Case Study: The Shaba Settlements in Zaire***
  Clark, L. 21 p.

  Refugee Policy Group
  1424 16th St. NW, Suite 401
  Washington DC 20036, USA
  1987 Lang/ ENG

Index: maximizing refugee participation/ camps/ guidelines/ case studies

Addressing and exemplifying refugee participation, these papers present the issue as an essential, rather than optimal, part of virtually all forms of competent and effective assistance. The six papers were produced for general distribution by RPG through consultancy with the Social Services Section of UNHCR. Focusing on improving refugee participation through changes in how projects are developed, the approach is towards maximizing refugee initiation and responsibility for problem solving with outside input limited to those which simply cannot be provided by the refugees.

Viewing refugee participation as more than menial jobs and tasks related to the operation of the camp, these papers provide guidelines for and case studies of a process in which refugees come together to select their leaders, develop institutions to assist in everyday care, and ultimately achieve full participation in the decisions relating to their situation. The papers identify four components to maximizing refugee participation: needs assessment/ problem identification; planning-design; implementation; monitoring and evaluation.

- ***Promoting Self-Help Solutions by Vulnerable Afghan Refugees in Pakistan:***
  The Development of a Community Process
  Bloxom, L.
  Radda Barnen,
  Box 27320
  S-102 54 Stockholm, Sweden
  1991 51 p. Lang/ ENG Bibl. Stats.

Index: Afghan refugees/ Pakistan/ vulnerable groups/ training/ national social workers/ refugees/ self-help solutions

The history and development of the Radda Barnen programme for Afghan refugees in the North West Frontier Province of Pakistan, this report exemplifies a successful community development approach in working with and training national social workers and refugees. It describes how a programme initiated with a lack of planning, organization, and terms of reference evolved into a well-structured one with a viable network of training, treating target communities as partners. The programme has focused on three needs: assistance to vulnerable groups, promotion of self-help activities to encourage self-reliance among refugees, and coordination of activities of NGOs and the host government Commissionerate for Afghan Refugees. Training the Commissionerate's personnel has centred on techniques and methodologies in social work, field work, project management and community development/ refugee participation. Assistance to refugees has taken the form of identification, coordination, and promotion of self-reliant activities in the 258 camps. The same community development organizing techniques that resulted in actions to improve the infrastructure (wells, roads, latrines, schools) were used to form self-help groups to protect the rights of vulnerable groups and to promote child-oriented actions among the 2.5 million refugees. The report includes, for replicability elsewhere, insights based on the experiences of the social workers involved in the programme. The curriculum and training methodologies are provided in the appendices.

- ***Promoviendo el Bienstar Psicosocial en la Communidad: Manual para Promotores y Supervisores en la Comunidad***
  Tortorici, J.
  WHO-PAHO and UNICEF
  WHO, Distribution and Sales Service,
  1211 Geneva 27, Switzerland
  1994/1 Lang/ SPA Bibl.

Index: children/ Central America/ armed conflict/ psychosocial problems/ peace education

Described as a five-volume self-teaching manual for use in situations of armed conflict, this document is based on the extensive experience of the author with both Central American and South African populations. Written for Central America, this well thought out format has information that will be useful in a number of locations for those working with children. The manual includes sections on:

- the promoter in the community
- peace education
- some common psychosocial problems during war: How to help?
- helping children to develop
- bibliography and resources.

- ***Proyecto de Atencion Integral al Nino Menor de Cinco Anos con Enfasis en la Capacitacion a Padres de Familia***
  Gonzalez, A.
  Pre-School Advisor, Refugee Centres
  Department of Pre-School Education
  Ministry of Education, Costa Rica
  1989/5 6 p. Lang/ SPA

Index: preschool children/ parents/ refugee camps/ Costa Rica/ training/ children's physical health/ children's psychosocial health

One of a series of documents on pre-school education developed through an agreement between the Ministry of Education of Costa Rica, UNHCR, and DIGEPARE. It states that in refugee situations, parents are ill-equipped to care for and stimulate their children, and children tend to be insecure. It proposes training workshops for the parents that would have the dual purpose of improving the parents' educational level and introducing them to materials to help their children develop. The author suggests a number of specific objectives in the training of parents, including: the importance of games for children, learning about common childhood diseases, learning about hygiene for children, promoting breastfeeding, learning about toilet training, learning about speech development, the importance of vaccination, and learning about psychomotor development.

- ***Refugee Children: Policy Issues in the 1990s***
  Williamson, John & Williamson, Jan
  Program on International and U.S. Refugee Policy,
  The Fletcher School of Law and Diplomacy,
  Tufts University
  Medford
  Massachusetts 02155, USA.
  1991 44 p. Lang/ ENG

Index: child refugees/ unaccompanied minors/ health and welfare issues/ practical recommendations/ policy issues/ resources

With a realistic view, this paper states that in general, the critical policy issue most relevant to the welfare of refugee children is not determining what should be done, but rather how to marshall the resources to do it. The paper reviews the major issues faced by children and their families who become refugees including: protection, education, health and nutrition, mental health and development needs, trauma, confinement in camps, and the special situation of unaccompanied children. Practical recommendations for addressing these issues are provided. Recommendations specifically regarding the development of resources encompass the establishment of a workable planning system involving UNHCR and the international NGOs, refugee participation, and that no matter what the age, children's opinions should be heard and considered in any decisions that are made concerning them. Noting the UNHCR Guidelines on Refugee Children provide a clear framework for what needs to be done to improve their situation, the papers discusses areas requiring particular attention within the scope of the Guidelines.

- ***Refugee Children Protection and Care***
  UNHCR
  P. O Box 2500
  1211 Geneva 2, Switzerland
  1993 157 p. Lang/ ENG Draft for Field Comments[1]

Index: child refugees/ UNHCR Guidelines on Refugee Children/ revised version/ protection/ assistance/ objectives/ principles

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[1] **The final version of the revised guidelines was published by UNHCR in 1994**

The draft is a revised version of the original UNHCR Guidelines on Refugee Children prepared in 1989. Since that time the United Nations has adopted the Convention on the Rights of the Child and the High Commissioner has presented her Policy on Refugee Children. This document reflects those changes in the revised text. The primary focus for the document is the staff of UNHCR but it is an essential reference for those who work with refugee children in any capacity. Its objective is to define more specifically the objectives, principles and practical guidelines for many protection and assistance concerns for refugee children. It also gives increased attention to children's developmental needs, gender and cultural needs, and the needs of unaccompanied children. The easy to follow format includes check lists, clearly defines terms, and offers brief descriptions of services frequently provided or recommended for refugee children. The draft is currently being circulated in the field for comment and the final document should be available by early 1994.

- ***Refugee Mental Health: Draft Manual for Field Testing***
  UNHCR/ World Health Organization
  WHO Division of Mental Health,
  1211 Geneva 27, Switzerland
  1992 141 p. Lang/ ENG

Index: child refugees/ infants/ school-age children/ adolescents/ adult refugees/ camps/ mental health needs/ problems/ child development/ traditional medicine/ torture victims/ rape victims/ drug and alcohol problems

The draft manual is for comments and field testing. The manual is intended for use by workers in refugee camps who may not have any health training or professional training. It covers the field of mental health including stress and relaxation, functional complaints, common mental disorders, helping refugee children, traditional medicine and traditional healers, alcohol and drug problems, helping victims of torture or other violence, and helping victims of rape.

The section on children includes recognizing mental health problems in children, refugee children's special problems and needs, building a cultural framework, childrearing practices, stimulating infants and helping infants and mothers, stimulating speech, school-aged children, and the mental health needs of adolescents.

- ***Repatriation of Vulnerable Groups:***
  Field-Based Planning and Coordination Workshops
  Felsman, K.
  Southern African Training and Research Initiative (SATARI)
  P.O. Box 2908
  Harare, Zimbabwe
  1993 26 p. Lang/ ENG Summary Workshop Report

Index: Mozambican refugees/ repatriation/ vulnerable groups/ psychological needs assessment/ agency coordination/ training

This is one of the documents resulting from SATARI, a Consortium consisting of the School of Social Work, Harare, Zimbabwe the Institute of Policy Sciences and Public Affairs of Duke University, North Carolina, USA and the Training Office of Save the Children/ USA, Connecticut, U.S. It is quite useful as there are virtually only a handful of documents available that take into account the needs of children in plans for repatriation. Objectives of the Workshop were to: further define and assess the psychological

needs and capacities of vulnerable groups of Mozambican refugees, review and ensure that the many agencies involved are coordinated and informed of their action plans and field programmes, and to anticipate specific problems that vulnerable groups may face during repatriation.

The operating principles focus on the best interests of children, respect of the preferences, expectations and expressed fears of refugee groups, and the development of a stance that strengthens prevention and minimizes negative and unintended results of repatriation efforts.

All of the training efforts were based on the belief that the psychosocial issues of children are best addressed within the broader context of family and community and with careful attention to the more traditional coping mechanisms and survival strategies already being employed. The report identifies a number of issues discussed and presents the recommendations, action steps and contingency plans for each issue. It concludes with a brief informal evaluation page emphasizing the more effective style of "hands-on" approach and the value of such exchanges between field staff.

- ***Social Services in Refugee Emergencies***
  UNHCR
  P. O. Box 2500
  1211 Geneva 2, Switzerland
  1990 130 p. Lang/ ENG

Index: child refugees/ unaccompanied child refugees/ adult refugees/ emergencies/ social services/ needs and resource assessments/ planning actions/ repatriation

Labeled as a "Working Draft," this manual includes sections on social services in refugee emergencies, areas and groups requiring special attention, repatriation of refugees and organization of services. Within the sections on groups requiring special attention are brief notes regarding unaccompanied children and children in general as well as a few over-simplified pages on mental health. The discussion of mental health does not take into account aspects of children's needs in mental health nor does it discuss recognition or implementation at any level for mental health needs. The text is stronger and consequently of more use in the descriptions of needs and resource assessments and planning actions. The information on repatriation of refugees is particularly helpful in an area where few written guidelines are available. Intended as a quick reference, the format of providing checklists, key points, key principles and offsetting important information is very effective.

- ***Social Work Training in Africa: A Fieldwork Manual***
  Hall, N.
  School of Social Work
  P/Bag, 66022
  Kopje, Harare, Zimbabwe
  Journal of Social Development in Africa Vol/ special edition
  1990/04 156 p. Lang/ ENG Bibl.
  ISBN/ 0 7974 0948 3

Index: social work/ Africa/ training/ social work educators/ social workers in field/ social work students

While not refugee specific, this manual is one of very few produced that addresses the specific social work needs in African countries. The manual was written for social work educators in Africa, students and social workers in the field. The book acknowledges that social work practice is a relatively recent

phenomenon, adapted from theory developed for Western countries. It points out that the lack of relevant social theory for African countries increases the importance of actual experience and practice in Africa that can contribute to local social work knowledge. The text is divided into two parts; the first section touches on a number of social work issues related to a practical approach to social practices. The second section presents well thought out information concerning supervision of students. This has particular potential for those designing refugee participation programmes for social service delivery. Some text, such as that directly related to placement of students, is less applicable, but there is a significant portion of this book that those involved in social services in refugee camps would find useful.

- ***Some Guidelines to Listening and Talking with Children Who are Psychologically Distressed***
  Jareg, E.
  Unpublished notes available from:
  Redd Barna
  P. O. Box 6200
  Etterstad
  N-0602 Oslo, Norway
  1990 7 p. Lang/ ENG

Index: children/ psychologically distressed/ mental health professionals/ listening and talking/ guidelines

These guidelines are based on lecture notes by Elizabeth Jareg and group work during the course "Children in Wars and Disasters", at the Institute of Child Health, in London in 1989. They examine looking at your own attitudes about children, what is good listening, some points to consider when listening and talking to children, what you should say when you are talking with the child, and how to prepare the child for ending.

- ***Training Manual For Helping Children In Situations of Armed Conflict***
  UNICEF
  United Nations Children's Fund Programme Publications
  3 UN Plaza
  New York NY 10017, USA
  1990 52 p. Lang/ ENG

Index: children/ armed conflict/ training/ field workers/ community-based workers/ case studies/ exercises/ discussion topics

Developed for trainers, this manual presents a six-session participatory training programme for field and community-based workers in assisting children to cope with and adjust as well as possible to situations of armed conflict. Case studies, exercises, and topics for group discussion are interspersed in the text. This is a simple, step-by-step approach to training about the issue of armed conflict based on basic knowledge of child development, symptoms of PTSD in children, communication skills, and identification of practical interventions or other appropriate forms of assisting children, families, and communities.

- ***UNHCR Policy on Refugee Women***
  UNHCR
  P. O. Box 2500
  1211 Geneva 2, Switzerland
  1992 9 p. Lang/ ENG

Index: refugee women/ UNHCR Policy on Refugee Women/ organizational goals/ policy objectives/ operational objectives

This paper draws together the four UNHCR Executive Committee conclusions relating specifically to refugee women and applicable UN resolutions into a policy framework for improving the situation of refugee women. The underlying principles of the Policy are the integration of the resources and needs of refugee women into all aspects of programming, including programming, assistance, and durable solutions, and the need for each staff member to ensure that this takes place in his or her area of competence. The organizational goals for refugee women (activities which UNHCR is mandated to carry out), the Policy objectives, and the operational objectives are outlined. The operational objectives are a series of activities at the project level to ensure the practical implementation of the Policy. These objectives are based on the Nairobi Forward Looking Strategies for the Advancement of Women and the conclusions adopted by the UNHCR Executive Committee since its 39th session in 1988.

- ***Working With Refugee Women: A Practical Guide***
  Kelly, N.
  International NGO Working Group on Refugee Women
  Refugee Service, World Council of Churches,
  150 route de Ferney
  CH-1211 Geneva 20, Switzerland
  1989 174 p. Bibl. Lang/ ENG

Index: refugee women/ protection/ health/ employment/ development/ education/ cultural development/ programme recommendations

With a practical emphasis and based on experience, this publication provides guidance on programmes and approaches which ensure the needs of refugee women are met and that they are enabled to participate fully in the decisions which affect their lives. Providing an overview of refugee women-related issues in the areas of protection, health, employment/ development, education, and cultural development, the guide includes specific recommendations for NGOs, refugee women's groups, UN programmes, and governments working with refugees.

- ***Working with Refugees and Asylum Seekers***
  Horvath-Lindbert, J., Miserez, D.
  International Federation of Red Cross and Red Crescent Societies
  P.O. Box 372
  1211 Geneva 19, Switzerland
  1991 187 p. Lang/ ENG Refs.

Index: refugees/ children/ refugee trauma/ vulnerable groups/ training/ refugee workers

In response to an expressed need of national societies in the "developed world" to have refugee-specific training tools for staff and volunteers, the concepts of this handbook were formed in a two-day "brainstorming" session. Representatives of the Danish, German, Swedish, and Swiss Red Cross, officers of the League of Red Cross and Red Crescent Societies, and officers of the International Committee of the Red Cross participated in the session.

With a training-oriented format, key points and vocabulary are printed in bold type in the text. Each chapter concludes with a summary. The subject of refugee children appears in all but one chapter of the

handbook. In a concise, humane style, the handbook presents information on and ways of meeting the needs of refugees, cross-cultural considerations, stress in refugees (massive trauma, camps, torture, cultural shock, separation), and vulnerable groups (the elderly, women, disabled, children and adolescent refugees). It includes a chapter on the refugee worker defining the structure and conditions of the work and an annexe of recommendations for training course content.

- ***Workshop On Refugee Participation and Social Services In Camps and Settlements in Africa***
  UNHCR, Lutheran World Federation, World Council of Churches/ African Conference of Churches
  UNHCR
  P. O. Box 2500
  1211 Geneva 2, Switzerland
  1986 25 p. Lang/ ENG Report of a Workshop in Nairobi, Kenya

Index: refugee participation/ camps/ settlements/ Africa/ emergency stage to self-sufficiency/ groups with special needs/ recommendations from refugee participants

Refugee participation is considered in relation to total aspects of assistance from the emergency stage to self-sufficiency. There are recommendations and guidelines in four sections: general issues, actions in specific sectors, groups with special needs, and recommendations of the refugee participants for organizations working with refugees. These practical guidelines and recommendations are based on the concrete experiences of the workshop participants.

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4

EDUCATION

While it is generally recognized that education is essential to children's normal development, it would appear that the overwhelming majority of refugee children do not have access even to primary education. Symptomatic of the problem is the fact that no one is able to give even an approximate number of the total number of refugee children who have no access to education.

In many locations refugee parents have expressed the high priority they place on education by their actions. In one African location the adult refugees set up schools for children without any outside guidance or assistance despite very harsh conditions. With no equipment or supplies, adults helped children construct wooden and thatch classrooms and then took turns teaching groups of children who drew their lessons with sticks in the dirt.

For some children, becoming a refugee abruptly interrupts their education, which needs to be restored as soon as possible. This is necessary not only for intellectual reasons, but for psychological and developmental reasons as well. For refugee children, school offers a safe haven and security. It provides a routine, familiar and obtainable expectations, friends and other signs of normalcy in an otherwise uncertain existence. School provides a much needed structure and reliable daily routine for children who have been traumatized by the uprooting and displacement of their lives.

- ***Child-To-Child: Another Path to Learning***
  Hawes, H.
  UNESCO Institute for Education
  Feldbrunnenstrasse 58
  D-2000 Hamburg 13, Germany
  1988 128 p. Lang/ ENG Bibl. Child-To-Child/ Monographs 13
  ISBN/ 92820 1049 X

Index: children/ worldwide/ formal primary education/ non-formal education/ health care

While not written for refugee children, this monograph outlines a successful approach to child education and assistance utilized in a number of settings around the world, including a table of 50 examples of its use. The approach is based on three assumptions:

1. That primary education becomes more effective if it is linked closely to things that matter both to children and to their families and communities

2. That education in school and education out of school should be linked as closely as possible so that learning becomes a part of life

3. That children have the will, the skill and the motivation to help educate each other and can be trusted to do so.

There are a number of other Child-to-Child monographs listed, all related to education and non-formal education.

- ***Children In Danger: Coping With The Consequences Of Community Violence***
  Garbarino, J., Dubrow, N., Kostelny, K., Pardo, C.
  Jossey-Bass, Inc.
  350 Sansome Street
  San Francisco, CA 94104, USA
  1992 262 p. Lang/ ENG
  ISBN/ 1-5542-416-3

Index: children/ community violence/ post-traumatic stress disorder/ intervention/ safe environments/ school-based programmes/ teachers/ social workers/ psychologists/ community workers/ training suggestions

Written for teachers, social workers, psychologists, and community workers, this book is a companion to the authors' 1991 publication "No Place To Be A Child: Growing Up In A War Zone". Examining the threat to childhood development posed by firsthand knowledge of terror and violence, the book describes the need for predictable, structured, safe environments for children who have experienced trauma.

It discusses ways in which school-based programmes can provide children with continuity, enhance their resilience, and promote the development of their coping skills. Suggestions for in-service training, programme implementation, and support of staff are included.

- ***Children of History***
  Zimbabwe Foundation of Education with Production Academic Books
  Box 567
  Harare, Zimbabwe
  1992 91 p. Lang/ ENG
  ISBN/ 0-949229-20-2

Index: child combatants/ Zimbabwe/ teaching history/ for teachers and students/ field workers

Written for teachers and students, this book has a unique, participatory approach to teaching history as well as the subject of armed conflict. The book explains the history of the Zimbabwe war of independence, the historical process, the meaning of historical truth, and the difference between official history and personal experience. The simply written text incorporates first hand accounts of students in a history class project who were between the ages of 7 and 20 when they joined the Zimbabwe liberation struggle. It looks at their reasons for and ways of joining, experiences in guerilla warfare training camps and their return to Zimbabwe.

The book is a practical resources for those in the field who teach children affected by their own or their family's experiences of armed conflict. It includes guidelines and suggestions for students to research and write about history in their own region.

- ***Developmentally Appropriate Practice in Early Childhood Programs Serving Children From Birth Through Age 8***
  Expanded Edition
  Bredekamp, S. (Ed.)
  National Association for the Education of Young Children
  1834 Connecticut Ave. NW
  Washington DC 20009-5786, USA
  1987 87 p. Lang/ ENG Bibl.
  ISBN/ 0-935989-11-0.

Index: children from birth through 8/ early childhood programmes/ developmentally appropriate practices

Representative of the U.S. early childhood professionals' consensus and the NAEYC's position statement, this book defines and describes developmentally appropriate practice in programmes for children from birth through age 8. Based on the premise that a high quality early childhood programme provides a safe and nurturing environment that promotes the physical, social, emotional, and cognitive development of children while responding to the needs of families, it identifies age and individual appropriateness as the two primary components in developmentally appropriate practice. Guideline statements include descriptions of appropriate and inappropriate practices categorized by age groups: birth to age 3, 3-year-olds, 4-5-year-olds, and 5-8-year-olds. It includes a brief chapter relating four key elements to helping children make transitions from one group or programme to another.

- ***Diagnostico Integral para la Deteccion de Problemas de Aprendizaje en Ninos Escolares Nicaraguenses en Centros de Refugio: Los Casos de Tilaran y Alvaperal***
  Villalta, G., National Coordinator & Alvarez, I., Consultant
  Convenio MEP/ ACNUR/ DIGEPARE
  San Jose, Costa Rica
  1988/12 17 p. Lang/ SPA

Index: child refugees/ preschool/ primary school/ Nicaraguan/ Costa Rican camps/ learning problems/ detection/ intervention

This is a study on the detection of learning problems in Nicaraguan school-age children in refugee camps, specifically Tilaran and Alvaperal, in order to improve educational results. The children in this study were preschool and primary-school age. A programme was developed that consisted of:

- a design stage in which a diagnostic instrument was applied to each child. The instrument emphasized the role of the teacher in assisting children with learning disabilities, and gathered information about each child;

- a second stage in which refugees were visited in order to coordinate the application of the instrument with the teachers.

The report's recommendations include a need for specialized staff to deal with severe behaviour or learning problems, a smaller child/ teacher ratio, and the importance of bringing parents into the learning process.

- ***Education and Its Impact on Family Health: Implications for Refugee Programming***
  Segal, M., Nyirongo, N., Mtsuko, D.
  International Rescue Committee
  386 Park Ave. South
  New York
  NY 10016, USA
  1991 14 p. Lang/ ENG

Index: refugees/ mothers/ education/ family health/ nutrition/ training

Noting that the mother's educational level may be the single most significant determinant of a family's health and nutrition, this paper cites findings of a 1984 Family Formation Survey in Malawi that substantiates the importance of the mother's education on the family's use of health services. Survey findings related to child vaccination and use of child spacing services are presented. There are specific recommendations on ways to strengthen educational services in the context of funding constraints. These include distributing available funding for education more equitably between primary and higher levels of education and among asylum countries, making better use of technical and other resources within the United Nations system, and conducting a comprehensive survey of refugees. With a view to strengthening education and training services, a list is presented of possible areas for collaboration between the IRC and the Ministries of Education and Community Services.

- ***Organizing Primary Education for Refugee Children in Emergency Situations: Guidelines for Field Managers***
  Mortensen, K.
  UNESCO
  Frederiksberg, Denmark
  1988/ 6 40 p. Lang/ ENG

Index: child refugees/ emergencies/ worldwide/ primary education/ guidelines/ UNHCR field workers

While only in draft form, these are the only planning guidelines identified specifically for the development of primary education for refugee children. The guidelines include two separate documents. The first offers practical advice for "field managers", personnel engaged in planning and implementing a primary education programme for refugee children. In this section, background information is included on the importance of primary education for refugee children and the considerations in establishing it. Also included are a set of conditions that must be met before a primary education programme can be started. There is a comprehensive checklist of information to be gathered for educational needs assessment and planning in a ready-to-use format.

The second document in the guidelines is directed to the UNHCR field personnel whose involvement and support would be needed in the development of a primary education programme but who would not bear direct responsibility for its planning and implementation. It explains the right of refugee boys and girls to relevant education of acceptable quality. The link between primary education and a durable solution is described.

- ***Preventive Mental Health in the ESL Classroom: A Handbook for Teachers***
  Cohon, J., Lucey, M., Paul, M., Penning, J.
  Distributor: American Council For Nationalities Service
  95 Madison Ave., New York NY 10016, USA
  1986 54 p. Lang/ ENG Bibl.

Index: adolescent refugees/ adult refugees/ ESL students in the U.S./ education/ mental health/ primary prevention for teachers

This manual was prepared for use within the U.S. with ESL students. This would typically focus on adolescents and adults. The materials are quite useful in their recognition that emotional and mental health plays a critical role in how well people learn. It begins with the premise that ESL (English as a Second Language) teachers are on the "frontline" on the resettlement front and will encounter a number of students needing support for a variety of reasons. Inevitably teachers are drawn into closer involvement and even counselling with students. The manual is an effort to direct teachers into areas that will be safer and more productive to both student and teacher where mental health efforts are the focus. The book promotes psychological well-being as a means of preparing them for stressful periods in their lives. Sections focus on primary prevention roles for teachers and the ways in which this can be carried out in the classroom through methods of observation, evaluation and utilizing community resources on behalf of students.

- ***The Refugee Child and the Child-To-Child Programme***
  Child-To-Child
  UNESCO Institute for Education
  Feldbrunnenstrasse 58
  D-2000 Hamburg 13, Germany
  1990 8 p. Lang/ ENG

Index: child refugees/ disabled children/ refugee camps/ children's activities/ assisting with health care/ games and story telling/ children's feelings

"This booklet is prepared for refugee leaders, parents, camp administrators, teachers, health workers and other adults involved in camp activities, who are keen to organize constructive activities for the children and improve their general welfare." It applies the child-to-child programme principles to the refugee

setting, encouraging children to help in such tasks as:

- visiting each house to find out which children are thin or malnourished;
- looking for children in need of immunizations;
- helping health workers find children who did not return for feeding supplements or clinic follow-ups;
- organizing games and story telling for younger children.

Other activity sheets listed for use include such topics as:

Health Scouts	Care of Children with Diarrhoea
Accidents	More Health Foods (malnutrition)
Toys and Games	Our Teeth
Playing with Younger Children	Looking After Eyes
Early Signs of Illness	Handicapped Children
Understanding Children's Feelings	Caring for Children Who are Sick

Readers are requested to send ideas or experiences to them for use in future activity sheets and instructions for work with children.

- ***Schools for Khao I Dang Holding Centre: A Discussion Paper***
  Williamson, J.
  UNHCR
  P. O. Box2500
  CH-1211 Geneva 2, Switzerland
  1979/ 12 16 p. Lang/ ENG

Index: child refugees/ Cambodians in Thailand/ rural camp/ primary school system/ issues for consideration

This paper was written in the two weeks after the opening of the Khao I Dang camp for Cambodian refugees. It identifies the major factors to be considered in setting up a primary school system in the camp. It was based on interviews with Cambodian leaders and former educators living in the camp. Topics mentioned for consideration include anticipated number of students and teachers, basic requirements for classrooms, subjects for instruction, and equipment and supply requirements. Also included are planning and organization issues to be considered and projection of numbers of students, teachers, and classrooms. Not a technical planning document, the paper is basically a common sense identification of basic issues requiring consideration in the planning of a primary school system for the camp.

- ***Special Education For Mentally Handicapped Pupils - A Teaching Manual***
  Miles, C.
  Mental Health
  Peshawar, Pakistan
  1987/ 01 156 p. Lang/ ENG/ URDU Bibl.

Index: mentally handicapped children/ Pakistan/ culturally-appropriate education/ teacher trainees/ non-professional teachers/ volunteer teachers

A manual prepared especially for Pakistani trainee teachers in the field of "mental handicap "or "mental retardation," this document takes western theories and presents them in a practical and culturally

appropriate style. It provides a well thought-out and responsible method of assessing and increasing the quality of life for children. The book uses a "Where There Is No Doctor" approach and the information is easy to understand. A number of activities are included in each discussion of age-appropriate teaching of handicapped children. It gives a simple explanation for the causes of mental handicaps, and the different ways in which handicapped children learn. This carries over into suggestions for implementing activities in groups, work with families and specific learning topics such as numbers, communication and physical development. The blend of English and Urdu keeps the dialogue to a simple to comprehend level and increases the book's usefulness in teaching non-professionals and volunteers how to assist children when few resources are available.

- ***Students From Indo-China: Educational Issues - A Resource Book***
  Kelly, P., Bennoun, R.
  Australian Centre for Indochinese Research
  704 Canterbury Road
  Surrey Hills
  Victoria 3127, Australia
  1984 149 p. Lang/ ENG
  ISBN/ 642 87414 X.

Index: Indochinese refugee students/ resettlement in Australia/ multicultural education/ five-year study

A resource book for educational personnel based on a five year study in which Indochinese students, ex-students, parents of students, and their teachers participated. The book describes the situation of Indochinese youth in Australian schools (circa 1984) and provides cultural, social, educational, and attitudinal information about these youth. It is a resource for understanding the differences between Indochinese cultural groups as well as a practical, multicultural educational programme for refugee youth within an existing national school system. While the material is somewhat dated, it is an example of the kind of book that would prove so useful to have on all cultural groups of refugee children entering school systems following their displacement.

- ***Toys For Fun: A Book of Toys for Pre-School Children***
  Carlile, J. (Ed.)
  MacMillan Publishers Ltd., London
  Teaching Aids at Low Cost
  P.O. Box 49
  St. Albans
  Hertfordshire AL1 4AX, England
  1988 64 p. Lang/ ENG/ others
  Illustrations for constructing simple toys are included.
  ISBN/ 0-333-46704-3

Index: preschool children/ disabled children/ worldwide/ making toys

A collection of illustrations and drawings of children's toys and activities to prepare according to age and need. The toys selected require a minimum of construction and materials. Chapters include toys for children under two, for three to fives, for encouraging development, for disabled children, outdoor play, and ideas from around the world. Presented in a multi-language format.

5

ARMED CONFLICT

It is tragic to note that for large numbers of refugee children, being a refugee goes hand in hand with living or even spending your entire childhood under the threat of armed conflict. Civilian casualties make up the overwhelming loss in most conflicts, whether internal or between countries. It is becoming increasingly necessary to design service delivery that can be conducted into active areas of fighting, and increasingly children are subjected to long periods of living under siege. This can vary from extended periods of heavy shelling to being part of a civilian community caught between two armies and preyed upon by both sides. The effect for children is understandably devastating as it is for the family and community as a whole.

- ***Bosnian Children of War: the Adoption Question***
  Williamson, J.
  International Social Services American Branch
  U.S. Committee for Refugees
  1025 Vermont Ave. NW, Suite 920
  Washington DC 20005, USA
  1993 14 p. Lang/ ENG

Index: children/ Bosnia/ Croatia/ adoption/ development needs/ psychosocial needs

Based on a site visit to Croatia in April 1993, the conclusions in this paper are drawn from extensive interviews with refugee families, professional staff working with children throughout the region, international organizations (UNICEF, UNHCR, Red Cross), and government officials. It examines the issue of adoption in view of the national adoption laws of Bosnia and Croatia and in regard to the international standard adopted in the 1960 UN European Seminar on Inter-Country Adoption. This standard, recognized as a guideline in times of conflict, states that in times of war and other disasters, "special care must be taken to prevent hasty placement of children outside their own countries."

Citing the need for a more comprehensive view of assistance than mass adoption, the paper concludes with recommendations in consideration of the "best interest" of children, families, and communities in the context of war and its aftermath. The practical recommendations in this paper offer assistance without isolating or separating children as a group and with attention to the psychosocial and development needs of children.

- ***Child Victims of Armed Conflict***
  Radda Barnen
  147 rue de Lausanne
  CH-1202 Geneva, Switzerland
  1984 64 p. Lang/ ENG

Index: children/ unaccompanied children/ Southeast Asian/ Lebanese/ armed conflict/ legal protection/ psychosocial effects

In 1984 the Board of the NGO Committee for UNICEF organized an NGO forum in connection with a meeting of the UNICEF Executive Board. The Forum comprised four workshops designed to bring together persons involved in programmes directly affecting children. This report contains the texts of speeches given during the Forum workshop on Child Victims of Armed Conflict and the resulting recommendations made to the UNICEF Executive Committee. The speeches encompass such issues as unaccompanied children and legal instruments to protect children, as well as reports on URMs from Southeast Asia and the effects of armed conflict on the children of Lebanon.

- ***Children and War:***
  Proceedings of Symposium at Siuntio Baths
  Kahnert, M. (Ed.), Pitt, D. (Ed.), Taipale, I.
  GIPRI, IPB, Peace Union of Finland
  Sahkottajankatu 6
  00520 Helsinki 52, Finland
  1983 275 p. Lang/ ENG Bibl.
  ISBN/ 951-95691-6-2

Index: children/ war/ children's viewpoint

This collection of papers resulted from the first International Symposium on Children and War which took place in Finland in March of 1983. It is described as a set of 25 contributions on different aspects relating to children and war by the gathering of over 100 experts in this area. It is significant as there were very few documents of this kind available at the time and it provides a view into some earlier thoughts on this very complicated issue. It is presented as a civilian point of view on war with the eyes of a child and was meant to be a preventive measure to future violence. It includes a list of early literature on children and war.

- ***Children as Targets: A Report on Military Violence Against Children in the Occupied Territories in 1988***
  Radda Barnen
  Tegeluddsvagen 31
  Box 27320
  S-10254 Stockholm, Sweden
  1989/ 02 28 p. Lang/ ENG Unpublished paper

Index: children/ adolescents/ Occupied Territories/ military violence

A detailed account of the many incidents of children as victims of military actions within the Occupied Territories during 1988. The report concludes that during the Palestinian uprising, children and adolescents were shot at by the Israeli Defence Force and sometimes killed or disabled, children were beaten, infants died from an indiscriminate use of tear gas, adolescents were arrested and detained, schools were closed, and homes were destroyed or sealed off. In an appendix, the Israeli Foreign Ministry addresses each charge.

- ***Children in Situations of Armed Conflict in Africa***
  Selected papers from the Conference on Children in Situations of Armed Conflict in Africa
  Sponsors: African Network on Prevention and Protection Against Child Abuse and Neglect (ANPPCAN), United Nations Children's Fund (UNICEF), and Radda Barnen
  ANPPCAN
  P.O. Box 55430
  Nairobi, Kenya
  1988 144 p. Lang/ ENG

Index: children/ Africa/ armed conflict/ impact/ safety/ response of humanitarian agencies/ legal protection

This book was published following the Conference on Children in Situations of Armed Conflict held in Nairobi in July, 1987. Participants came from agencies, both public and private, and private individuals. The sponsors felt the conference was necessary for the safety of children in the many persistent situations of armed conflict where they run the risk of being killed, maimed, starved or denied essential life supports.

Section A summarizes the opening presentations and statements. Section B is selected papers on the "Impact of Armed Conflict on Children." Section C is focused on "Safety and Ameliorative Programmes for Children in Situations of Armed Conflict." Section D includes "Experiences of Humanitarian Agencies," Section E is on "Research and Networking," while Section F includes the papers on "International Humanitarian Laws for the Protection of Children."

The scope of the conference and the book is defined as the range of concern regarding children in situations of armed conflict starting with the initial phases of conflict itself and continuing even after the conflicts have been resolved, into the stage where children are integrated back into normal daily life in society, taking into account their developmental needs.

- *Children In War: A Guide to the Provision of Services*
  Ressler, E., Tortorici, J., Marcelino, A.
  United Nations Children's Fund Programme Publications
  3 UN Plaza
  New York
  NY 10017, USA
  1993/ 03 288 p. Lang/ ENG Bibl. Photo essay included
  ISBN/ 92-806-2089-4

Index: children/ unaccompanied children/ armed conflict/ impact/ injury/ abuse/ imprisonment/ psychosocial needs/ education/ services

This book focuses on armed conflict and its impact on children. Drawing on the results of questionnaires, extensive interviews and site visits as well as a review of literature and research, the authors' goal is to present a conceptual framework and information about how some of children's needs are being met. It is meant to stimulate creative thinking for improving programmes for children worldwide. The objectives include information on the impact of present-day conflicts on children and families, special needs of children that can be anticipated and monitored, how to identify children with special needs, principles for programme responses, adaptive programme strategies and available literature and special resources. The opening discussion on armed conflict and children is followed by a conceptual framework for addressing war's negative effects on children. The second half of the book considers different impacts of conflict on children and what is being done to counter these impacts. A number of helpful examples and vignettes accompany the text. It concludes with an extensive collection of journal articles, reports and books in a bibliography of topics related to the provision of services to children in situations of armed conflict.

- *Children of Mozambique: The Cost of Survival*
  Boothby, N., Sultan, A., Upton, P.
  Issue Paper by the U.S. Committee for Refugees
  1025 Vermont Ave NW
  Washington DC 20005, USA
  1991/ 11 34 p. Lang/ ENG

Index: children ages 6 to 15/ Mozambique/ war/ abuse/ trauma/ child combatants/ interviews/ mental health issues/ response

The authors of the paper worked extensively on the Children and War project carried out within Mozambique to assist children in tracing, family reunification and mental health assistance. During the course of this project approximately 504 children were interviewed about their war experiences. In addition, the parents, teachers and caretakers of 105 of these children were also interviewed. This paper is a compilation of some of these interviews and the more personal accounts given by the children, ages six years to fifteen years old. The study gives some statistical information concerning the extent of abuses that occurred for children and further discusses the extent of their traumatic experiences. The report concludes with information regarding appropriate responses to this extreme situation.

- *Children Of War*
  Rosenblatt, R.
  Anchor Books
  Doubleday & Company, Inc.
  666 5th Ave
  New York NY, USA
  1984 212p. Lang/ ENG
  ISBN/ 0-385-18272-4

Index: children/ armed conflict/ Belfast/ Israel/ Lebanon/ Cambodia/ Vietnam/ personal accounts

This is a personal account of an American journalist's 40,000 mile journey to seek out and interview children growing up in the war zones of Belfast, Israel, Lebanon, Cambodia, and Vietnam. The book describes the thoughts, feelings, experiences, and characteristics of these children who had known nothing but war in their lives. It is also the children's personal accounts of life experiences in armed conflict in their own words.

- *Children of War: Survival as a Collective Act*
  Boothby, N.
  Duke University
  4875 Duke Station
  Durham
  NC 27706, USA
  1991 26 p. Lang/ ENG Bibl. Unpublished paper

Index: children/ war/ Mozambique/ trauma/ physicalproblems/ psychosocial problems/ family/ community

A study of child survivors of the war in Mozambique, many of whom suffer physical and psychological problems. The author examines what makes war uniquely stressful for children, what is known about how children respond to this kind of trauma, and how the influences on a child's life, from family to school to community, affect how these experiences impact on the the child's developmental outcome. He also describes in detail his work with child combatants in Mozambique, and follows the progress of 42 boys who survived the trauma and have returned to their families.

- *Children of War: Victims of Conflict and Dislocation*
  U.S. Government Printing Office
  Superintendent of Documents, Congressional Sales Office,
  U.S. Government Printing Office,
  Washington DC 20402, USA
  1990 111 p. Lang/ ENG Stats.

Index: children/ war/ health/ nutrition/ education/ psychosocial health/ mental health/ physical health

The 1990 Children of War Hearing before the U.S. Senate Subcommittee on Children, Family, Drugs and Alcoholism of the Committee on Labor and Human Resources was held during the time President Bush was reviewing the UN Convention on the Rights of the Child and several days prior to a related Senate Foreign Relations Committee Hearing. This document records the Hearing statements and discussions examining the effects of war and dislocation on children. Speakers at the Hearing included professionals with field experience representing all aspects of child development, and two child victims of war.

- ***Community of Confinement: The Mental Health Crisis in Site Two (Displaced Persons Camps on the Thai-Kampuchean Border)***
  Mollica, R., Jalbert, R.
  Committee on Refugees and Migrants
  The World Federation for Mental Health
  c/o Dr Eugene Brody
  P. O. Box 6815
  Baltimore
  MD 21285-6815, USA.
  1989/ 02 76 p. Lang/ ENG Bibl. Stats.
  Unpublished report of a field visit

Index: adult refugees/ rural camps/ Thai-Kampuchean border/ serious mental illness/ survey

This report is written through the eyes of visiting psychiatrists to one of the larger border camps. It offers a description of conditions found at the time of the brief visit to the camp of 175,000 displaced persons from Cambodia. The purpose of the visit was to assess the seriousness and prevalence of mental health problems and to make appropriate recommendations given the circumstances of the Site Two location.

Not surprisingly, the psychiatrists found a complete lack of available data on mental health problems within the camp and quickly narrowed their focus to surveying the seriously mentally ill. The recommendations that came from such a brief stay in the area are quite broad and point to an obvious need to develop community capacity where possible, identify and assist those who are a danger to themselves and others, and urges the recruitment of more psychiatrists for the population surveyed. While not relevant to many refugee settings, it is interesting to look at what the team chose to look for in their brief time there and the resources they utilized in gathering the information. The report is not specific to children but does include cursory information on them within the population.

- ***Effects of War on Children: The Case of Lebanon***
  Nasr, J.
  Institute for Women's Studies in the Arab World
  Beirut University College
  Beirut, Lebanon
  1985 11 p. Lang/ ENG Bibl.

Index: children/ Lebanon/ armed conflict/ physical problems/ psychosocial problems/ educational problems/ intervention programmes/ obstacles/ recommendations

This paper discusses the plight of the many Lebanese children and youth who spent their entire childhood and preadolescence surrounded by armed conflict, and asks the question, "How has the nature and extent of affliction resulting from the war in Lebanon affected the children's total development?". It answers by examining the damage done to children's physical, social, emotional, cognitive, and moral development.

The paper also investigates the types of programmes run by national and international aid organizations in Lebanon, the obstacles in the way of the programmes, and offers recommendations for planning and coordinating intervention programmes.

- ***Evacuation of Children From Conflict Areas***
  Ressler, E.
  UNHCR and UNICEF
  UNHCR
  P. O. Box 2500
  CH-1211 Geneva 2, Switzerland
  1992/ 12/ 12 32 p. Lang/ ENG Bibl.

Index: children/ former Yugoslavia/ armed conflict/ evacuation guidelines/ application of child welfare principles

Based on a joint mission to the former Yugoslavia in September 1992, this paper outlines considerations and guidelines for the evacuation of children from an area of armed conflict. While specific to one region, it is valuable in its thoughtful application of child welfare principles in such emergencies. The locations, actual details and logistics will vary, but the humanitarian and child welfare needs will not, and this is clearly stated in the report. The paper recalls past experiences with children and evacuations. The conclusions and commentary identify key issues and provide practical consideration for carrying out such an emergency measure based on the impact it will have on the children involved.

- ***Evaluation of the Children and War Program***
  Green, E., Williamson, J., Nimouno-Parente, P.
  Technologies for Primary Health Care (PRITECH) Project
  1925 North Lynn Street, Suite 400
  Arlington
  VA 22209, USA
  1993 75 p. Lang/ ENG Stats.

Index: child refugees/ Mozambican/ Mozambique/ Malawi/ Zimbabwe/ war/ Save the Children "Children and War" program/ evaluation/ methods/ practical recommendations

An evaluation report of the ongoing Save the Children (U.S.) programme that focuses on refugee children and psychosocial issues. Funded by USAID/ Mozambique and other government and private donors, the project is a sub-regional programme in Mozambique, Malawi, and Zimbabwe. It aims to assist children affected by the war in Mozambique through documentation, tracing, and reunification, placing children in foster care when necessary, and providing for their psychosocial needs through various interventions. Describing the programme's strengths and weaknesses, the report provides practical recommendations to ensure sustainability.

- ***Helping Children Cope with the Stresses of War: A Manual for Parents and Teachers***
  Macksoud, M.
  United Nations Children's Fund Programme Publications
  3 UN Plaza
  New York, NY 10017, USA
  1993/ 02 139 p. Lang/ ENG
  (A draft of this manual was field tested in Arabic)
  ISBN/ 92-806-2087-8

Index: children/ adolescents/ wartime stress/ problem behaviours/ psychological needs/ schools/ refugee camps/ community programmes/ parents/ teachers

This manual addresses the identifiable behaviours of children subjected to the ongoing ill effects and extreme stress of war and other forms of systematic violence. It is quite brief in its explanations and begins with descriptions of nine wartime experiences that are deemed stressful for children. The first part presents extremely abbreviated information on the distinctions between "normal" and "severe," the need to identify the causes of such reactions and the characteristic reactions of children at different ages. The second part presents two extremely abbreviated guidelines for parents and for teachers for dealing constructively with children's reactions to stress by developmental ages. Other topics touched on are example sentences to utilize when talking to children and identifying problem behaviours that require more assistance than parents or teachers can offer.

- ***Los Ninos, Victimas de la Guerra***
  Metraux, J.
  Centro de Publicaciones INIES
  Apartado postal C-16
  Managua, Nicaragua
  1988 199 p. Lang/ SPA Bibl.

Index: children/ armed conflict/ Nicaragua/ normal emotional development

This book was written for social workers who deal with the child victims of war in Nicaragua, and also with those children who are affected by social and family conflicts, such as abuse and abandonment. The book explores the following issues: the emotional development of children from infancy to adolescence; child-parent relationships; how death and mourning affect children; the psychological problems of displaced persons and refugees, including repatriation, unaccompanied children, and foster care; the psychological problems of children who have witnessed or experienced armed conflict; and the problems of young adult combatants.

- ***No Place To Be A Child: Growing Up in a War Zone***
  Garbarino, J., Kostelny, K., Dubrow N.
  D.C. Heath and Company (Pub.)
  Lexington Books (Dis.),
  Lexington MA, USA
  1990 177 p. Lang/ ENG Bibl.
  ISBN/ 0-669-24441-4

Index: children/ armed conflict/ U.S./ Cambodia/ Mozambique/ Nicaragua/ Palestine/ psychological problems

This an excellent book for introducing others to the heartrending situations and everyday misery and fear that many of the world's children face on a daily basis. It provides a number of descriptive accounts of the authors' extensive travels to interview and observe children in several war zones. One interesting aspect of the book is the inclusion of certain American cities as examples of urban war zones with references to the similarities for children across these very different living situations.

- ***The Protection of Children in Armed Conflict***
  Occasional Papers of the International Union for Child Welfare (Available from ICCB)
  63 rue de Lausanne
  1202 Geneva, Switzerland
  1980 32 p. Lang/ ENG Bibl.

Index: children/ refugees/ immigrants/ displaced/ armed conflict/ international protection/ camps in Jordan/ child welfare/ social work/ Nigeria/ Indochinese/ reception s in Switzerland

These papers review the problem of the protection of children in armed conflicts, whether that means actually being in the middle of war, or being refugees, displaced, or migrants as a result of war. The papers cover the following topics: an examination of international agreements that protect children in armed conflicts; a study of two refugee camps in Jordan in 1980 and the problems found there; "Issues in Child Welfare Intervention: A Study of the Rehabilitation Programme for War-Displaced Children in Nigeria," which identifies issues raised by the rehabilitation programme that came into effect during the Nigerian Civil War (1967-70), and evaluates the programme from a social work and child welfare perspective; and a short study of Indochinese refugees in reception centres in Switzerland.

- *Psychological Effects of War on Children*
  UNHCR
  P. O. Box 2500
  CH-1211 Geneva 2, Switzerland
  1988/ 8 56 p. Lang/ ENG

Index: children/ residential homes/ Mozambique/ war/ child combatants/ trauma/ interviews/ camp-by-camp recommendations

This report deals with the psychological problems of children who had been in Mozambique National Resistance bases in Mozambique, but its findings apply to all children affected by war. The authors of the paper visited a number of residential homes for children and centres for displaced persons with the following objectives:

- to examine the psychological state of children who had been in MNR bases and suggest ways to help them;
- to consider how existing programmes for children in difficult circumstances could be extended, particularly when treating psychological problems caused by war;
- to advise on the role of international aid in these areas.

The paper details the findings of the visits and offers recommendations that encompass the importance of family reunification, establishing community-based and school-based support, and recommendations specific to street children.

- *Psychological Effects of War on Young Children*
  Young, F.
  American Journal of Orthopsychiatry
  George Banta Publishing Company
  Menasha, Wisconsin, USA.
  1947 p. 500-510 Lang/ ENG Volume XVII
  (single copy available from ICCB)

Index: children aged 3-7/ U.S./ WWII/ psychosocial problems

This is one of the few early documents available which examines psychological effects of war and allows us a rare view into the thinking of the World War II period. The study is based on data from interviews with the mothers of 120 children in the state of Georgia in the U.S.A. The children were aged three to

seven. The mothers were asked if their children had been affected in any way by the war. The mothers reported an increase in behaviour problems, anger, irritability, hatred of the enemy, and "nervous habits."

- ***Psychological First Aid and Treatment Approach to Children Exposed to Community Violence: Research Implications***
  Pynoos, R., Nader, K.
  Journal of Traumatic Stress, Vol.1, No.4
  1988 29 p. Lang/ ENG Bibl.

Index: preschool through adolescent children/ U.S./ community violence/ trauma/ bereavement/ preventive interventions/ classroom/ individual/ family/ group/ research findings

Based on the work of a preventive intervention research and clinical programme for children exposed to trauma, violence, and sudden bereavement (U.S.), this paper discusses research findings and their implications regarding children's responses to community violence. It summarizes characteristic reactions of children exposed to violence and suggests procedures for triage and risk screening. The paper outlines early intervention and provides detailed steps for preschool through adolescent age-appropriate psychological support. Focusing on the symptom groupings of PTSD, grief, worry about another, and experience with previous trauma, it describes interventions designed according to target settings of treatment: classroom, individual, family, and group.

- ***The Rehabilitation of Former Child Soldiers***
  Jareg, E., McCallin, M.
  ICCB
  63 rue de Lausanne
  1202 Geneva, Switzerland
  1993 30 p. Lang/ ENG

Index: children/ Sierra Leone/ child combatants/ rehabilitation

In June 1991, in compliance with the ratification of the UN Convention on the Rights of the Child, the government of Sierra Leone demobilized 370 children aged 8 to 17 years from the government forces. These children had been actively involved in the ongoing conflict with rebel forces. They were placed in three homes in which there were caretakers and teachers employed to work with them. This publication is a report of the proceedings and recommendations of a training workshop for the care-givers. Conducted two months after the children were demobilized, the emphasis of the workshop was on understanding the situation of the children and the effects of their participation in armed conflict within the context of their ongoing developmental processes. It was structured to determine, with the participants, the implementation of a rehabilitation programme appropriate to the children's needs.

- ***Report from Workshop to Exchange Experiences of Psychosocial and Psycho- therapeutic Work with Displaced Populations in Central America***
  Thomas, N.
  Radda Barnen
  Box 27320
  S-10254 Stockholm, Sweden
  1985 79 p. Lang/ ENG Bibl.

Index: displaced persons/ children/ Central America/ guidelines

Held in Mexico City, the 1985 workshop brought together 30 participants who were involved in various aspects of work with displaced populations in the Central American region. It provided a forum for psychologists, psychiatrists, social workers, and humanitarian aid practitioners on the issues of populations displaced by war. This report contains a summary of the key aspects of the workshop presentations and group discussions as well as a series of conclusions and recommendations. The majority of the presentations were child-oriented. They ranged from a psychoanalytical case of an 8-year-old Central American refugee, to a basic framework for identification and treatment guidelines on the main problems facing displaced children, to an emergency programme for severely malnourished Guatemalan children. The conclusions and recommendations reflect that given the regional situation, it is impossible to isolate children from their families, communities, and overall context either in understanding their problems or designing programmes to address them. An annexe provides a summary of studies conducted on the issue of children and war in Europe, the Middle East, and South America.

- ***Special Features of the Assistance and Protection of Children as Victims of Armed Conflict***
  Van Bueren, G.
  Selected Paper delivered at the International Conference on Humanitarian Assistance in Armed Conflict, The Hague.
  Published in: ***Assisting the Victims of Armed Conflict and Other Disasters.*** *Kalshoven, F. (Ed.)*
  Martinus Nijhoff Publishers
  P.O. Box 163
  3300 AD Dordrecht, The Netherlands
  1989 p. 127-138 Lang/ ENG.
  ISBN/ 0-7923-0163-3

Index: children/ worldwide/ armed conflict/ UN Convention on the Rights of the Child

The author explores how international humanitarian law is or can be used to protect the rights of children affected by armed conflict. She discusses the potential of the Convention on the Rights of the Child (then still in draft form) to further existing measures to protect children in armed conflict, and states that ideally it will make it possible to "initiate specific projects aimed at improving the daily lives of some of the children who are caught up in armed conflicts.

- ***War, Violence and Children in Uganda***
  Dodge, C., Raundalen, M. (Eds.)
  Norwegian University Press; UNICEF
  United Nations Children's Fund Programme Publications
  3 UN Plaza
  New York NY 10017, USA
  1987 159 p. Lang/ ENG.
  ISBN/ 82-00-18408-0

Index: child combatants/ Uganda/ war/ social conditions/ stress/ psychological issues/ coping/ intervention

This book is the result of a steady increase in the number of children being used as combatants that coincides with a decrease in the age of child combatants. It mentions the earliest reports of children in war from the 1940s and outlines the background to war and violence in Uganda. There are four investigations on stress among children in Uganda in one section. The literature review identifies the

major psychological issues to consider: anxiety, nervousness and phobias, then grief, depression and pessimism for the future. There is a discussion of aggression with examples drawn from the literature, and finally, a brief section on adaptation to war conditions and threats. The last chapter looks at efforts to help children cope and describes a method that was successfully used in Israel. It concludes with the suggestions that further research should aim towards identifying the consequences for child development, a better understanding of how children cope, outlining immediate and long-term intervention efforts and evaluating such interventions.

● ***War-Related Stress: Addressing the Stress of War and Other Traumatic Events***
Hobfoll, S., Spielberger, C.
American Psychologist
1991 p. 848-855 Lang/ ENG. Vol. 46, No. 8,
ISSN/ 0003-066X

Index: military personnel/ children/ Persian Gulf War/ psychological, psychosocial, and psychosomatic disorders/ prevention/ treatment/ readjustment

This article was prepared as a result of a task force convened to develop strategies for prevention and treatment of psychological, psychosocial and psychosomatic disorders as a result of the Persian Gulf War. It also included other extreme stressors facing communities. The goal was to develop guidelines for public policymakers, mental health professionals, and other persons directly affected by the war's stress.

Two elements were identified in the group's discussions. One recognized that the greater the threat of loss or actual loss to which individuals were exposed, the greater the level of risk. The second factor was that the fewer coping resources an individual had, the more likely that he or she would be overwhelmed by the losses or threats of loss encountered. The task force focused on the return home, reunion and reintegration of service personnel with their families and work. Typical stress reactions and modes of coping that would be destructive or ineffective were outlined and suggestions were made for monitoring these. Special attention was given to children's reactions and needs and two of the recognized risk groups to be monitored included children of service personnel and children in general. The importance of the community was stressed as was the conclusion that readjustment was not a short-term process. It is interesting to consider this perspective of returning military personnel and their families following exposure to trauma as the intervention tool it could be in a number of situations.

6

GRIEF AND BEREAVEMENT

It is difficult to enumerate the many losses refugee children experience. There are the obvious ones of family members, home and country. Then there are the less obvious ones of language, culture and community. For children, loss includes school, education, and familiar play, games and toys.

Over time, children experience the loss of living in a "normal" setting, and the ability to recognize their roles and expectations within their own community. Loss extends to family roles and the opportunity to see their fathers and mothers carry out previous livelihoods or interests. There is often even a lack of many positive adult role models due to the forced idleness camp life often imposes on the adult population.

Often refugee children are forced to give up their role as children entirely and assume adult responsibilities. They lose important parts of their childhood through witnessing and experiencing terrifying and life threatening events, even becoming the victims of torture and personal assault.

Following the losses that typically occur in refugee flight and displacement, we can anticipate the need for grief and bereavement to occur for children. Children experience grief differently than adults, but they do have the same needs for a period of mourning and recognition of losses as adults. Unless this process is provided for and children feel secure enough to cope with such feelings, development will be impaired.

- *Creating Therapeutic Rituals in the Psychotherapy of the Bereaved*
  Rando, T.
  1985 Psychotherapy, Vol. 22, No.2, 5p Lang/ ENG Bibl.

Index: bereaved/ psychotherapy/ therapeutic rituals

Advocating the creation and utilization of rituals in the psychotherapy of the bereaved, this article describes nine specifically therapeutic properties of rituals to assist in the resolution of grief. It defines the criteria for appropriately designed therapeutic rituals. While not refugee-specific, the material presented in this article is applicable to any individual.

- *Cultural Bereavement and Homesickness*
  Eisenbruch, M.
  Published in: On the Move: The Psychology of Change and Transition
  Fisher, S., Cooper, C.L. (Eds.)
  John Wiley & Sons, Ltd.
  1990 15 p. Lang/ ENG Bibl. Stats.

Index: unaccompanied refugee children/ Cambodians/ in U.S./ in Australia/ cultural bereavement

Recognizing the relationship between health and culture, and that rapid social change as a result of immigration can have adverse effects on health, this article demonstrates the importance of cultural bereavement in the process of health transition in refugees. It reports a study of two groups of Cambodian URAs, 47 fostered in Cambodian care in Australia and 32 placed in American as well as Cambodian foster families in the U.S., who participated in cultural bereavement interviews. A tool to measure cultural bereavement-utilized interviews is described. This article suggests that intervention take place at three levels: to allow for and encourage the natural expression of bereavement within the refugees' cultural idiom, to provide refugees with a moratorium on acculturation, and to teach them survival skills. It advocates that uprooted youth be enabled to work through their grief without compounding their problems of alienation from their host society by also inducing alienation from their own culture. Validation of cultural beliefs through appropriate rituals and behaviours contributes to their health and well-being.

- *The Cultural Bereavement Interview: A New Clinical and Research Approach with Refugees*
  Eisenbruch, M.
  Psychiatric Clinics of North America (Pub.)
  Department of Child and Family Psychiatry
  Royal Children's Hospital
  Flemington Road
  Parkville, Victoria 3052, Australia
  1990 12 pgs. 715-735 Lang/ ENG Vol. 13., No. 4
  ISSN/ 0193-953X/ 90

Index: Southeast Asian refugees/ resettlement in the U.S./ resettlement in Australia/ cultural bereavement/ interview/ indicators/ antidotes/ cross-cultural considerations

Refugees must cope with the loss of family and homeland. This paper proposes a new concept of cultural bereavement, and presents a framework for its identification in the clinical interview with refugees. The cultural bereavement interview explores reaction to personal losses, and to the loss of both social systems

and cultural meanings. Eleven areas are systematically explored: the first nine are indicators of bereavement, and the tenth and eleventh are "antidotes" to cultural bereavement. The interview can:

a) provide a clinical framework for exploring the patient's personal and cultural bereavement;
b) clarify the "structure" of the patient's reactions to loss;
c) complement current psychiatric diagnostic categories;
d) acknowledge the patient's cultural system of meaning;
e) provide information for use in planning social supports or interventions.

- *Helping Children Cope With Separation and Loss*
  Jewett, C.
  The Harvard Common Press
  535 Albany St.,
  Boston MA 02118, USA
  1982 146 p. Lang/ ENG Bibl.
  ISBN/ 0-916782-53-0

Index: children/ separation/ death/ foster care/ adoption/ divorce/ grieving/ psychological needs

Written for adults who need to assist children in the grieving process. It is not written with refugees or different cultures in mind, but does offer sound advice on how to discuss such topics with children. It describes the stages children will go through during a loss, and offers some simple techniques for helping children to talk about their feelings of loss. It address the stages of telling a child about loss, early reactions to separation and loss, sadness, anger and aggression, making sense of separation and loss, and how loss impairs self-esteem and self-control in children.

- *Learning to Say Good-Bye: When a Parent Dies*
  LeShan, E.
  Avon Books (Pub.)
  The Hearst Corporation (Dis.)
  105 Madison Avenue
  New York NY 10016, USA
  1978/ 10 123 p. Lang/ ENG Bibl.
  ISBN/ 0-380-40105-3

Index: children/ death of a parent/ bereavement/ discussions with children

Explores in very simple terms the need for children and adults to understand and accept feelings of childhood grief. It does not address any cultural differences or beliefs but outlines a western approach to discussing death with children. For this reason, it provides a helpful outline of issues to remember and offers several examples of childish "reasoning" or how children interpret death and grief according to their developmental age.

It is useful as a very first step for those who have not discussed such issues with children before, offering a "family discussion" approach to a difficult subject. The focus on the loss of a parent is useful given the number of refugee children who experience the loss of parents or close family members through death or separation.

- *On Children and Death*
  Kubler-Ross, E.
  Collier Books
  Macmillan Publishing Company (Special Sales Director)
  866 Third Avenue
  New York, NY 10022, USA
  1983 279 p. Lang/ ENG Bibl.
  ISBN/ 0-02-076670-X

Index: parents losing children/ bereavement

Many consider the work of Elizabeth Kubler-Ross to be too removed from research and the more conservative view of death and bereavement. This book, however, is very touching and is written in a style that would be helpful to any worker who must assist parents or children in the loss of family members. It is included here because of its focus on the feelings and thoughts of parents who have lost children. It is a collection of stories and interviews with parents and families who have lost children to illness or by sudden accidents. These moving presentations touch on the main issues in family loss and it is a fine resource. While she is an American, Kubler-Ross writes with respect for non-Western approaches and customs regarding death.

- *Talking to Children About Death*
  U.S.Department of Health and Human Services
  Mental Health Education Board Room 15017,
  5600 Fishers Lane
  Rockville MD 20857, USA
  22 p. Lang/ ENG

Index: young children/ parents/ discussing death/ training

This is a well written pamphlet prepared for parents who need to discuss the issue of death with young children. The information is quite general and is meant to be adapted to individual needs. It is a short overview of the main questions children might have concerning death and it includes suggestions on why parents find this topic so difficult to discuss with children. It is very basic in its approach and would be useful as a background for training those working with children.

- *Talking With Young Children About Death*
  Bluestone-Sharapan, H., Rogers, F.
  Let's Talk About It Family Communications, Inc.
  4802 Fifth Avenue
  Pittsburgh PA 15213, USA
  1979 19 p. Lang/ ENG booklet format Bibl.

Index: young children/ parents/ discussing death

This booklet was prepared to inform parents about key issues in talking to children about death. It is useful in its simple format for presenting the ideas that are important for such a discussion. It is limited to a Western cultural approach to death but it might be a useful format to consider in presenting other beliefs and concerns for children around death and loss. The developmental issues and how these influence children's thinking of death are concerns for all children.

- ***Uprooted Children II: Cultural Bereavement Among Cambodian Unaccompanied Minors and A Model for Its Prevention***
  Eisenbruch, M.
  Department of Child and Family Psychiatry (Dis.)
  Royal Children's Hospital
  Flemington Road
  Parkville, Victoria 3052, Australia
  1984/ 10 31 p. Lang/ ENG

Index: Unaccompanied minor refugees from Cambodia/ resettlement in the U.S./ resettlement in Australia/ cultural bereavement/ interview/ indicators/ prevention/ cross-cultural considerations

This paper proposes a new concept of cultural bereavement, and presents a framework for its identification in the clinical interview with refugees. The cultural bereavement interview explores reactions to personal losses and to losses of both the social systems and the cultural meanings. (See Eisenbruch, 1990 above, *The Cultural Bereavement Interview. A New Clinical and Research Approach with Refugees*)

7

UNACCOMPANIED CHILDREN IN REFUGEE EMERGENCIES

There is presently a great deal of work to be done in providing unaccompanied refugee children with appropriate assessment of their needs, a realistic approach to mental health treatment under difficult conditions, and long-term planning for their future as adults. Development of a structure for consistent identification, evaluation and treatment must be pursued until such assistance is readily available to all those children requiring it.

Children without families, and living in difficult conditions often suffer greatly from symptoms caused by this loss and separation. With no family, they face the loss of special attention to them as individuals, a sense of belonging and the assurance that no matter what happens in the future, they can rely on the family. It becomes critical that provision of services to unaccompanied children take into account these profound losses and plan accordingly, not only for the present situation, but for years to come.

- ***Alternative Forms of Care for Unaccompanied Refugee Minors: A Comparison of US and Australian Experience***
  Zulfacar, D.
  International Social Work, Vol. 30, No. 1
  Sage Publications Ltd.,
  28 Banner St.,
  London EC1Y 8QE, England
  1987 15 p. Lang/ ENG

Index: Indochinese unaccompanied refugee minors/ resettled/ U.S./ Australia/ comparing experiences/ guidelines

A comparative analysis of provisions for the care of Indochinese unaccompanied refugee minors in the USA and Australia is presented in this paper. It describes these unaccompanied refugee minors in demographic terms and identifies the major agencies in both countries with responsibilities for providing them with care. Comparing the experiences of the two countries in developing care arrangements and the types of care, the paper pinpoints discrepancies resulting from differences in goals, objectives, and assumptions of the various care programmes. It advocates the need for guidelines, based on research and empirical testing, with clear goals and objectives to optimize the advantages of different types of care and to aid decisions on which type of care is the most appropriate for the individual unaccompanied refugee minors.

- ***Ethiopia: Assessment of the Psycho-Social Needs of Children in the Fugnido Camp***
  Williamson, J.
  UNHCR, Radda Barnen TSS Mission Report 39/ 88
  UNHCR
  P. O Box 2500
  1211 Geneva 2, Switzerland
  1988 43 p. Lang/ ENG

Index: unaccompanied refugee minors/ camp/ Ethiopia/ trauma/ psychosocial needs/ basic needs/ assessment

Report of an assessment of psychosocial needs of unaccompanied refugee minors in Fugnido Camp (spelled Pignudo in some documents), W. Ethiopia. At the time, there were approximately 18,000 unaccompanied refugee minors in the camp. The assessment team's recommendations include: the basic needs of the minors must be met first in order to meet their psychosocial needs, smaller living groups are needed in the "hostels," and a programme of documentation and screening of the minors must be initiated. Seventy-seven children demonstrated severe psychosocial disturbances related to the trauma they had experienced.

- ***Final Report on Children's Relief and Rehabilitation Activities in the Drought-Affected Province of Wollo:***
  Part 1-Family Reunification, Institutional Care and Vocational Training
  Bulcha, M.
  Regional Coordinator
  Children's Relief and Rehabilitation Programme
  Dessie, Wollo, Ethiopia
  1976/ 4

Index: unaccompanied refugee minors/ camps/ Wollo Province, Ethiopia/ family reunification/ educational programmes/ vocational training programmes/ adoption

Addresses the famine in the Province of Wollo caused by the drought of 1972-1974. Among the people who lived in relief camps during the famine were about 2,000 unaccompanied minors. The report details attempts at family reunification, establishment of guardian relationships, and the situation of the 569 children who remained unreunified at the time of the report. It describes vocational and academic training programmes, adoptions, and how the drought and famine weakened the traditional family system.

- ***Guidelines for Interviewing Unaccompanied Refugee Children and Adolescents and Preparing Social Histories***
  Williamson, J. Moser, A., Finlay, R. (Eds.)
  UNHCR
  P. O. Box 2500
  1211 Geneva 2, Switzerland
  1988 43 p. Lang/ ENG

  Prepared for use with the UNHCR Social History Forms for interviewing unaccompanied children

Index: unaccompanied refugee children in Thai camps/ pre-verbal children/ young children/ adolescents/ Cambodia/ Viet Nam/ Laos/ social histories/ cross-cultural considerations/ interviewing skills

Prepared for completing social history forms for Southeast Asian refugee children in Thailand, this document includes abbreviated information on cultural considerations and interviewing skills for working within a camp setting. It touches on working with interpreters, child development, and interviewing different age groups. It gives detailed information and instructions on a question by question basis for the form to be completed. The Social History Forms were to be completed by UNHCR social workers for all unaccompanied children within their care. This included Vietnamese, Cambodian and Lao children.

- ***Helping Traumatized Children: A Training Manual for Family Tracing and Treatment of Unaccompanied Children***
  Boothby, N., Children and War Project Staff, Mozambique
  Save the Children (USA)
  54 Wilton Road
  Westport, CT 06880, USA
  1988 24 p. Lang/ ENG/ PORTUGUESE

Index: unaccompanied children/ Mozambique/ war/ trauma/ treatment methods/ orphanages/ transit centres/ family tracing/ training materials

This English draft of a paper translated into Portuguese for use in training child care workers in Mozambique provides training materials in such areas as trauma, family separation and loss and models of working with displaced and traumatized children. It includes two questionnaires with instructions: the "Childhood Trauma Profile," and a behaviour checklist to be completed at home or school concerning the past month's behaviours. It also provides important information on the process of an active tracing programme, emphasizing reunification as the "single most important activity to assist children who have become separated from their families as a result of war or famine." It gives information on the use of group activities such as socio-drama, dance, storytelling and singing as effective treatment methods. All information is presented in a format for use as training materials.

- ***Pignudo Refugee Children Project: Final Report 1990***
  Radda Barnen Community Services and Education
  Box 2739
  S-10254, Stockholm, Sweden
  1991 8 p. Lang/ ENG

Index: unaccompanied refugee children/ camp/ Sudan/ community service programmes/ family reunification/ foster care/ mental health interventions/ primary education

Report on the second year of implementation of a UNHCR-funded programme for unaccompanied Sudanese refugee minors living in Pignudo (spelled Fugnido in some other documents). This camp was characterized by its unusual population profile. A very high proportion of the residents were unaccompanied boys, almost 15,000 of whom had been documented at the time the report was written. The community service sectors reported on include documentation and tracing, special care for mentally disabled children as well as for unaccompanied children generally, and primary education. Organized family reunification had not proceeded as planned, but had proceeded on a more limited basis. Foster care arrangements were made for 375 younger children. Preventive interventions were reported as having helped reduce the number of mentally disturbed children to below 15 at any time during the year, and the psychological condition of the unaccompanied children generally was reported to have improved. Over 20,000 children were reported to be in primary school. Mention is made of difficulties with construction of classrooms and progress made in securing textbooks and with teacher training.

- ***Refugee Children In Malawi: A Study Of The Implementation Of The UNHCR Guidelines On Refugee Children***
  Tolfree, D.
  International Save the Children Alliance
  147 rue de Lausanne
  CH-1202 Geneva, Switzerland.
  1991 145 p. Lang/ ENG

Index: child refugees/ disabled children/ unaccompanied children/ Mozambican refugees in Malawi/ armed conflict/ rural camps/ needs assessments/ nutrition/ health care/ mental health/ education/ social services

Report based on field work and a consultation conducted in Malawi in 1991. It is an examination and recommendations on the UNHCR Guidelines on Refugee Children utilizing Mozambican refugees in Malawi as as case study. The consultant's premise that the Guidelines were intended for implementation, rather than the policy paper it was written as, takes away from the usefulness of this report. It does offer practical recommendations concerning the identification of vulnerable refugee children, needs assessments, and the availability of appropriate socio-cultural information on the refugee population, the process of planning, and the Guidelines as a planning and operational tool.

- ***Psychological Factors in Relief Work During Famine and Rehabilitation: Field Guidelines***
  Jareg, E.
  Redd Barna
  P.O. Box 505 Sentrum
  0105 Oslo 1, Norway
  1987 27 p. Lang/ ENG

Index: preschool age children/ unaccompanied children/ famine/ developmental and psychological screening/ mother-child interactions/ feeding camps/ psychological factors in relief workers/

The guidelines are based on the premise that knowledge of some of the main psychological and social factors encountered during an acute hunger catastrophe, and how to deal with, them will improve the quality of the relief work and should also make the transition to rehabilitation work in the community easier. It focuses on: the feeding camp situation; children under 4 years; unaccompanied children; and psychological factors relevant to the relief workers' situation. It includes: a Check List for Assessing the Developmental/ Psychological State of the Child; assessing interactions between mother and child; a simple form for developmental screening.

- ***Suicide Prevention and the Unaccompanied Refugee Minor***
  Watson, J., Calhoun, J.
  Catholic Charities, Inc.,
  Jackson MS, USA
  1986 34 p. Lang/ ENG Stats.

Index: unaccompanied Vietnamese refugee adolescents/ U.S./ suicide prevention/ training/ case workers/ foster parents

A suicide prevention training programme for adolescent unaccompanied refugee minors, case workers, and foster parents is described in this paper. Conducted in Jackson, Mississippi (U.S.), the programme took into consideration the Vietnamese culture's prohibition against in-depth discussion of feelings outside of the nuclear family. Included in the paper are: a list of environmental indicators and behaviours indicative of suicidal ideations, an inventory of stress factors among Vietnamese refugee youth, a bilingual structured interview questionnaire for the inventory of critical experiences of unaccompanied refugee adolescents, and a report of a study to determine the extent of suicide among Vietnamese unaccompanied refugee minors.

- ***Surviving Without Parents: Indochinese Refugee Minors in N.S.W.***
  Zulfacar, D.
  N.S.W. Government Printing Office
  Australia.
  1984/ 9 127 p. Lang/ ENG
  ISBN/ 7240-7073-7

Index: unaccompanied refugee minors/ Southeast Asian/ resettled/ Australia/ survey/ method/ findings/ conclusion

In 1982 the Fairfield Refugee Youth Inter-Agency formed a working group to assess the needs of Indochinese refugee minors and to devise an approach to service delivery for this group. The author investigated the settlement of this group by conducting 191 interviews with minors ages 8-21 and talking with community organizations. The report presents the background to the study, the study method, the findings in terms of survey data and major issues for different ethnic groups, and issues arising from the research. Findings encompass coping ability, adaptation to school, post-high school education or employment, and family whereabouts.

- ***Unaccompanied Children: Care and Protection in Wars, Natural Disasters, and Refugee Movements***
  Ressler, E., Boothby, N., Steinbock, D.
  Oxford University Press, Inc.
  200 Madison Ave., New York NY 10016, USA
  1988 421 p. Lang/ ENG
  ISBN/ 0-19-504937-3

Index: unaccompanied children/ unaccompanied refugee children/ historical view/ psychological perspective/ legal protection/ care and placement in emergencies/ policy makers/ programme staff members

The primary purpose of this study was to provide guidance for policy makers and programme staff members in their dealings with unaccompanied children, through every phase from prevention through permanent placement. The book was the first to include an historical perspective of unaccompanied children. It covers the Spanish Civil War through the Cambodian crisis. Other topics include unaccompanied children from a psychological perspective, unaccompanied children in comparative and international law, and recommendations for the protection, care, and placement of unaccompanied children in emergencies. The appendix provides basic information required for the documentation of unaccompanied children.

- ***Unaccompanied Children in Emergencies: A Field Guide for Their Care and Protection***
  Williamson, J., Moser, A.
  International Social Services: General Secretariat
  32 quai du Seujet
  1201 Geneva, Switzerland
  1988 104 p. Lang/ ENG/ SPA/ PORTUGUESE Bibl.

Index: unaccompanied children/ emergencies/ care/ protection/ legal considerations/ trauma/ interim care/ long-term care/ family tracing

The Field Guide is intended as a tool for all those working in emergencies. In all emergencies some children become unaccompanied, separated from their families, relatives and community. The Guide attempts to provide a framework for their care and protection in such situations. It describes basic principles of child care and guidelines for action. Always the Guide emphasizes the needs of the individual child within the wider problem. Topics discussed include principles of child welfare, legal considerations, trauma, preparing for emergency child care, preventing separations, locating, registering and interviewing children, emergency and interim care, and long term planning.

- ***The Unaccompanied Minor: Global View - National Response***
  International Social Service/ American Branch
  General Secretariat
  32 quai du Seujet
  1201 Geneva, Switzerland
  1983 81 p. Lang/ ENG Bibl.

Index: unaccompanied refugee minors/ programmes/ U.S./ Sweden/ Germany/ Thailand/ problems/ successes/ concerns

This document contains the principle papers presented at the 1982, ISS/ American Branch-sponsored Symposium on Unaccompanied Minors. The Symposium's goals were to present information about the

problems and successes of unaccompanied refuge minor programmes and to provide a forum for professional contacts amongst those working in the field. The 100 participants included programme directors, case workers, policy analysts, and foster parents. Programmes in the U.S., Sweden, and Germany and a holding in Thailand are described. Concerns relevant to unaccompanied refugee minors such as legal status, psychosocial needs, and tracing are examined.

- *Unaccompanied Minor Refugees: Nine Years of Achievement*
  Lutheran Immigration and Refugee Service, U.S. Catholic Conference, Office of Refugee Resettlement
  U.S. Catholic Conference (Publ.)
  1312 Massachusetts Ave. NW
  Washington DC 20005, USA
  1984 411 p. Lang/ ENG

Index: unaccompanied refugee minors/ Southeast Asian/ Amerasian refugee minors/ resettled/ U.S./ Australia/ Canada/ legal issues/ psychosocial issues/ multicultural considerations/ education/ career planning/ foster care/ staff training programmes

Proceedings from the Unaccompanied Minor Refugee Conference held November 13-16, 1984, in Chevy Chase, Maryland (U.S.). Participants included representatives of national voluntary agencies, federal, state, and local government officials, and programme managers and workers from child care provider agencies throughout the country. The conference focused on sharing of information by providers. Topics of papers presented and reproduced in the book include: a psychological profile of unaccompanied refugee minors; Amerasian minors and their progress through refugee camps or ODP to the U.S; an experimental screening procedure for assessing cognitive and emotional functioning of Vietnamese refugee adolescents; foster parent training; child rearing practices in Vietnam; Indochinese unaccompanied minors in Australia and Canada; legal issues involving refugee minors; education and career planning; developing staff training programmes.

- *Unaccompanied Refugee Children in Europe: Experience with Protection, Placement and Education*
  Jockenhovel-Schiecke, H. (Ed.)
  International Social Service, German Branch
  Am Stockborn 5-7
  6000 Frankfurt M 50, Germany
  1990 248 p. Lang/ ENG

Index: unaccompanied refugee children/ Europe/ legal protection/ education/ psychological problems/ policy-makers/ refugee workers

With the aim of maintaining and improving standards of care for unaccompanied children, this book documents the work of the European Standing Committee on Unaccompanied Children. Participants of a 1984 seminar held in Frankfurt, Germany of International Social Service, German Branch and the European Consultation of Refugees and Exiles formed the Standing Committee. Its purpose is to provide a forum for experience exchange and cooperation in Europe on the protection of unaccompanied refugee children. At publication of this book, 14 western European countries were working together in the Standing Committee. Based on the international definition of an unaccompanied refugee child as "any person under the age of 18 who is separated from both parents and is not being cared for by an adult who, by law or custom, has responsibility to do so," the Committee's recommendations were developed in 1984 as a tool for maintaining standards for protection and care of these children.

In this book the recommendations are recorded, evaluated, and updated to incorporate subsequent developments in theprotection and care of unaccompanied refugee children in European countries. Reports from nine committee member countries provide overviews of the advances in protection issues regarding unaccompanied refugee children in each country. Four key components in the protection of unaccompanied refugee children are examined in this book: legal protection, placement, education, and psychological problems. The recommendations and reports are based on experience and presented to provide guidance to policy-makers and refugee workers.

- ***UNHCR Guidelines On Refugee Children***
  Williamson, J. (Ed.)
  UNHCR
  P. O. Box 2500
  1211 Geneva 2, Switzerland
  1988 38 p. Lang/ ENG

  This document is currently being updated by UNHCR as a policy paper and expanded guidelines.[2]

Index: child refugees/ disabled children/ unaccompanied children/ determination of status/ physical health/ mental health/ nutrition/ social services/ education/ field workers

A symposium of experts in specific areas prepared The Guidelines. Intended as an internal document, the Guidelines marked the first time the UNHCR Executive Committee recognized and endorsed the policy and guidelines proposed for the yearly agenda. While not able to provide in-depth suggestions, it was a working document for UNHCR staff in the field regarding all aspects of their responsibilities for refugee children. Areas of concern included determination of status, nationality and statelessness, all aspects of physical health, mental health, basic material assistance, nutrition, prevention and treatment of disabilities, education and finally cultural, social and recreational needs of children.

- ***Voyagers in the Land: A Report on Unaccompanied Southeast Asian Refugee Children***
  USA Catholic Conference
  Migration and Refugee Services
  1312 Massachusetts Avenue, NW
  Washington DC 20005, USA
  1983 86 p. Lang/ ENG Bibl.

Index: unaccompanied refugee minors/ Southeast Asian/ resettled/ U.S./ U.S. Catholic Conference/ programmes/ survey

This report is a detailed look at the Catholic Church's response to the needs of unaccompanied refugee minors in the U.S. through USCC's national network of diocesan refugee minors' programmes. Based on an extensive survey questionnaire, the study reflects the development and ongoing response of the local programs and of the refugee children. Findings concern general and pre-migration background, age and health, the structure of care, and minors who have "graduated" from the programme.

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[2] **The updated version of the Guidelines for Refugee Children was completed in 1994**

8

CROSS CULTURAL CONSIDERATIONS

In working at the emergency phase of refugee work, cultural considerations usually apply to the use of outside assistance and how appropriate services for the population can be provided. For children this is especially important as we look to customs and long-standing practices of child rearing, the child's typical roles within their culture and how this changes as they mature, and to those adults closest to the shared values within the child's culture as care providers.

Cultural activities within a refugee community become extremely important to young children displaced from their normal family and community setting, as so much of "everyday life" has been lost. Growing up in the artificial environment of a refugee camp, where parents have lost their normal family roles and most adults may be forced into idleness while in transit, does not present a realistic view for children. Everything from the agency that spells the child's name wrong to the loss of cultural pride and familiarity with stories, dances, music and art undermines a part of identity of the child, the family and the community as a whole.

- *Cross-Cultural Adaptation: Current Approaches*
  Kim, Y., Gudykunst, W. (Eds.)
  International and Intercultural Communication Annual
  Sage Publications
  28 Banner Street
  London EC1Y 8QE, England
  1988 320 p. Lang/ ENG Stats. Bibl. Volume XI (1987)
  ISBN/ 0-8039-3038-0 ISSN/ 0270-6075

Index: international migration/ cross-cultural adaptation/ theories/ research

A series of articles divided into current theories and current research with the theme of cross cultural adaptation to international migration. It states that although situations of migration vary in the degree to which the transition is abrupt or smooth, voluntary or involuntary, and temporary or permanent, all individuals in a new cultural milieu share common adaptation experiences. In the section on theories, one attempts to integrate the widely diffuse area of sojourner adaptations, another provides an overview of the various concepts associated with cross-cultural adaptation of individuals, while others are based on communication-oriented concepts and a communication-based model is explained. Part two includes eight empirical studies and two qualitative studies in a wide variety of locations and approaches to this area. It is meant to move the field towards a more complete and integrated understanding of the cross-cultural adaptation process.

- *Cross-Cultural Care for PTSD: Research, Training, and Service Needs for the Future*
  Westermeyer, J.
  Journal of Traumatic Stress, Vol. 2, No. 4
  1989 22 p. Lang/ ENG Bibl.

Index: refugees/ high-risk refugee groups/ immigrants/ minority groups/ U.S./ PTSD/ treatment/ cross-cultural considerations/ research/ mental health professional training/ provision of services

Describes factors that complicate the treatment of PTSD in refugees, immigrants, and other minorities in the U.S. The paper reviews implications of the factors for research, mental health professional training, and provision of services. The factors encompass concurrent adverse conditions, pre-migration and/ or pre-trauma life experience, cross cultural assessment and treatment, and concurrent acculturation. The article recommends special topical areas to be covered in eliciting and evaluating the relevance of symptoms of PTSD for individual children, torture victims, concentration camp survivors, hostages and others. It identifies refugee groups at extremely high risk of mental disorder including unaccompanied minors and solo mothers with young children.

- *Crossing Cultures in Mental Health*
  Koslow, D., Salett, E. (Eds.)
  SIETAR The International Society for Education, Training and Research
  1505 22nd Street, NW
  Washington DC 20037, USA
  1989 154 p. Lang/ ENG Bibl. Vol 1
  ISBN/ 0-933934-15-7

Index: refugees/ immigrants/ sojourners/ resettlement in the U.S./ mental health/ cross-cultural communication/ cross-cultural counseling

This collection of edited topics focuses on refugee, immigrant and sojourner populations within the USA. It highlights the complexity of transitions from one culture to another and how varying cultural beliefs concerning mental health complicate attempts to assist populations in the mental and emotional adjustments required in such transitions. The chapters are divided into three parts: cross-cultural communication, cross-cultural counseling, and working with sojourners. It begins with a workshop model for exploring one's own cultural identity, and then presents cultural assumptions we may hold in cross-cultural communications. It uses examples from cultural groups within the U.S. setting such as Hispanics, Southeast Asians, and survivors of political repression in Argentina and El Salvador, and describes policies and services for traumatized refugees. It is informative for those working outside of their own culture with displaced individuals, families, or communities.

- *Counselling Across Cultures*
  Pedersen, P., Draguns, J., Lonner, W., Trimble, J.
  East-West Centre Books,
  University Press of Hawaii
  2840 Kolowalu Street
  Honolulu
  Hawaii 96822, USA.
  1981 370 p. Lang/ ENG
  ISBN/ 0-8248-0725-1

Index: Asian Americans/ Chicano college students/ native Americans/ foreign students/ counselling/ cross-cultural considerations/ barriers/ research/ practical issues/

Various authors examine issues of cross-cultural counselling, including: common themes and distinct approaches to cross-cultural counselling, racial and ethnic considerations and barriers in cross-cultural counselling, research and practical issues, and considerations specific to certain ethnic and cultural groups. The groups studied are Asian Americans, Chicano college students, native Americans, and foreign students. Some chapters in the book are based on papers presented at a symposium held during the 1973 meeting of the American Psychological Association in Montreal.

- *Cultural Factors in the Psychiatric Assessment of Refugees and Others*
  Westermeyer, J.
  Office of Cross Cultural Services
  Virginia Department of Mental Health, Mental Retardation, and Substance Abuse Services
  P.O. Box 1797
  Richmond VA 23214, USA
  1987/ 3 33 p. Lang/ ENG

Index: refugees/ resettled in U.S./ cultural considerations/ psychiatric assessment

The author examines the following: conceptual issues in cross-cultural diagnosis of mental health problems in refugees, including cultural differences in psychiatric diagnosis; methods of data collection across cultural boundaries, including the clinical interview, mental status of the patient, issues of language and translation, and differential symptom reporting and rating scales; and preparation of clinicians for cross-cultural diagnosis.

● *Developing Cross-Cultural Competence: A Guide for Working with Young Children and Their Families*
Lynch, E., Hanson, M. (Eds.)
Paul H. Brookes Publishing Co.
P.O. Box 10624
Baltimore, MD 21285-0624, USA
1992 404 p. Lang/ ENG Bibl.
ISBN/ 1-55766-086-7

Index: disabled children/ families/ U.S./ social work/ intervention/ cross-cultural considerations/ field workers

Written for those working cross-culturally in the USA. It attempts to answer questions frequently asked regarding the provision of services to families from differing cultural backgrounds. The book is based on literature that the editors identified as best describing the practices in early intervention, the literature on intercultural effectiveness and information and insights from the authors who are bicultural and often bilingual. It focuses on children who are disabled or at risk for disabilities and is divided into three parts.

The first section outlines issues surrounding work with families from diverse cultural, ethnic and language groups, including practice in early intervention and training in intercultural effectiveness. The core section (Part II) is an introduction to the major cultural and ethnic groups that make up the population of the U.S: Families with Anglo-European Roots; Families with Native American Roots; Families with African American Roots; Families with Latino Roots; Families with Philippino Roots; Families with Native Hawaiian and Pacific Island Roots; and Families with Middle Eastern Roots. The third section attempts to integrate this information by presenting a summary and review with implications for working with families. While limited to diverse families within one country, it is a very good framework for those interested in reviewing the main themes and issues to watch for in attempting multicultural work with families and young children. Much can be adapted from this book for work in the field.

● *Family Violence in Cross-Cultural Perspective*
Levinson, D.
Frontiers of Anthropology
Sage Publications
2111 West Hillcrest Drive
Newbury Park CA 91320, USA
1989 146 p. Lang/ ENG Stats. Bibl. Vol. 1
ISBN/ 0-8039-3076-3

Index: family violence/ cross-cultural influences

Many cultures differ in their approach to and incidences of family violence, including physical punishment of children and physical beatings. It is important to be familiar with the issues and questions family violence raises if one is working with families or children suffering from extreme conditions of stress. The book does not address refugee populations or specific violence towards children, but looks at the reality of family violence from three perspectives: forms and frequency in various societies, results of comparative studies with socio-cultural and psycho-cultural explanations for family violence, and a review of societies where family violence is not a problem to encourage the concept of control and prevention. The methodology, measures and coding rules outlined are of interest and an extensive list of references is included.

- *Field Methods in Cross-Cultural Research*
  Lonner, L., Berry, J. (Eds.)
  Cross Cultural Research and Methodology Series (Title Series)
  Sage Publications
  275 South Beverly Drive
  Beverly Hills CA 90212, USA
  1986 368 p. Lang/ ENG Bibl. Vol 8
  ISBN/ 08039-2549-2

Index: cross-cultural psychology/ methods of research/ field work/ needs assessment/ surveys/ questionnaires/ diverse populations/ multiculture

One of the first books to offer a collection of recent thinking and research in methods of cross-cultural psychology. It is unique in its attempt to provide field workers (in research) with up-to-date and practical guidelines, background materials and a few specific "how to" instructions. It tries to limit the focus to concerns that arise most frequently in cross-cultural research, and is designed to assist those needing to gather data in the field. Chapters include practical information relating to selecting and using research instruments, methods of observation, design and analysis strategies, social behaviours and assessments of acculturation.

- *The Mental Health of Refugee Children and Their Cultural Development*
  Eisenbruch, M.
  International Migration Review
  Centre for Migration Studies
  209 Flagg Place
  Staten Island
  New York NY 10304, USA
  1988 22 p. Lang/ ENG Bibl. Vol. 22, No. 2

Index: child refugees/ Indochina/ resettlement/ Europe/ North America/ Australia/ personal bereavement/ cultural bereavement/ school-based approach for prevention

A large proportion of Indochinese refugees are children. This article suggests that uprooted children may experience powerful grief, not only in response to personal loss of loved ones, but also to loss of their culture. It is further postulated that personal bereavement and cultural bereavement are complementary, which can be an important factor in a refugee child's adjustment. These children are vulnerable to "disrupted development time" and so earlier losses of family and culture can seed problems which can emerge after resettlement.

The article is based on research conducted by the author with resettled children in North America, Europe and Australia. The article touches on many points regarding uprooting and cultural bereavement for refugees, emphasizing the importance of a community or social group approach, in that the entire community of the child was uprooted, not simply the child or family. It suggest the usefulness of a school-based approach for preventive measures which encourage refugee children to "be themselves," the goals being to reduce the environmental stress and increase the child's competence and personal resources to cope with it. It concludes with a call for a moratorium on speedy acculturation processes and the recognition of needed grief work to allow the children time to "consolidate their own cultural identity and retrieve a little of what they have lost."

- *Mental Health Services: The Cross-Cultural Context*
  Pedersen, P., Sartorious, N., Marsella, A. (Eds.)
  Volume 7, Cross-Cultural Research and Methodology Series
  Sage Publications, Inc.
  275 South Beverly Drive
  Beverly Hills CA 90212, USA
  1984 311 p. Lang/ ENG Bibl.
  ISBN/ 0-8039-2259-0

Index: mental health services/ cross-cultural considerations/ traditional beliefs/ research and theory/ practical approaches/ treatments/ field workers

Examines the problem of mental health and service delivery to different cultures while facing the fact that behaviour varies from one culture to another. It is a blend of research and theory with an emphasis on practical approaches and examples that will be of value in field work. What is most valuable in this book is the recognition and integration of alternative methods and traditional beliefs held by different cultures concerning "normal" and "healthy" states.

The chapters describe the complex relationship between culture and mental health services, therapies, and diagnosis being implemented in those cultures. It is organized along two views, either culture-general or culture-specific. The general chapters focus on techniques, methods or treatments that can be employed across cultures, while the specific chapters focus on specific populations and describe the cultural context of mental health services. Examples of the specific approach include "Belief and Behaviour in Haitian Fold Healing," and "Mental Health Service Development: The Case of Indonesia." The book stresses the importance of both the general and specific views and in the concluding chapters there are guidelines and observations to help integrate these two perspectives.

- *Primary Prevention of Acculturative Stress Among Refugees: Application of Psychological Theory and Practice*
  Williams, C., Berry, J.W.
  The American Psychological Association, Inc.
  The American Psychologist
  1400 North Uhle Street
  Arlington VA 22201, USA
  1991/ 06 10 p. Lang/ ENG Vol. 46, No. 6

Index: refugees/ mental health needs/ primary public health interventions/ cross-cultural perspective/ mental health professionals

Summarizes research indicating that refugees are an at-risk population for which primary public health interventions are appropriate. Research on stress and acculturation is highlighted in the article. Primary prevention programmes and policies at the local community, national, and international levels are illustrated with case histories from the U.S. and Canada. Prevention at the international level is exemplified by a WHO Mental Health Mission to camps on the Thai-Cambodian border.

The article concludes with suggested ways in which psychologists can contribute to refugee mental health: recognition of the mental health needs of refugees, acquisition of skills to provide psychological services to refugees and to address related research questions, and a cross-cultural perspective.

- *Refugee Acculturation and Adaptation in a Multicultural Society*
  Berry, J.W.
  Psychology Department
  Queen's University
  Kingston K7L 3N6
  Ontario, Canada
  1989 25 p. Lang/ ENG

Index: refugees/ resettled/ Canada/ acculturation/ process/ best results

Background paper for a symposium "The Refugee Crisis: British and Canadian Responses". The paper provides an overview of the factors that may govern the relationship between acculturation and mental health in refugee populations. It assumes that refugees who have been exposed to trauma can move successfully between cultures, and that the process of acculturation can be managed in such a way as to increase the likelihood of successful adaptation and decrease mental problems. The author provides a general description of the processes of acculturation and adaptation, and then explores what the literature says about how individuals and groups can achieve it.

- *Six Cultures: Studies of Child Rearing*
  Whiting, B. (Ed.)
  John Wiley and Sons
  1 Wiley Drive
  Somerset
  NJ 08875, USA.
  1963 Lang/ ENG (Card Catalogue Number: 63-8908)

Index: child rearing/ Kenya/ India/ Okinawa/ Mexico/ Philippines/ U.S./ multi-cultural considerations

Considered a "classic" in the study of children in different cultures, and included as a look at the cross-cultural perspective of the 1960s. The book includes a description of child rearing in a Gusii community in Kenya, among the Rajputs of Khalapur in India, in an Okinawan village, among the Mixtecans of Juxtlahuaca in Mexico, in an Ilocos barrio in the Philippines, and in a New England town in the U.S. It explores the relationship between the different patterns of child rearing and the differences in the children's personality.

Each culture is examined in detail for its economy, social and political organization, religious beliefs, system of education, beliefs about death and the supernatural, sex and marriage, and recreation. The study of each culture's child training includes pregnancy and childbirth, infancy, weaning, childhood, and, where applicable, the initiation of girls and boys.

- *Transcultural Counselling In Action*
  d'Ardenne, P., Mahtani, A., Dryden, W. (Eds.)
  Counselling In Action Series
  Sage Publications
  28 Banner Street
  London EC1Y 8QE, England
  1989 130 p. Lang/ ENG Bibl.
  ISBN/ 0-8039-8111-2

Index: cross-cultural counselling/ mental health professionals/ community workers/ teachers

This is meant to provide guidelines for practical cultural considerations in counselling. It is written from a practice and experience point of view rather than theory, and offers sound advice for counsellors, not only as mental health professionals, but for community workers and teachers as well. It presents clear and useful definitions of culture as it proposes common understandings of terms used in the process of counselling clients. It is valuable in its emphasis on the counsellor's need to examine his or her own cultural beliefs and background to ensure that they do not intrude on or bias the work with clients from different cultures, even in subtle ways. Utilizing case materials, there are several helpful presentations such as therapeutic relationships, getting started in transcultural settings, and therapeutic changes and growth in both clients and counsellors.

9

RESETTLEMENT

Compared to refugee children in general, a great deal has been written about the small percentage of children who have been resettled. From reviewing the literature, one would assume that a great number of refugee children are ultimately resettled when, in fact, just the opposite is true. Resettlement is typically seen as the least likely of durable solutions for refugee children and their families. While a great deal is available concerning Southeast Asian children who came to the States or Europe and Australia, it is difficult to find much at all on the literally thousands of displaced and refugee children throughout Africa, in Central America, Pakistan or other refugee settings.

Resettlement brings a different set of difficulties, adjustments and service needs by far than an emergency setting. There is still common ground, however, and some elements of programmes designed in the developed countries can be applied to emergencies. It will be interesting to see how much this is so as we attempt to provide services to children in parts of northern Europe as well. A few examples of documents that seemed applicable in both settings or at least adaptable in a useful way have been included here. The concern of those agencies providing services to resettled refugees is evident and the issues of loss, psychological stress and feelings of uncertainty about the future, unfortunately, still apply no matter what the setting once flight is undertaken.

- ***After the Door Has Been Opened: Mental Health Issues Affecting Immigrants and Refugees in Canada***
  Canadian Task Force on Mental Health Issues Affecting Immigrants and Refugees
  Minister of Supply and Services Canada
  Brooke Claxton Building
  Ottawa K1A OK9, Canada
  1988 113 p. Lang/ ENG Bibl.
  ISBN/ 0-662-16394-X

Index: refugees/ women/ children/ elderly/ immigrants/ resettled/ Canada/ mental health/ mental disorders/ health services/ health care workers/ traditional healers/ language education/ employment

This report was prepared by the Task Force following a review of the academic literature and inviting presentations and papers. The report is divided into the areas of prevention, remedial measures, special needs, and conclusions and recommendations. Their basic conclusion was that, although moving from one country or culture to another will entail stress, it will not necessarily threaten mental health. However, when additional risk factors are added to the stress of migration, the mental health of refugees and immigrants does become cause for concern. The Task Force states that Canada can exert control over certain risk factors, in particular negative public attitudes.

- ***Children from Refugee Communities A Question of Identity: Uprooting, Integration or Dual Culture?***
  Finlay, R., Reynolds, J. (Eds.)
  Refugee Action (Publ.)
  Refugee Studies Programme
  Queen Elizabeth House
  21 St. Giles
  Oxford OX1 3LA, England
  1987 36 p. Lang/ ENG
  ISBN/ 0-948197-10-2

Index: children/ refugee families/ resettled/ England/ psychosocial problems/ recommendations/ social workers/ school personnel/ health care workers

The paper is the result of a Study Day during which professionals from many disciplines - some in exile in England themselves - raised issues, shared knowledge, and developed guidelines to better help children and young people from refugee communities. The paper reprints speeches and explores workshop discussions, some of which focused on the effects on children of losing touch with their roots, mourning relatives who die back home, young people who are too old for care but are not equipped to be on their own, and special educational needs. In each case, it offers recommendations. The paper's findings are targeted at social workers specializing in foster care and adoption, residential social workers, health visitors and nurses, and school personnel.

- ***The Children of Victims of Political Persecution and Torture: A Psychological Study of a Latin American Community***
  Allodi, F.
  International Journal of Mental Health, Vol.18, No.2
  1989 12 p. Lang/ ENG Bibl. Stats.

Index: children age 5-16/ Latin American refugees/ victims of political persecution/ torture/ Canada/ health/ behaviour/ effects of parents' mental health/ questionnaire

This paper reports a study of 202 children of Latin American refugees in Toronto, Canada, their health and behaviour, and the effects of their parents' mental health, coping style or personality traits on their emotional status and behaviour.

Data for the study were collected from three samples: a community sample by means of a parent, self-administered questionnaire which included a children's health and behavioural scale, and teacher-completed children's health and behaviour questionnaires from two school programmes. One programme was for refugee children and the other for immigrant children who came from the same Latin American regions but were without past experience of trauma. The children in the sample groups were between the ages of five and 16 years.

The findings indicate that at the time of the study the children in all three sample groups showed no overt evidence of emotional disturbance. Factors contributing to the health and behaviour of these children are identified and discussed in the paper.

- *Diseno Curricular para el Taller de Creatividad en el Centro Comunal de Catia*
  Fundacion Eugenio Mendoza
  Comision Venezolana del Servicio Social Internacional
  Caracas, Venezuela
  1981/ 7 46 p. Lang/ SPA

Index: preschool child refugees/ resettled/ Venezuela/ therapy/ education

This paper presents the curriculum design of a creative workshop for refugee children ages 3 to 6 years old. The workshop was designed to help these children gradually integrate into the customs of Venezuela, and to address potential problems through a combination of therapeutic and educational approaches. The workshop would promote the child's self-expression, exercise psychomotor skills, and encourage orderly work habits, hygiene, and responsibility.

- *Estudio Sobre la Problematica Social de los Hijos de Refugiados en Espana*
  Departamento de Servicios Sociales
  Cruz Roja Espanola
  Eduardo Dato 16
  28010 Madrid, Spain
  1986 207 p. Lang/ SPA

Index: child refugees/ resettled/ Spain/ study/ integration/ education/ language/ nutrition/ psychosocial issues

A study of the social problems of refugees' children in Spain, conducted by the Spanish Red Cross. The study examines children ages 8 to 19. It presents survey results in areas such as: integration, education, feelings about the city and their homes, the children's frame of mind, whether they have mastered Spanish, number of refugees receiving social assistance, and nutrition. The study concludes that this group of children doesn't perceive major problems in their situations or doesn't express them, but this doesn't mean that such problems don't exist.

- *The Health of Newly Resettled Refugee Children From Chile and the Middle East*
  Hjern, A.
  Department of Pediatrics, Karolinska Institute
  Huddinge University Hospital,
  S-141 86 Huddinge, Sweden
  1990 167 p. Lang/ ENG Bibl. Stats.

Index: children age 1-15/ Chilean/ Lebanese/ Turkish/ Iranian/ newly resettled in Sweden/ trauma/ medical care/ nutrition/ mental health interventions

A report based on an 18-month study of a sample group of 105 newly resettled Chilean, Lebanese, Turkish, and Iranian children between the ages of one and 15 years. Following these children in the context of a Swedish outpatient clinic extended child health care programme, the overall objective of the study was to establish a knowledge base for the development of appropriate methods of child health care. Five papers figuring in the report's thesis are provided and include sub-samples of the total sample group. The study focused on medical and nutritional issues as well as experiences of and behaviours associated with pre-resettlement exposure to organized violence. It also estimated the prevalence of and identified factors associated with exposure-related deviant behaviours.

The results indicated high rates of exposure and deviant behaviours in the sample group. Concluding that those rates make psychosocial work the backbone of child health care programmes for resettled children, the report describes the need for mental health interventions directed towards assisting individual children, parents, and families as a whole to lower the vulnerability of the entire refugee population.

- *The Inner World of the Vietnamese Refugee - Stress and the Vietnamese Refugee in South England*
  Ye-Chin, J. (Ed.)
  Southeast Asian Outreach
  P.O. Box 89
  Swindon SN1 5AW
  Wiltshire, England
  1981/ 1 10 p. Lang/ ENG

Index: refugees/ Vietnamese/ resettled/ England/ stress/ physical problems/ psychosocial problems/ recommendations

Problems faced by Vietnamese refugees resettled in England are explored in this paper. Stress factors are identified as the impact of the refugee experience, adaptation to an alien environment, and the environmental stresses of life in England. Stress symptoms have been manifested as insomnia, very disturbed sleep, suicidal tendencies, depression, marital conflict, withdrawal, and physical ailment. The paper encourages recognition of the problem and a more comprehensive approach to its resolution that would involve professional counselling, the creation of job opportunities, and spiritual counseling.

- *Language and Culture in the Lives of Immigrants and Refugees*
  Lambert, W., Taylor, D.
  McGill University
  1205 Dr. Penfield Avenue
  Montreal, Quebec
  H3A 1B1 Canada.
  1990 42 p. Lang/ ENG

Index: immigrants/ refugees/ U.S./ Canada/ assimilation/ bilingualism/ psychosocial implications

A paper prepared for the Conference on the Mental Health of Immigrants and Refugees, Houston, Texas (U.S.) March 1990. Its purpose was to "stimulate discussion on the personal and social significance of language and culture in the lives of immigrants and refugees." It examines recent research findings on assimilation versus multiculturalism, the development of bilingualism and biculturalism, a Canadian model, the psychological and social implications of two-language educational programs, and the situation of black Americans.

- ***Mental Health and Exile: Papers Arising from a Seminar on Mental Health and Latin American Exiles***
  Contributors included FASIC, COLAT, CIMADE, WUS, Ana Vasquez and Liliana Munoz
  World University Service
  20 Compton Terrace
  London N1 2UN, England
  1981/ 05 40 p. Lang/ ENG
  ISBN/ 0-950572-1-87

Index: adult exiles/ children/ adolescents/ Latin Americans in Europe/ psychopathology of exile/ mental health/ intervention/ community action/ returning from exile

A useful collection of earlier work addressing the difficulties faced by exiles and returning families. This publication is the result of a seminar on Mental Health and Exiles held in London in 1979 by the Chilean Health Workers Committee of Great Britain. The participants were psychologists, psychiatrists and social workers from the Southern Cone of Latin America. There were three sections in the seminar. The first dealt broadly with descriptions from practising psychiatrists and psychologists of the psychopathology of exile. The second theme dealt with therapy and methods of intervention and action. The third concern was the situation of children referred to as "the second generation in exile."

- ***Mental Health of Immigrants and Refugees***
  Holtzman, W., Bornemann, T. (Eds.)
  Hogg Foundation for Mental Health
  University of Texas
  Austin TX 78713-7998, USA
  1990 333 p. Lang/ ENG
  ISBN/ 0-943463-10-6

Index: refugees/ immigrants/ children/ resettled/ U.S./ Canada/ mental health problems/ interventions

Details the proceedings of a conference sponsored by the Hogg Foundation for Mental Health and the World Federation for Mental Health in Houston, Texas in 1990. It recognizes that refugees and immigrants arriving in the U.S. and Canada in recent years come from war-torn areas and have suffered life-threatening oppression. Not surprisingly, many of these newcomers have serious mental health problems which require professional intervention, but all too often language and cultural barriers prevent them from getting help. This conference was organized to address these issues.

The book contains major presentations from the conference, and addresses many aspects of refugee mental health, including acculturation, health care, social services, and trauma. Three presentations focus on refugee children: "Reaching Out to Asian Youth: The Winnipeg Experience and School Policy,"

"Refugee and Immigrant Populations at Special Risk: Women, Children, and the Elderly," and "Refugee Services of San Antonio-The Fresh Air Program."

- *The Mental Health of Immigrants and Refugees In Canada*
  Beiser, M.
  Division of Social and Cultural Psychiatry
  Department of Psychiatry
  The University of British Columbia
  2255 Westbrook Mall
  Vancouver, B.C.
  V6T 2A1 Canada.
  1988 17 p. Lang/ ENG

Index: immigrants/ refugees/ Southeast Asian/ African/ Latin American/ resettled in Canada/ mental health/ problems/ recommendations

This paper was presented to a combined meeting of the Canadian Ethnology Society, Canadian Association for Medical Anthropology, Society for Applied Anthropology in Canada, and the Society for Applied Anthropology in Saskatchewan in 1988. The author states that the character of migration to Canada over the past 30 years - with people coming mostly from Asia, Latin America, and Africa - has resulted in an increased risk for emotional disorder. He particularly addresses the plight of children, who are often put into the role of being cultural interpreters for their parents, are subjected to racist assumptions, and are taught to discard the cultural values of their home country for those of their resettlement country.

The author discusses immigrants' difficulties in making use of the health care system. He calls for training for mental health workers and teachers to increase sensitivity to multicultural considerations, new research into the causes of xenophobia, and a study of the effects of negative attitudes on the mental health of both victims and victimizers.

- *A Preliminary Hypothesis for Family Therapy With Immigrant and Refugee Families*
  Rassoolpoursadra, A., Tremearne, E.
  Cultural Systemic Family Therapy MSP Institutet,
  Gotg 79 3tr.,
  S-116 62 Stockholm, Sweden
  1989 128 p. Lang/ SWE

Index: immigrant families/ refugee families/ resettled in Sweden/ family therapy/ cultural considerations

This study seeks to apply the methods and insights of a systematic approach to work within a family therapy framework. It is meant to incorporate a culturally competent style of work with families by devising models that help families to interpret the "reality" of their situation in a more extensive and constructive way through the use of analogies.

Throughout the study it is emphasized that work with immigrant families must take cultural aspects into consideration at all times. The purpose of the study was to assist the institute where the authors practised to understand and integrate references from their experiences with culturally diverse clients into the family therapy with refugees and immigrant families who came to the institute for help.

- ***The Psychological, Educational and Social Adjustment of Refugee and Displaced Children in Europe***
  International Union for Child Welfare
  Geneva, Switzerland
  1952 126 p. Lang/ ENG

Index: children/ adolescents/ refugees/ displaced persons/ Europe/ 1952/ psychosocial adjustments/ educational issues

This report, prepared for UNESCO in 1952, provides an historical perspective to the problems faced by refugee and displaced children in Europe. Issues covered in the report are: living conditions of refugees; the role played by the refugee children's families; children's psychological adjustment, including children separated from their families and children in foster care or children's communities; educational and social adjustment; and the psychological, vocational, and social problems of adolescents. The Appendix contains case studies, followed by an extensive bibliography.

- ***Reasons for Living and Hoping: The Spiritual and Psycho-Social Needs of Southeast Asian Refugee Children and Youth Resettled in the USA***
  International Catholic Child Bureau Inc.
  Office for North America,
  323 East 47th Street
  New York NY 10017, USA
  1989 145 p. Lang/ ENG

Index: child refugees/ adolescents/ Southeast Asian/ resettled in the U.S./ spiritual needs/ psychosocial needs

The book presents the formal proceedings from a conference of the same title held in Washington, D.C. in 1988. The issue was examined through the eyes of a Hmong Catholic parent, Catholic clergy, a foster parent, a Buddhist monk, an Amerasian, and from a mental health perspective. Solution-oriented strategies discussed include an ethnic foster care program, a summer camp programme for Southeast Asian refugee children, preserving spiritual, cultural and religious traditions, and integrating Buddhist traditions in a mental health facility.

- ***Refugee Children: Theory, Research and Services***
  Ahearn, F., Athey, J. (Eds.)
  The Johns Hopkins University Press
  701 West 40th Street
  Baltimore
  MD 21211-2190, USA.
  1991 230 p. Lang/ ENG Bibl.

Index: child refugees/ resettled in the U.S./ trauma/ adaptation/ recovery/ preventive interventions/ mental health needs/ case studies

The contributors to this work are concerned with the mental health needs of refugee children who are now in the USA. It examines theory, research, and service delivery in an attempt to explain the effects of traumatic events experienced by refugee children. It expands on present understanding of refugee children and further explores the models and programmes for service delivery to resettled refugee children in the U.S. The editors recognize the difficulty children face in recovering from past experiences, but also

in trying to adapt to living in a new culture and country. The chapters present case materials on a variety of topics including severe trauma, trauma and adaptation, psychiatric services, recovery, and the development of preventive interventions for traumatized youth.

● *Refugee Families and Their Children*
Freire, M.
Toronto Board of Education Student Services
155 College Street
Toronto M5T 1P6
Ontario, Canada
1986 47 p. Lang/ ENG Bibl. Stats.

Index: Latin American child refugees/ resettled/ Canada/ pre-resettlement trauma/ psychosocial problems/ adaptation/ school-based interventions/ family interventions

This report presents an overview of the experience of Latin American refugee children and their families resettled in Canada. Based on clinical work with school-age children and their parents, it profiles this Latin American refugee population as having been subjected to economic, ideological, and direct violence prior to resettlement. It describes symptoms of psychosocial problems in these children, observations about how they have been affected by their exposure to repressive, violent situations as well as by their parents' experiences with it, their attitudes, and adaptation. Citing schools as the first institutions that will bring stability and continuity to the lives of these children in resettlement, recommendations are made for school-based interventions to offer services and support to refugee children and their families. Implicit in these recommendations is that intervention and rehabilitation take place within the family framework with children and adults participating in the same process. The report provides a summary of Latin American refugee child-oriented studies conducted in other countries.

● *Refugee Mental Health in Resettlement Countries*
Williams, C., Westermeyer, J. (Eds.)
c/o Carolyn Williams
School of Public Health
Box 197 Mayo
University of Minnesota
Minnesota 55455, USA.
The Series in Clinical and Community Psychology
Hemisphere Publishing Corp. New York, NY, USA
1986 267 p. Lang/ ENG Bibl.
ISBN/ 0-89116-445-6

Index: refugees/ children/ adolescents/ unaccompanied minors/ resettled/ camps/ psychosocial problems/ mental health interventions/ policy decisions

Addresses refugee adjustment problems and syndromes that come to the attention of mental health professionals in resettlement countries. The various aspects looked at include: the acculturation process, migration and psychopathology, and psychopathology and social disruption in refugees. Some chapters are devoted to special groups of refugees, such as experiences in refugee camps in Thailand, the experience of Falasha refugees in Israel, clinic experience with Indochinese refugees, the psychiatric assessment and treatment of child and adolescent refugees, refugee women and their daughters, and emergency mental health care for unaccompanied youths from Cuba in 1980. The book also reviews assessment and intervention techniques, as well as implications for policy decisions.

- ***Replanting Uprooted Youth***
  Lutheran Immigration and Refugee Service
  122 C Street NW, Suite 300
  Washington DC 20001, USA
  1988 76 p. Lang/ ENG

Index: refugee youth/ resettlement/ U.S./ intergenerational issues/ juvenile delinquency/ substance abuse/ sexuality/ education/ 1988 National Conference on Refugee Youth/ recommendations

A report of the proceedings of a 1988 National Conference on Refugee Youth held in San Francisco, California. It was organized by LIRS with support from the Office of Refugee Settlement, Family Services Administration, and the U.S. Department of Health and Human Services. Participants represented seven cities with large refugee populations and a variety of sectors including refugee service organizations, police departments, private businesses, health and educational institutions, and national, state, and local government offices. The Conference focused on four aspects of the issue of refugee youth in the U.S.: intergenerational issues, juvenile delinquency and substance abuse, sexuality, and education. Its recommendations outline a five point national refugee youth strategy directed to both public and private entities with the potential to assist refugee youth in successfully adjusting to life in their new country. The basis of the recommendations is supportive interaction and networks between adults, refugee youth, and all sectors of the community.

- ***Unaccompanied Minors Workshop: Caseworker Manual***
  Lutheran Social Service of Iowa URM Workshop
  Lutheran Social Service of Iowa
  3116 University Ave., Des Moines IA 50311, USA
  1986 22 p. Lang/ ENG

Index: unaccompanied Southeast Asian children/ resettlement in the U.S./ culture/ placement/ adjustment/ physical health/ mental health/ family of origin/ future considerations/ caseworkers

First of a series of three manuals resulting from a workshop designed to assist unaccompanied Southeast Asian minors arriving for resettlement in the U.S. in Iowa. It is designed for caseworkers and presents background information concerning the culture, stages or "passages" minors typically experience, preparation for placement, stages of adjustment, health and mental health, family of origin and considerations for the future.

- ***Unaccompanied Minor's Workshop: Foster Parent Manual***
  Lutheran Social Service of Iowa URM Workshop
  3116 University Ave., Des Moines IA 50311, USA
  1986 22 p. Lang/ ENG

Index: unaccompanied Southeast Asian children/ resettlement in the U.S./ cultural norms/ adjustment/ long-term commitment/ foster parents/ group homes

Second of three short manuals, it is written for foster parents and covers cultural norms, foster parenting myths, stages of adjustment, changes for the family and child, roles and goals, and preparation for the long-term commitment. The purpose of the manual is to assist foster parents with the preparation, training and knowledge needed to have unaccompanied refugee minors in their homes. While not comprehensive, it can be used in group home situations also.

● ***Unaccompanied Minors Workshop: Unaccompanied Minors' Manual***
Lutheran Social Service of Iowa URM Workshop
3116 University Avenue
Des Moines
IA 50311, USA
1986 22 p. Lang/ ENG

Index: unaccompanied Southeast Asian children/ resettlement in the U.S./ acculturation/ practical issues/ psychological issues

Third of a series, this manual is for unaccompanied minors and addresses the child directly. It provides information that will assist in making the transition from refugee camp to resettlement easier. It begins with ideas for recalling the child's earlier life, and then provides explanations for such things as foster care, case workers, guardian, schools, American customs and other practical matters such as food and money. It includes discussions of sad feelings, family, and the future, all from the child's point of need and inquiry.

● ***Vietnamese Amerasians: Practical Implications of Current Research***
Felsman, K., Johnson, M., Leong, L., Felsman, I.
Office of Refugee Resettlement
Family Support Administration Department of Health and Human Services
5600 Fishers Lane
Rockville MD 20857, USA
1989/ 12 74 p. Lang/ ENG Bibl. Stats.

Index: Amerasian refugees/ resettled in the U.S./ obstacles/ interventions/ case workers/ school personnel/ teachers

At the time it was written, this paper was prepared for use by resettlement caseworkers and bilingual paraprofessionals, those providing the majority of direct contact work with resettled Amerasians and their family members in the local community. It was also meant for use by teachers and school personnel. Based on experiences gained by over five years of work with Amerasian youths by the authors, they conclude that the population is quite diverse, with distinct differences and individual experiences, which influences the style of interventions needed. It was also concluded that Amerasians and their families faced major obstacles regarding both short- and long-term adaptions. There is a brief literature review, a profile based on information gathered from 259 participants, and a section on preventions in working with Amerasians.

10

RESEARCH, BIBLIOGRAPHIES AND LITERATURE REVIEWS

While our emphasis here is on practical descriptions of programmes or training information that is readily applicable to use in an emergency setting, this by no means eliminates references to current research, bibliographies focused on children, and literature reviews of topics similar to those affecting refugee children.

It has been pointed out repeatedly that there is a significant shortage of materials, given the magnitude of the refugee problem and the large percentage of children involved. Emergency personnel are notorious for not recording or documenting the programmes they are working to implement. There are a number of factors that contribute to this. There is the fact that much of what we are seeing and implementing at the time is in its initial stages of design and development. There is not an apparent historical precedent of psychosocial programmes for refugee children to look back on for advice and guidance. There were certainly some efforts made in early situations and a handful of documents concerning children date back to WWI. Consequently, it is extremely important that we encourage further efforts in recording, evaluating and improving our efforts on behalf of they psychosocial needs of children in refugee settings.

- *An Annotated Bibliography of Cambodia and Cambodian Refugees*
  Marston, J. (Ed.)
  Southeast Asian Refugee Studies, Occasional Papers, No. 5
  Centre for Urban and Regional Affairs
  330 Hubert H. Humphrey Centre
  301 19th Ave. South
  University of Minnesota
  Minneapolis MN 55455, USA
  (Publ. # CURA 87-2)
  1987 121 p. Lang/ ENG

Index: Cambodia/ Cambodian refugees/ general works/ ethnography/ antiquities/ other arts and culture/ Cambodian literature and literature about Cambodia/ language and dictionaries/ history/ refugees in Thailand/ Cambodians in resettlement countries/ bibliographies.

This bibliography is intended as a reference tool for people who work with Cambodian refugees in the U.S. It lists, with brief annotations, the following: general works on Cambodia, ethnography, antiquities, other arts and culture, Cambodian literature and literature about Cambodia, language and dictionaries, history, refugees in Thailand, Cambodians in resettlement countries, and bibliographies.

- *An Annotated Bibliography On Refugee Mental Health*
  Williams, C.
  Refugee Assistance Program
  Mental Health-Technical Assistance Centre
  University of Minnesota
  Minneapolis MN 55455, USA
  1987 334 p. Lang/ ENG

Index: refugees/ children/ adolescents/ mental health/ multicultural information/ service delivery/ training

This is a massive listing of references on refugee mental health with annotations of varying quality. It represents one of the early attempts to collect and categorize information in one document that is taken from a number of disciplines including anthropology, law, medicine, political science, public health, psychology and sociology, to list a few. The author divides her findings into four extremely broad sections:

1. Understanding Refugees In Context
2. Specific Mental Health Issues and Refugees
3. Concerns of Selected Subgroups of Refugees
4. Other Bibliographies On Refugees or Related Topics.

It primarily contains materials in the published, scientific literature. Of specific interest are the sub-sections on "Cultural and Related Information About Different Refugee or Ethnic Groups" (section one), "Mental Health Service Delivery" and "Training Issues and Professional Development" (section two), and "Children and Adolescents" (section three).

While much more has been written since 1987, this is a useful collection for those looking for earlier references from the late 1970s to mid-1980s.

- ***Bibliography on African Psychiatry***
  Reeler, A.P.
  Department of Psychiatry, School of Medicine,
  University of Zimbabwe .
  c/o School of Social Work
  P/Bag 66022, Kopje
  Harare, Zimbabwe.
  Lang/ ENG 15 pages bibliographic lists, publication unknown

Index: Africa/ mental health

This is a brief listing of articles from the School of Medicine, specific to mental health in Africa. It includes some listings pertaining to children but it is a general listing ranging from WHO publications to journal articles from the late 1960s to 1991.

- ***Bibliography (draft) on Topics Related to the Provision of Services to Children in Situations of Armed Conflict***
  Ressler, E.
  Prepared for UNICEF
  United Nations Children's Fund Programme Publications
  3 UN Plaza
  New York NY 10017, USA
  1991/ 10 71 p. Lang/ ENG extensive unpublished bibl.

Index: children/ armed conflict/ war/ effects/ provision of services

This unpublished draft of journal articles, reports and books was compiled during the preparation of a book for UNICEF entitled Children In War: A Guide to the Provision of Services. Covering a wide range of topics related to children and armed conflict, it is an extremely useful compilation of titles for those concerned with refugee children and the effects of armed conflict and war.

- ***Children, Political Violence and War-Influences on Emotional, Social and Moral Development: A Bibliography***
  Dawes, A.
  Psychology Department
  University of Cape Town
  Private Bag
  Rondebosch 7700, South Africa
  1991 16 p. Lang/ ENG

Index: refugee children/ Africa/ political violence/ war/ psychosocial needs/ therapy

Very little is available on the psychosocial needs of refugee children in Africa and so this bibliography is quite valuable with its focus on the African region. The author presents this listing as an on-going service to those working in the area, requesting that additional references be sent to him and explains that the list will be updated periodically. The bibliography is not annotated but the material is coded in terms of the primary focus under the categories of emotional aspects, therapeutic aspects, socialization/ moral, reports of agencies and background material. Entries are also marked if they originated in South Africa.

- ***Evacuation Of Children In Wartime: A Survey of the Literature With Bibliography***
  Wolf, K.
  The Psychoanalytic Study of the Child
  International Universities Press (1945)
  Currently published by Yale University Press
  c/o Yale Child Study Centre
  P.O. Box 3333
  New Haven CT 06510, USA
  1945 pgs. 389-405 Lang/ ENG Bibl. Vol. 1

Index: children/ England/ World War II/ evacuation/ psychological effect

Listed here for its extensive bibliography of early materials published on the evacuation of 734,883 children in Great Britain, this review is a classic for anyone wishing to understand this early work. It is most interesting to note that many of the problems in methodology she outlines in 1945 are still present in the work regarding refugee children today! Noting a lack of psychological information concerning children in the published works from 1939 to 1945, she conducts a discussion of "The Influence of the Evacuation Situation on the Child's Mental Equilibrium" and cites two "striking" points: there is a relatively low incidence of children requiring assistance given the deep trauma they experienced in the evacuation, and enuresis is the outstanding symptom of what she terms the "syndrome evacuation neurosis." Her extensive bibliography cites 229 references for the years 1939-1945. The focus for the bibliography is the effect of war on children and, more specifically, evacuation.

- ***International Naming and Addressing Directory***
  International Social Service General Secretariat
  32 quai du Seujet
  1201 Geneva, Switzerland
  1983/ 01 164 p. Lang/ ENG
  ISBN/ 0-9592354-O-X

Index: children/ worldwide/ naming procedures/ addressing procedures/ cross-cultural considerations

Developed as a comprehensive directory with 75 national entries, it explains the systems used by each country for naming procedures, calendric systems, postal addresses, methods of stating ages, and children's names and ages. While some of the country entries are dated as to country name, this is very useful information for those working cross-culturally. Intended to assist people needing to read records and addresses received from other locations, it is extremely useful for record-keeping systems. It is particularly useful for recording information concerning children, especially if they have been separated from family or if those recording the information are not of the same ethnic group as the child. It is organized by an alphabetical listing of the countries that appear in the directory.

- ***National Childhood Grief Institute***
  6200 Colonial Way
  Minneapolis MN 55436, USA
  Lang/ ENG

Index: children/ bereavement

This institute produces a brief but useful bibliography of selected references about childhood

bereavement, broken down into those for children from preschool to age 8, age 8 to 11, age 12 and up, and for parents and adults who work with bereaved children.

- ***Refugee Mental Health: A Comprehensive Literature Review and a Case Study***
  Umar, A.
  School of Hygiene and Tropical Medicine,
  London University.
  1986/ 09 84 p. Lang/ ENG Bibl.

Index: refugees/ children/ vulnerable groups/ mental health/ well-being/ interventions/ training

This dissertation outlines the factors contributing to refugee mental health and identifies vulnerable groups within the refugee population, including children. It discusses problems in the reported information on refugee mental health, and goes on to present a list of factors that contributed to the well-being of refugees and a list of factors that were detrimental to maintaining a sense of well-being. Some suggestions for interventions are made along with a case study from Southern Sudan. The paper then attempts to apply the discussion to practical suggestions for training and future actions with respect to policy and programmes. It is appealing in its straightforward and easy to follow presentation of a complicated situation. It is not focused on children but is a good reference for identifying the factors in examining refugee mental health in broad terms.

- ***Review of the Literature on Migrant Mental Health Canadian Talk Force on Mental Health Issues Affecting Immigrants and Refugees***
  Canada Health and Welfare
  Brooke Claxton Building
  Ottawa K1A OK9, Canada
  1988 51 p. Lang/ ENG/FRE Bibl.
  ISBN/ 0-662-16393-1

Index: refugees/ immigrants/ mental health/ health services/ community psychiatric clinics/ preventive medicine/ living conditions/ social conditions/ traditional healers/ research

This report reviews the current knowledge, based on research, regarding the mental health status of immigrants and refugees and the mental health services which are or should be available to them. In the section on mental health status, two major themes are distinguished: the measurement of mental health in populations of diverse backgrounds and the question of cause in terms of variations between native populations and migrants. Within each section there are subsections, such as socio-demographic variables and conditions of exodus, which contain specific paragraphs on narrower topics and the relevant literature. The section on mental health services discusses preventive programmes and services, traditional healing in the immigrant context, utilization of mainstream mental health services, and answers to obstacles. All works referred to in the text are listed at the end in the extensive bibliography.

- ***A Selected and Annotated Bibliography on Refugee Children***
  Thoolen, H. (Ed.)
  Centre for Documentation on Refugees (CDR), Save the Children Alliance
  P. Boks 505 Sentrum
  0105 Oslo 1, Norway
  1988/ 01 138 p. Lang/ ENG/ FRE/ SPA/ GER

Index: child refugees/ worldwide/ camps/ resettlement/ legal protection/ education/ physical health/ psychological health/ psychosocial problems/ training/ bibliographies

This useful bibliography on refugee children includes sections on: protection and assistance, national policies, refugee camps, placement and fostering, integration, education, health, psychological and psychosocial problems, and instruction materials and bibliographies. Each entry is briefly annotated, and there is a list of publishers' addresses.

● *A Selected Bibliography On Refugee Health*
Thoolen, H., Forbes Martin, S. (Eds.)
UNHCR (CDR), Refugee Policy Group
RPG (Pub.)
Refugee Policy Group (Dis.)
1424 16th Street, NW
Washington DC 20036, USA
1991/ 07 196 p. Lang/ ENG/ FRE/ SPA Bibl.

Index: refugees/ children/ women/ the elderly/ developing countries/ resettlement countries/ mental health/ psychiatric treatment/ physical health/ health care/ ethnomedicine/ nutrition/ feeding programmes/ psychosocial problems/ multicultural considerations/ guidelines

This bibliography was a joint effort by UNHCR and the Refugee Policy Group. Focused on health issues related to refugees, it includes ten categories. The scope of the document is clearly explained in the introduction and categories relevant to refugee children include: vulnerable groups: women, children and elderly refugees; mental health and psychiatric treatment; psychosocial problems; feeding programmes and nutrition. A number of the entries in the categories not specific to children would be of interest for information on refugee settings. While there are not annotations, the indexing is quite precise and presents a view at a glance of what to expect of the document listed.

● *The Social and Emotional Adjustment of Immigrant Children: A Review of the Literature*
Aronowitz, M.
International Migration Review
Centre for Migration Studies of New York, Inc.
209 Flagg Place
Staten Island
New York NY 10304, USA
1984/ Summer Vol. XVIII No. 2 pgs. 237-257 Lang/ ENG Bibl.

Index: immigrant children/ psychosocial problems/ intervention programmes

This review of the situation of immigrant children is included here for its relevance to the field of refugee and displaced children. The article reviews the existing research (as of 1984) on the prevalence of social and emotional adjustment problems among immigrant children, examines the findings on the kinds of adjustment problems particular to migration and more specifically, immigrant school children. It also reviews and assesses the effectiveness of intervention programmes developed to assist such children. It goes on to conceptualize the process of immigration among children, identifies their needs and suggests how these could be met in primary and secondary preventive mental health interventions.

- ***Southeast Asian Mental Health: Treatment, Prevention, Services, Training and Research***
  Owan, T.C. (Ed.)
  USA Department of Health and Human Services,
  Public Health Service,
  National Institute of Mental Health
  DHHS Publication No. (ADM) 85-1399
  5600 Fishers Lane
  Rockville MD 20857, USA
  1985 559 p. Lang/ ENG Stats. Bibl.

Index: refugees/ Indochinese/ mental health/ psychological problems/ mental disorders/ psychosocial problems/ medical treatment/ preventive medicine/ self-help organizations/ community development/ research

The authors attempted to build what at that time was a new direction in mental health care by describing how to:

modify health services by providing eclectic treatment approaches to fit the needs of groups whose beliefs are deeply rooted in their ethnicity;
develop primary prevention efforts to forestall psychological problems;
conduct preventive intervention research.

- ***Southeast Asian Refugee Youth: An Annotated Bibliography***
  Hammond, R., Hendricks, G. (Eds.)
  Southeast Asian Refugee Studies, Occasional Papers, No. 6
  Centre for Urban and Regional Affairs
  330 Hubert H. Humphrey Centre
  301 19th Avenue, South
  University of Minnesota,
  Minneapolis MN 55455, USA
  (Publ. # CURA 88-2)
  1988 143 p. Lang/ ENG

Index: refugee youth/ Southeast Asian/ resettled/ U.S./ adaptation and acculturation/ education/ physical and mental health/ unaccompanied minors and Amerasian youth/ courtship and marriage/ general topics/ journalism/ bibliographies

This bibliography on Southeast Asian refugee youth resettled in the U.S. is divided into eight sections. The authors' index helps to make the book easy to use.

11

PERIODICALS

- ***The Coordinators' Notebook: An International Resource For Early Childhood Development***
  The Consultative Group on Early Childhood Care and Development
  UNICEF House-H2F
  3 United Nations Plaza
  New York NY 10017, USA
  Lang/ ENG

A monthly publication for those concerned with early childhood issues. The purpose is to strengthen and extend existing care and networks that are used by practitioners, planners, policy makers and researchers in the Third World. The editor points out that the the use of a plural for the word Coordinators in the title is intentional to emphasize their belief that each child care worker in the field is sitting in the centre of a personal knowledge network and, to differing degrees, we are all authors and readers of this network. The October, 1991 issue (Number 10) was devoted to "Children in Armed Conflict". Issues include brief informative articles, descriptions of programmes, book and article reviews as well as further resources and relevant announcements. It is prepared by the Consultative Group on Early Childhood Care and Development in collaboration with UNESCO, UNICEF, USAID, The Ford Foundation, Bernard van Leer Foundation, Aga Khan Foundation and Christian Children's Fund.

- ***Journal of Refugee Studies***
  Roger Zetter (Ed.)
  JRS Editorial Office
  Queen Elizabeth House
  21 St. Giles
  Oxford 0X1 3LA, England
  For subscriptions and samples of the Journal:
  Journal Subscription Department
  Oxford University Press
  Pinkhill House
  Southfield Road
  Eynsham, OX8 1JJ, England
  Lang/ ENG

This journal is oriented towards the academic exploration of, and national and international responses to the problems of forced migration. Published quarterly, the articles in the journal are multi-disciplinary and cover a range of locations and topics ranging from asylum policies, accessing war trauma in children, sustaining human dignity in refugee work, and refuge or asylum: a philosophical perspective. Articles relating to refugee children are infrequent but it is one of the few journals dedicated to refugee research

and studies. Along with the publication of articles, there are book reviews, profiles, reviews of articles and trends and timely announcements.

- *Journal Of Social Development In Africa*
  Nigel Hall (Ed.)
  School of Social Work, Zimbabwe
  P/ Bag 66022
  Kopje
  Harare, Zimbabwe
  Lang/ ENG

This journal is produced twice a year, and is one of the few to address social welfare issues in Africa, with a focus primarily on social development issues that impact the poor and (in their words) marginalized in society concerning South Africa. The stated goal of the publication is to discover how to better target relevant and effective programmes to those most in need. It also works to maximize participation and create egalitarian and productive communities. A recent issue of the Journal (Vol. 8, No. 2, 1993) was devoted to social work with refugee children, including unaccompanied Mozambican children, refugee and displaced children within Southern Africa and the effects of working with trauma survivors. The format typically consists of selected articles, review of articles and book reviews.

The School of Social Work occasionally produces special reports or manuals related to some aspect of social work in Africa. Previous publications of the Journal include: Social Development and Rural Fieldwork (1986), Social Work Training in Africa: A Fieldwork Manual (1990), and Care of the Elderly in Zimbabwe (1992).

- *Journal of Traumatic Stress*
  Bonnie L. Green (Ed.)
  International Society for Traumatic Stress Studies
  Subscription Department
  Plenum Publishing Corporation
  233 Spring Street
  New York NY 10013, USA
  Lang/ ENG

This journal focuses on the psychosocial aspects of trauma and is meant for those who work with people experiencing highly stressful and traumatic events. This includes such events as war, disaster, accidents, violence or abuse, hostage-taking or life threatening illness. The papers selected include theoretical formulation, research, treatment, prevention, education/ training as well as legal and policy issues. Published quarterly, there is an occasional special issue. The journal typically has articles and book reviews.

Examples of topics found in the journal include:

Effect of Family Role on Response to Disaster
Depersonalization as a Defence Mechanism in Survivors of Trauma
Post-Traumatic Stress Disorder in Child Sexual Abuse Survivors
The Evolution of Mental Health Responses and Research in Australian Disasters.

- ***Migration News***
  International Catholic Migration Commission
  General Secretariat
  37-39 rue de Vermont
  CH-1202 Geneva, Switzerland
  Lang/ ENG

Migration News is a quarterly publication of ICMC devoted to migration, population, land settlement, and refugees.

- ***Refugee Abstracts***
  Centre for Documentation on Refugees
  UNHCR
  P. O. Box 2500
  CH-1211 Geneva 2, Switzerland
  Lang/ ENG/

One of the most important resources currently available concerning refugees, Refugee Abstracts is the quarterly publication of the Centre for Documentation on Refugees. Part of UNHCR, the CDR provides documentation services to UNHCR, intergovernmental, governmental and non-governmental organizations, universities, research institutions and individuals on all aspects of refugees. It stores information within the HURIDOC data base, created for Human Rights Documents.

The staff is receptive to inquiries and has collaborated on special issues over the years such as Refugee Women, Refugee Children and Refugee Health. The staff was instrumental in the preparation and publication of The International Thesaurus of Refugee Terminology in use today. Refugee Abstracts includes abstracts (not articles) in the categories of: background, flight, reception, and durable solutions. It also includes information on upcoming conferences, new publications, resource materials, and other timely information. While a limited amount of literature is kept on site, the CDR does not provide or make available copies of the documents found in the Abstracts. It does include a list of publishers and information for obtaining the documents directly.

- ***Refugee Participation Network***
  Refugee Studies Programme
  Queen Elizabeth House
  21 St. Giles
  Oxford OX1 3LA, England
  Lang/ ENG

Published quarterly, this magazine-style format provides a needed forum for the exchange of practical experience, information and ideas between refugees and those who work with refugees and researchers.

This publication has an informal, informative approach. Articles are short and range over a wide variety of topics. It also includes reviews and announcements as well as poetry and personal letters, and it closes with current information about the Refugee Studies Programme where it originates. The Refugee Studies Programme does a listing of their holdings every few months.

- ***Refugees***
  UNHCR
  P.O. Box 2500
  CH-1211 Geneva 2, Switzerland
  Lang/ ENG/ FRE/ other languages

This monthly magazine presents articles on issues relating to refugees worldwide and UNHCR.

- ***The World Refugee Survey***
  Hamilton, V. (Ed.)
  US Committee for Refugees
  815 15th Street, NW, Suite 510
  Washington DC 20005, USA
  Lang/ ENG

This is an annual publication providing a thorough review of the situation of refugees for the preceding year. Year after year this document is an articulate, well researched and comprehensive report of refugees worldwide. It typically includes a collection of articles and reports on various locations, statistics and country reports as well as the year in review. It is a valuable and consistently good source for those working with refugees.